

Dear Pharmacist

Chronic Illness Benefit Formulary update for 2020

Discovery Health is committed to keeping healthcare professionals and their patients informed on the changes we make to our Chronic Illness Benefit formulary (medicine list) and Chronic Drug Amounts for 2020.

We have enhanced the formulary by adding 63 new products. Substitutions for products that were replaced by preferentially priced generic or therapeutic equivalents are listed below.

Key additions to the cardiovascular, glaucoma and diabetes categories

Cardiovascular

- New angiotensin receptor blocker (ARB) combination, Telpres®, (telmisartan and diuretic) has been added for Comprehensive and Executive Plans.
- 50 mg losartan will be added to ALL plans at the request of nephrologists for patients with compromised renal function.

Glaucoma

- A new formulation, Saflutan®, has been added to Comprehensive and Executive Plans.

Diabetes:

- Jalra-Met®, a clone of Galvus Met, will be added to the formulary for 2020.

Additions to the formulary for 2019 and 2020

Condition	Active ingredient	Product name	Plan types
Respiratory	Salbutamol	Ventimax CFC Free 200 dose 100 mcg	All plan types
	Formoterol and mometasone furoate	Dulera 100/5 ug, 200/5 ug inhaler	
Cardiovascular	Doxazosin	Urodoxa 4 mg	All plan types
	Indapamide	Adco-dapamax 2.5 mg, Catexan 2.5 mg	
	Atenolol	Adco-atenolol 50 mg, 100 mg	
	Lisinopril	Adco-zetomax 5 mg, 10 mg, 20 mg	All plan types
	Perindopril	Zyace 4 mg	All plan types

		Vectoryl 4 mg	Comprehensive and Executive only
	Quinapril	Accumax 10 mg, 20 mg	Smart, Core, Saver, Priority, Comprehensive, Executive
	Losartan	Annin 50 mg	All plans (only available from 2020)
		Normoten 100 mg	Comprehensive and Executive only
	Perindopril and diuretics	Ciplasyl Plus 4 mg/1.25 mg Circator Plus 4 mg/1.25 mg Pearinda Plus 4 mg/1.25 mg Perindopril Co Unicorn 4 mg/1.25 mg Prexum Plus 5 mg/1.25 mg Vectoryl Plus 4 mg/1.25 mg	All plan types
	Enalapril and diuretics	Enap-Co 20 mg/12.5 mg	
	Losartan and diuretics	Co-Normoten 100 mg/25 mg, 50 mg/12.5 mg	
	Telmisartan and diuretics	Telpres Plus 40 mg/12.5 mg, 80 mg/12.5 mg	
Chronic renal disease	Iron, parenteral preparations	Zypiron 20 mg/1 ml 5 ml vial	All plan types
	Darbepoetin alfa	Aranesp prefilled syringe 80 mcg/0.4 ml, 100 mcg/0.5 ml	
Diabetes mellitus	Glucose test strips	Gluco-Check KEY Glucose test strips Test strip glucose contour plus Test strip glucose contour TS	All plan types
	Metformin	Metored 1 000 mg	
	Gliclazide	Diaran MR 30 mg Glytab MR 30 mg	
	Pioglitazone hydrochloride	Pioglitazone (Macleods) 15 mg, 30 mg	
Epilepsy	Valproic acid	Convulex 300 mg	All plan types
	Lamotrigine	Serinem 25 mg, 50 mg, 100 mg, 200 mg	
	Topiramate	Epimate 25 mg, 50 mg, 100 mg, 200 mg	
Glaucoma	Timolol, combinations	Ocudor Co 5 ml	Comprehensive and Executive only
	Tafluprost	Saflutan (single dose container) 0.3 ml 15 mcg/1 ml	

Hyperlipidemia	Atorvastatin	Atorvastatin Winthrop 10 mg, 20 mg, 40 mg	All plan types
Parkinson's disease	Levodopa and decarboxylase inhibitor	Lecardop 25/100, 25/250	
	Pramipexole	Oxpola 0.125 mg, 0.25 mg, 1 mg	
Psychiatric conditions	Valproic acid	Convulex 300 mg	
	Lamotrigine	Serinem 25 mg, 50 mg, 100 mg, 200 mg	
	Chlorpromazine	Largactil 50 mg	
	Clozapine	Aspen Clozapine 25 mg, 100 mg	
	Olanzapine	Zolanz 5 mg, 10 mg	
	Quetiapine	Spec quetiapine 200 mg Zimbiquet 25 mg, 100 mg, 200 mg, 300 mg	
	Citalopram	Citalopram Winthrop 20 mg	
Escitalopram	Accord Escitalopram 10 mg, 20 mg		
The following products will only be added in 2020			
Multiple sclerosis	Interferons	Avonex prefilled syringe 0.5 ml Betaferon prefilled syringe 1 ml Plegridy prefilled pen 0.5 ml	All plan types

The following products were replaced with preferentially priced, generic and therapeutic equivalents for 2020

Condition	Deleted product	Formulary alternatives	Plan types
Cardiovascular	Ciplavasc 5 mg, 10 mg	Amtas Aprate Amlodipine (Austell) Amlodipine (Gulf) Lomanor Pendine Pharma dynamics amlodipine besylate Amlodipine (Unicorn)	
	Zetenol 50 mg	Tenopress 50 mg Adco-Atenolol 50 mg	
	Zetenol 100 mg	B-Block 100 mg Tenopress 100 mg Adco-Atenolol 100 mg	
	Bisoprolol Mylan 5mg	Adco-Bisocor 5 mg Betacor 5 mg	

	Bisoprolol Unichem 5 mg	Bilocor 5 mg Bisbeta 5 mg Bislo 5 mg Bisoprolol Unicorn 5 mg Bisozyd 5 mg	All plan types
	Bisoprolol Mylan 10 mg	Adco-Bisocor 10 mg Betacor 10 mg Bilocor 10 mg Bisbeta 10 mg Bislo 10 mg Bisoprolol Unichem 10 mg Bisoprolol Unicorn 10 mg Bisozyd 10 mg	
	Carloc 6.25 mg, 12.25 mg, 25 mg	Carvedilol Unicorn Carvetrend Vediblok	
	Enalapril Biotech 5 mg	Alapren 5 mg Hypace 5 mg	
	Enalapril Biotech 10 mg	Alapren 10 mg Enalapril Unicorn 10 mg	
	Enalapril Biotech 20 mg	Alapren 20 mg Enalapril Unicorn 20 mg	
	Pharmapress Co 20 mg/12.5 mg	Enap Co 20 mg/12.5 mg	
	Netrasol Co 50/12.5 mg	Losaar Plus 50 mg/12.5 mg Co-Normoten 50 mg/12.5 mg	
	Ciplasyl 4 mg	Ran-Perindopril 4 mg Reprex 4 mg Circator 4 mg Perindopril Unicorn 4 mg Zyace 4 mg Vectoryl 4 mg Prexum 5 mg	
	Pearinda 4 mg	Circator 4 mg Perindopril Unicorn 4 mg	
	Spec-Perindopril 4 mg	Vectoryl 4 mg Prexum 5 mg	
	Inderal 10 mg	Indoblock 40 mg	
	Indoblok 10 mg	Purbloka 40 mg	
Hyperlipidemia	Atolip 80 mg	Aspavor 80 mg Astor 80 mg	
	Vastor 80 mg	Lestavor 80 mg Lipogen 80 mg	
	Dyna Bezafibrate 400 SR	Bezalip Retard 400 mg Sandoz Bezafibrate 400 mg	
	Cipla-Simvastatin 10 mg, 20 mg	Adco-Simvastatin Aspen Simvastatin Austell Simvastatin Zysim	

	Choleste 20 mg	Adco-Simvastatin 20 mg Aspen Simvastatin 20 mg Austell Simvastatin 20 mg Zysim 20 mg	All plan types
	Choleste 40 mg	Adco-Simvastatin 40 mg Aspen Simvastatin 40 mg Austell Simvastatin 40 mg Cipla-Simvastatin 40 mg	
Respiratory	Budeflam HFA 300 dose 200 mcg	Pulmicort Turbohaler 200 dose 200 mcg	
Diabetes mellitus	Adco-Glucomed 80 mg	Modified Release Gliclazide – Gliclazide will be removed and replaced by Gliclazide MR	
	Austell Gliclazide 80 mg		
	Diagluclide 80 mg		
	Diaglumed 80 mg		
	Glygard 80 mg		
	Mylan-Gliclazide 80 mg		
	Sandoz Gliclazide 80 mg		
	Metchek 500mg	Accord Metformin 500 mg Apex-Metformin 500 mg Austell Metformin 500 mg Bigsens 500 mg Diamin 500 mg Diaphage 500 mg Gluconorm 500 mg Romidab 500 mg Sandoz Metformin 500 mg	
	Metformin Alkem 500 mg		
	Mylan Metformin 500 mg		
Metchek 850 mg	Accord Metformin 850 mg Austell Metformin 850 mg Bigsens 850 mg Diamin 850 mg Diaphage 850 mg Gluconorm 850 mg Romidab 850 mg		
Mylan Metformin 850 mg			
Cipla-Pioglitazone 15 mg, 30 mg	Accord pPioglitazone Pioglitazone Macleods		
Psychiatric conditions	Olexar 5 mg, 10 mg	Olawin Zolanz	Core, Smart, Priority, Saver, Comp, Exec
		Prexolan Redilanz Zylena	
	Quetiapine Biotech 300 mg	Dopaquel 300 mg Mylan Quetiapine 300 mg Psyquet 300 mg Serez 300 mg	

		Spec Quetiapine 300 mg Zimbiquet 300 mg	All plan types
	Risnia 3 mg	Rispacor 3 mg Rispevon 3 mg Zoxadon 3 mg	
Parkinson's disease	Pramex 0.25 mg, 1 mg	Mylan Pramipexole Pexasp Oxpola	
Therapeutic changes			
Chronic renal disease	Recormon prefilled syringe 0.3 ml 500 iu, 2 000 iu, 4000 iu	Aranesp prefilled syringe 10 mcg, 20 mcg, 30 mcg, 40 mcg, 50 mcg, 60 mcg, 80 mcg, 100 mcg	All plan types
		Eporex prefill 2 000 iu, 4 000 iu	
		Repotin 1ml ampoule 2 000 iu, 4 000 iu	
Respiratory	Relvar elliпта 184/22 ug 30 dose	Mircera prefilled syringe 0.3 ml 30 mcg, 50 mcg, 75 mcg, 100 mcg, 120 mcg, 150 mcg, 200 mcg, 250 mcg	Core, Smart, Priority, Saver, Comprehensive, Executive
		Symbicord 160 mcg/4.5 mcg 120 dose, 320/9 mcg 60 dose	
		Sereflo 25/250 hfa 120 dose and 25/250 Synchrobreathe 120 dose	
		Dulera 200/5 ug 120 dose	All plan types
		Foxair Accuhaler 60 dose 50/500	Comprehensive and Executive only

KeyCare changes:

Condition	Deleted product	Formulary alternatives	Active ingredients of alternatives
Generic alternatives for KeyCare and all plans			
Respiratory	Beceze 100 CFC Free 200 dose 100mcg	Pulmicort Turbohaler 200 dose 100 mcg	Budesonide
Psychiatric conditions	Epilizine CR 200 mg, CR 300 mg, CR 500 mg	Eprolep CR 200 mg, 300 mg, 500 mg Navalpro CR 200 mg, 300 mg, 500 mg Valeptic CR 300 mg, 500 mg	Valproic acid
	Prexolan ODT 5 mg, 10 mg, Prexolan 5 mg, 10 mg, Redilanz 5 mg, 10 mg and	Olawin 5 mg, 10 mg Olawin Oradispersible 5 mg, 10 mg Zolanz 5 mg, 10 mg	Olanzapine

	Zylena 5 mg, 10 mg		
Therapeutic alternatives for KeyCare and all plans			
Respiratory	Sereflo 25/125, Sereflo 25/250 HFA inhalers	Dulera 100/5 ug Dulera 200/5 ug	Formoterol and mometasone
		Symbicord Turbohaler 160 mcg/4.5 mcg 60, 120 dose	Formoterol and budesonide
Chronic renal disease	Mircera prefilled syringe 0.3 ml, 30 mcg, 50 mcg, 75 mcg, 100 mcg, 120 mcg, 150 mcg, 200 mcg, 250 mcg	Aranesp prefilled syringe 10 mcg, 20 mcg, 30 mcg, 40 mcg, 50 mcg, 60 mcg, 80 mcg, 100 mcg	Darbepoetin alfa
		Eporex prefill 2 000 iu, 4 000 iu	Erythropoietin
		Repotin 1 ml ampoule 2 000 iu, 4 000 iu	

Products only available to Comprehensive and Executive plans for 2020

Condition	Product Name	Formulary alternatives	Active ingredients of alternatives
Generic alternatives for other plans			
Respiratory	Venteze CFC Free 200 dose 100mcg	Asthavent EcoHaler 200 dose Ventimax CFC Free 200 dose	Salbutamol
Glaucoma	Trusopt 5ml owi 2%	Glaucompress 5ml 2%	Dorzolamide
	Cosopt 5ml 0.5%,	Glaumide-Co 5 ml Glauopt Co 5 ml Ocudor Co 5 ml	Timolol, combinations
	Xalacom 2.5 ml	Co-Atana 2.5 ml	
	Xalatan 2.5 ml 50 mcg/1 mL	Atana 2.5 ml 50 mcg/1 ml Spersatan 2.5 ml 50 mcg/1 ml	Latanoprost
Therapeutic alternatives for other plans			
Respiratory	Serevent Accuhaler 60 dose 50 mcg, Serevent CFC- Free 120 dose 25 mcg	Foratec HFA 12 dose	Formoterol
	Beclate 200 dose 100 mcg, 200 mcg	Pulmicort Turbohaler 200 dose 100 mcg, 200 mcg	Budesonide
Glaucoma	Duotrav 2.5ml	Co-Atana 2.5 ml Ganfort 3 ml	Timolol, combinations
	Lumigan 0.01%		Latanaprost

	Travatan 2.5 ml 0.004%	Atana 2.5 ml 50 mcg/1 ml Spersatan 2.5 ml 50 mcg/1 ml	
Gastrointestinal	Pentasa 1 000 mg suppository Entocord Enema	Subject to individual case review	

For more detailed information, please visit the Healthcare Professional Zone at www.discovery.co.za

Regards



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