

Dear Clinic healthcare professional

### LA Wellness screenings at pharmacy clinics

We are writing to you to inform you of the launch of LA Wellness, a programme that is aimed to motivate members of LA Health Medical Scheme to undergo basic health screening assessments. The LA Wellness programme was launched on 1 October 2022, and all LA Health members qualify automatically.

The rationale of the programme is to motivate LA Health members to do their annual screening check, by offering certain rewards when members have undergone the screening assessments. LA Health pays for the screening tests from the existing Screening Benefit.

To maximise the rewards offered through the LA Wellness programme, LA Health members need to do the basic screening tests, which detect or prevent illness.

When the main member and his spouse(s) have done their screening tests at the pharmacy, they qualify for a reward to buy groceries – the reward is redeemable only at Pick n Pay. Once the claim has been received and processed, Discovery Health will send the member a QR code, which can be used only at Pick n Pay. Please see the attached document for more information. The reward is payable annually after completion of the screening test.

The LA Health screening test is available at any Wellness network provider, as powered by Discovery Vitality, and the results need to be submitted in the usual way.

### LA Wellness screening:

001 093 001	<p>Enhanced Vitality Health Check comprises:</p> <ul style="list-style-type: none"> <li>• Blood pressure and</li> <li>• Weigh-in: (body mass index and waist circumference)</li> <li>• Non-smoker's declaration</li> <li>• Blood glucose</li> <li>• Blood cholesterol <b>or</b> lipogram</li> </ul>	EVHC	Risk/MSA/ATB/MOP as applicable per scheme	258.30
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We foresee that the LA Wellness programme will result in more members undergoing health screening checks more regularly, and we want to ask you to prepare for the impact it may have on your business process.

Kind regards

**LA Wellness Team**