

Dear Pharmacist

Chronic Disease List formulary update 2021

We are committed to keeping doctors and their patients informed on the changes to our medicine list (formulary) and Chronic Drug Amounts for 2021.

We have made enhancements to the formulary by adding 49 new products to the chronic disease medicine list.

Substitutions for products that were replaced by preferentially priced generic or therapeutic equivalents are listed below.

Significant additions to the formulary categories are cardiovascular, diabetes, epilepsy and Parkinson's disease:

- Cardiovascular**
 A new ARB and calcium channel blocker combination, Copalia® has been added for Comprehensive and Executive plans.
- Diabetes**
 A new biosimilar for insulin glargine, Endulin® will be added for all plans.
- Epilepsy**
 Two new generics for levetiracetam will be added to the formulary for all plans.
- Parkinson's disease**
 Azilect® will be added to the formulary for all plans.
- Rheumatoid arthritis**
 Generics for celecoxib will be added to all non-KeyCare plans.

Additions to the formulary for 2020 and 2021

Condition	Active ingredient	Product name	Plan types
Respiratory conditions	Beclometasone	Beceze 50mcg 200 dose, Beclate 50mcg 200 dose	All plans
	Budesonide	Budeflam hfa 200mcg 300 dose	
Cardiovascular conditions	Atenolol	B-block 50mg	All plans
	Carvedilol	Carloc 6.25mg, 12.5mg, 25mg	

Condition	Active ingredient	Product name	Plan types
	Amlodipine	Ciplavasc 5mg, 10mg	
	Perindopril	Ciplasyl 4mg	All plans, except KeyCare
		Pearinda 4mg	Comprehensive and Executive only
	Perindopril and diuretics	Spec-perindopril plus 4mg/1.25mg	All plans
	Losartan	Ciplazaar 50mg	Comprehensive and Executive only
	Losartan and diuretics	Losartan comp biotech 50mg/12.5mg, 100mg/25mg	All plans
	Valsartan and amlodipine	Copalia 10mg/160mg, 5mg/160mg	Comprehensive and Executive only
Rheumatoid arthritis	Meloxicam	Coxflam 7.5mg	All plans
Diabetes mellitus	Metformin	Metformin xr accord 500mg, Mylan metformin 500mg, 850mg	All plans
	Pioglitazone	Cipla-pioglitazone 15mg, 30mg	
	Glargine (Long-acting insulin)	Edulin select pens	
Haemophilia	Tranexamic acid	Tranic 500mg	All plans
Hyperlipidemia	Simvastatin	Cipla simvastatin 10mg, 20mg; Simvacor 40mg	All plans
		Simvacor 10mg, 20mg	Comprehensive and Executive only
	Atorvastatin	Dezzolip 10mg, 20mg, 40mg, 80mg	All plans
Parkinson's disease	Rasagiline	Azilect	All plans
Epilepsy	Levetiracetam	Dyna levetiracetam 250mg, 500mg, 750mg; Epikepp 250mg, 500mg, 750mg	All plans
Psychiatric conditions	Aripiprazole	Abipip 5mg, 10mg, 15mg	All plans
	Olanzapine	Olexar 5mg, 10mg	
	Quetiapine	Truvalin 25mg, 100mg, 200mg, 300mg	
	Citalopram	Depramil 20mg, Citalopram 20 oethmaan 20mg	
	Fluoxetine	Fluoxetine 20 oethmaan 20mg	

Condition	Active ingredient	Product name	Plan types
	Risperidone	Risnia 3mg	
The following products will be added in 2021			
Cardiovascular conditions	Valsartan	Adco-valsartan 80mg, 160mg	Comprehensive and Executive only
Psychiatric conditions	Risperidone	Zoxadton ODT 0.5mg, 1mg, 2mg	All plans, except KeyCare
Hyperlipidemia	Simvastatin	Choleste 40mg	All plans
		Choleste 10mg, 20mg	Comprehensive and Executive only

The following products will be removed from the formulary in 2021

Formulary alternatives are provided for all the items that have been removed from the formulary.

Condition	Active ingredient	Deleted product	Formulary alternatives	Plan types applicable to alternatives
Generic changes				
Diabetes mellitus	Metformin	Metored 1000mg	Bigsens 1000mg; Romidab 1000mg; Diaphage 1000mg; Mylan metformin 1000mg	All plans
	Gliclazide	Diaran mr 30mg	Gliclazide unicorn mr 30mg; Glytab mr 30mg; Dyna gliclazide sr 30mg	
	Insulin (glargine)	Basaglar pen; Optisulin pen	Edulin select pens Basaglar cartridges; Optisulin cartridges	All plans, except KeyCare
Cardiovascular conditions	Spirolactone	Sandoz spironolactone 25mg	Spiractin 25mg, Aldactone 25mg	All plans
	Bisoprolol	Bisoprolol unichem 10mg	Bisbeta 10mg, Bisoprolol unicorn 10mg, Adco-bisacor 10mg, Betacor 10mg, Bilacor 10mg, Bislo 10mg, Bisozyd 10mg	
	Carvedilol	Vediblok 6,25mg, 12.5mg, 25mg	Carloc 6,25mg, 12.5mg, 25mg; Carvetrend 6,25mg, 12.5mg, 25mg; Carvedilol unicorn 6,25mg, 12.5mg, 25mg	

Condition	Active ingredient	Deleted product	Formulary alternatives	Plan types applicable to alternatives
	Amlodipine	Amtas 5mg, 10mg; Austell-amlodipine 5mg, 10mg; Pendine 5mg, 10mg	Aprate 5mg, 10mg; Amlodipine unicorn 5mg, 10mg; Ciplavasc 5mg, 10mg; Gulf amlodipine 5mg, 10mg; Lomanor 5mg, 10mg; Pharma dynamics amlodipine 5mg, 10mg	
	Perindopril	Spec-perindopril 8mg	Reprex 8mg	All plans
			Circator 8mg, Perindopril unicorn 8mg, Vectoryl 8mg, Pearinda 8mg	Comprehensive and Executive only
	Lisinopril and diuretics	Zestoretic 10mg/12.5mg, Zestoretic 20mg/12.5mg	Adco-zetomax co 10/12.5mg, 20/12.5mg; Lisoretic 10/12.5, 20/12.5mg; Lisozide 10mg/12.5mg, 20/12.5mg; Lisinopril co unicorn 10mg/12.5mg, 20/12.5mg	All plans
	Perindopril and amlodipine	Coveram 10/10, Coveram 10/5, Coveram 5/10, Coveram 5/5	Reaptan 10mg/10 mg, Reaptan 10mg/5 mg, Reaptan 5mg/10mg, Reaptan 5mg/5mg	All plans, except KeyCare
	Losartan	Normoten 100mg	Annin 100mg	All plans
			Ciplazar 100mg, Zaario 100mg, Zartan 100mg	Comprehensive and Executive only
	Losartan and diuretics	Co-normoten 50mg/12.5mg;	Losartan comp biotech 50mg/12.5mg, Losaar plus 50mg/12.5mg	All plans
		Netrasol co 100/25mg	Losartan comp biotech 100mg/25mg, Co-normoten 100mg/25mg, Losaar plus 100mg/25mg, Zartan co 100mg/25mg	
	Valsartan and diuretics	Co-zomevek 160mg/12.5mg, Co-zomevek 80mg/12.5mg, Co-zomevek 160mg/25mg	Co-migroben 160mg/12.5mg, Co-migroben 80mg/12.5mg, Co-migroben 160mg/25mg	Comprehensive and Executive only
	Clopidogrel	Clopidogrel 75 biotech 75mg	Plagrol 75mg	All plans
Hyperlipidaemia	Simvastatin	Zysim 10mg	Adco-simvastatin 10mg; Austell-simvastatin 10mg; Cipla-simvastatin 10mg	All plans

Condition	Active ingredient	Deleted product	Formulary alternatives	Plan types applicable to alternatives
			Simvacor 10mg	Comprehensive and Executive only
	Atorvastatin	Atolip 10mg, 20mg, 40mg; Atorvastatin winthrop 10mg, 20mg, 40mg; Dynator 10mg, 20mg, 40mg, 80mg; Lestavor 10mg, 20mg, 40mg, 80mg; Lipogen 10mg, 20mg, 40mg, 80mg; Aspavor 80mg;	Adco atorvastatin 10mg, 20mg, 40mg; Aspavor 10mg, 20mg, 40mg; Astor 10mg, 20mg, 40mg, 80mg; Dezzolip 10mg, 20mg, 40mg, 80mg;	All plans
Chronic renal disease	Iron, parenteral preparations	Equifer ampoule 5ml 100mg/5mL	Rautevene, Zypiron (100mg/5ml)	All plans
Multiple Sclerosis	Baclofen	Bio-baclofen (was Norton-baclofen) 10mg	Teva baclofen 10mg	
Parkinson's disease	Levodopa and decarboxylase inhibitor	Carbilev 25/100; Carbilev 25/250	Lecardop 25/100, 25/250; Teva carbi-levo 25/100, 25/250	All plans
	Pramipexole	Oxpola 1mg	Pexasp 1mg	
Psychiatric conditions	Olanzapine	Zylena 5mg, 10mg; Prexolan 5mg, 10mg; Redilanz 5mg, 10mg	Olexar 5mg, 10mg; Zolanz 5mg, 10mg	All plans
	Quetiapine	Spec quetiapine 25mg, 100mg, 200mg, 300mg	Dopaquel 25mg, 100mg, 200mg, 300mg; Mylan quetiapine 25mg, 100mg, 200mg, 300mg; Psyquet 25mg, 100mg, 200mg, 300mg; Truvalin 25mg, 100mg, 200mg, 300mg; Zimbiquet 25mg, 100mg, 200mg, 300mg	
	Risperidone	Rispacor 0,5mg; Rispavon 1mg, 2mg, 3mg, 4mg	Risnia 0.5mg, 1mg, 2mg, 3mg; Rispacor 1mg, 2mg, 3mg; Rispide 0.5mg, 1mg, 2mg; Zoxadon 1mg, 2mg, 3mg, 4mg	
	Fluoxetine	Fluoxetine actor 20mg; Ranflocs 20mg	Deprozan 20mg; Fluoxetine 20 oethmaan 20mg; Prolax 20mg; Zydus fluoxetine 20mg	

Condition	Active ingredient	Deleted product	Formulary alternatives	Plan types applicable to alternatives
	Citalopram	Citalopram-winthrop 20mg; Cilate 20mg; Arrow citalopram 40mg	Adco-talomil 20mg; Citalopram 20 oethmaan 20mg; Depramil 20mg; Recita 20mg	
	Valproic acid	Epilazine cr 200mg, 300mg, 500mg	Eprolep cr 200mg, 300mg, 500mg; Navalpro cr 200mg, 300mg, 500mg; Valeptic cr 300mg, 500mg	
	Lamotrigine	Lamitor 25mg, 50mg, 100mg, 200mg	Dyna-lamotrigine 25mg, 50mg, 100mg, 200mg; Epitec 25mg, 50mg, 100mg, 200mg; Girotec 50mg, 100mg, 200mg; Serinem 25mg, 50mg, 100mg, 200mg	
	Topiramate	Epitoz 25mg, 50mg, 100mg; Toplep 25mg, 50mg, 100mg, 200mg	Epimate 25mg, 50mg, 100mg, 200mg	
Respiratory conditions	Beclometasone	Clenil aqueous 200dose 50mcg	Beclate aquanase 150dose 50mcg	All plans
	Fluticasone	Flonase 120 dose 50mcg	Flomist 120dose 50mcg	All plans, except KeyCare
	Salbutamol	Venteze cfc free 200 dose 100mcg	Ventimax cfc free 200 dose 100mcg, Asthavent ecohaler 200dose 100mcg	All plans
	Beclometasone	Beceze 100 cfc free 200dose 100mcg	Beclate 100mcg 200 dose	All plans
	Montelukast	Kulair 4mg, 5mg, 10mg; Monteflo 4mg, 5mg, 10mg; Sintair 4mg, 5mg, 10mg	Sintrine 4mg, 5mg, 10mg	All plans, except KeyCare
Lumont 4mg, 5mg, 10mg; Topraz 4mg, 5mg, 10mg			Comprehensive and Executive only	
Other	Methotrexate	Methotrexate 2.5mg	Abitrexate 2.5mg	All plans
	Meloxicam	Apex-meloxicam 7.5mg; Melzy 7.5mg	Coxflam 7.5mg; Flexocam 7.5mg; Medoxicam 7.5mg	All plans
Therapeutic changes				
Diabetes mellitus	Saxagliptin	Onglyza 2.5mg, 5mg	Jalra 50mg	All plans, except KeyCare
	Insulin		Edulin select pens	All plans

Condition	Active ingredient	Deleted product	Formulary alternatives	Plan types applicable to alternatives
		Humulin n cartridge & kwikpen; Levemir cartridge; Toujeo pen	Basaglar cartridges; Optisulin cartridges	All plans, except KeyCare
	Insulin (mixed)	Novomix 30 flexpen	Humulin 30/70 cartridge; Humalog mix 25 cartridge	All plans
Humalog mix 25 kwikpen			Comprehensive and Executive only	
Psychiatric conditions	Olanzapine	Prexolan ODT 5mg, 10mg	Olexar 5mg, 10mg; Zolanz 5mg, 10mg	All plans
Respiratory conditions	Salmeterol	Serevent cfc-free 120 dose 25mcg; Serevent accuhaler 60 dose 50mcg	Foratec hfa 120dose 12mcg/1dose	All plans
	Fluticasone	Flixotide cfc free 120 dose 50mcg, 125mcg, 250mcg	Beceze 50mcg; Beclate 50mcg, 100mcg, 200mcg; Budeflam 100mcg, 200mcg; Pulmicort 100mcg, 200mcg	All plans

We encourage you to review the 2021 formulary on HealthID or more detailed information on the [Healthcare Professional Zone](#).

Regards



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