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# HealthyCare

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Catalogue

 Discovery  
Vitality

 CLICKS+



## Look after yourself and your family and get rewarded on HealthyCare products

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Discovery Vitality brings you the HealthyCare benefit to help you take better care of yourself and your family through prevention. The benefit makes everyday personal and family care easier and more affordable with rewards on thousands of HealthyCare items.

### Get up to 50% back on thousands of HealthyCare items

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You can earn rewards at Clicks when you buy items listed in the HealthyCare catalogue. Remember to swipe your Clicks ClubCard at any till before the cashier rings up your items to make sure you earn rewards. Rewards are converted to store loyalty points and paid into your Clicks ClubCard.

- 1 | You can activate this benefit and get up to 10% back by logging into [www.discovery.co.za](http://www.discovery.co.za) and navigating to Vitality HealthyCare.
- 2 | Choose your main HealthyCare partner.
- 3 | You and your spouse (if applicable) need to find out your Vitality Age and complete a Vitality Health Check at any Clicks or accredited pharmacy in the Vitality Wellness Network to increase your rewards by to up to 25%.
- 4 | Complete both assessments every 12 months to keep your rewards at up to 25% at your main partner.

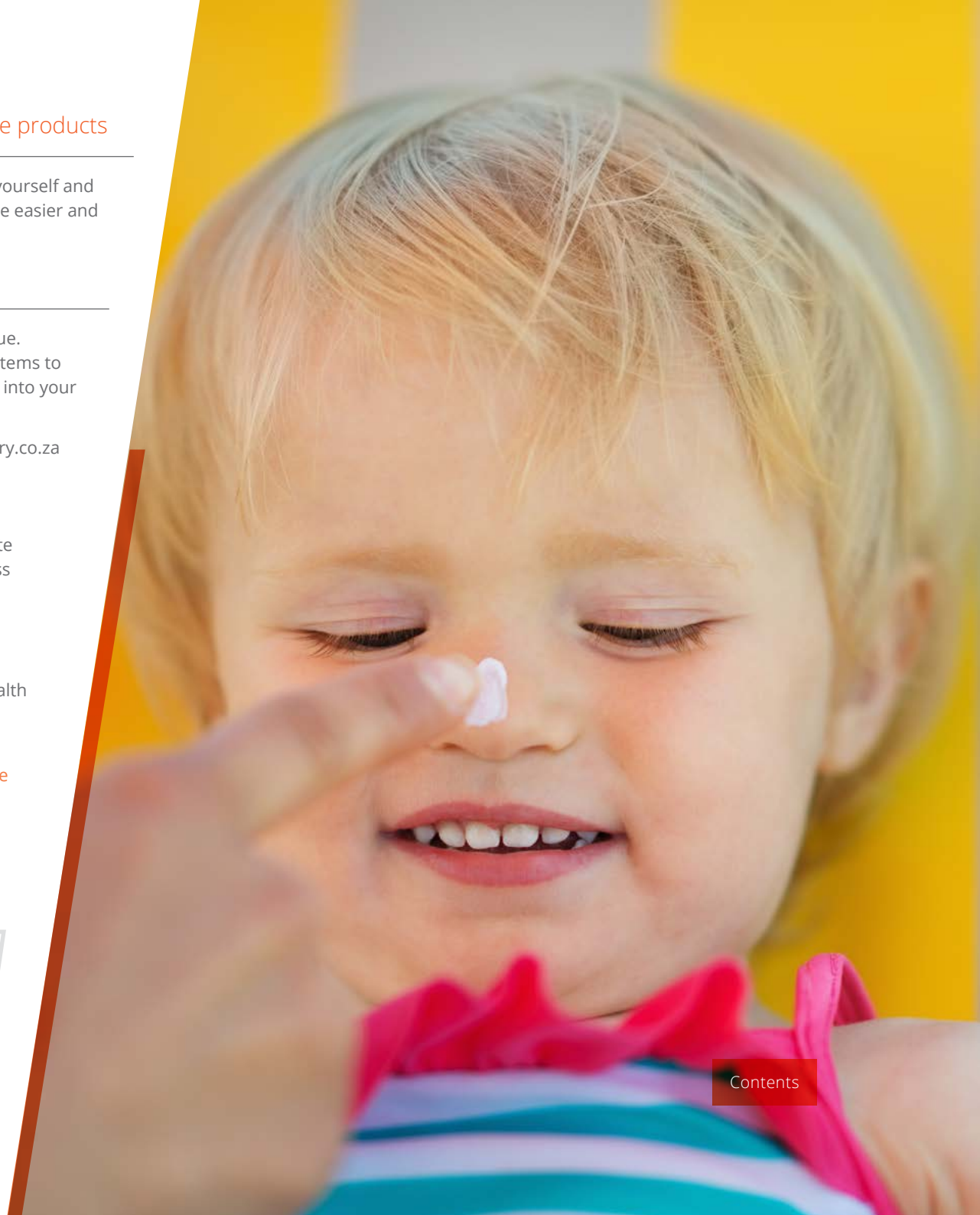
Members on a Discovery Health Medical Scheme plan administered by Discovery Health can get 10% back on thousands of HealthyCare items at Clicks.

Balance members get up to 15% back on thousands of HealthyCare items at Clicks. To increase your rewards by to up to 15%, all you and your spouse (if applicable) have to do is complete a Vitality Age and a Personal Health Assessment, once every rolling 12 months.

#### Important points to remember when using this catalogue

Products in this catalogue depend on supplier availability and may only be available at certain Clicks stores. The products in the HealthyCare range may be replaced and changed from time to time. The HealthyCare items identified on the HealthyCare Catalogue shall at all times supersede what is stated on the in-store shelf labels and on your till slips.

Check back regularly for the most updated list on [www.discovery.co.za](http://www.discovery.co.za)



## How to use this catalogue

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This HealthyCare catalogue lists the products that qualify for the HealthyCare benefit. Use this catalogue as your guide to make HealthyCare choices when shopping at Clicks. The items included in the HealthyCare benefit below are all directly used for preventive care.

The HealthyCare benefit is made up of thousands of products that are divided into different product categories:

- 4 - 7 | Baby Care
- 7 - 8 | Chronic Care
  - 8 | Clinic Services
- 8 - 9 | Dental Care
- 9 - 11 | Emergency Care
- 11 - 12 | Eye Care
  - 12 | Fitness and Wellbeing
- 12 - 14 | Foot and Hand Care
  - 14 | Over-the-Counter (schedule 1 and 2 medicine)
  - 15 | Products to help Stop Smoking
- 15 - 19 | Self Care
- 19 - 20 | Sun Care





## Baby care

### Baby accessories (excludes bottles, feeding cups, teats and teething necklaces)

3 Pack semi disposable bowl

3 Pack semi disposable plate

Avent Soothers

Baby-care pillow

'Baby-on-board' sign

Clicks baby

- Bath thermometer
- Brush and comb set
- Changing mat
- Corner cushion
- Coverall
- Finger toothbrush
- Hangers
- Manicure set
- Plastic bath
- Potty accessories
- Soothers

Clicks

- Breast pump
- Feeding accessories
- Potty accessories
- Soother accessories

- Soothers

- Teething accessories

Disney pacifier

Dove cotton wool assortment

Made-for-baby feeding accessories

Made-for-baby soothers

Mickey Mouse catcher bib

Milton soother

Munchkin multibowls

No scratch mittens

NUK Original Orthodontic Soothers & Accessories

Safety First soft knees protector socks

Safety First 'Baby on Board' sign

TT

- Feeding accessories
- Teethers

Vit FC sensitive breast pump

### Baby cleansing products

Babaderm

- Body wash
- Oils
- Shampoo

Baby Dove

- Body wash
- Shampoo
- Soap bar

Bennetts bath drops

Cetaphil cleanser for babies

Cetaphil shampoo

Clicks baby

- Aqueous soaps
- Body wash
- Oils
- Powders
- Shampoos

Elizabeth Anne

- Baby hair oils
- Baby calming oils
- Baby powder
- Baby shampoo and conditioner
- Baby soaps
- Bubble wash
- Disinfecting solution
- Fabric conditioner
- Laundry wash
- Stain removal

E45

- Foaming bath milk
- Moisturiser

Feelgood Baby Nature massage oil

Johnson's

- Baby bath products
- Baby conditioner



- Baby oil
- Baby powder
- Baby shampoo
- Baby soap
- Baby wash
- Detangling spray

Karvol room spray

Milton

- Sterilising fluid
- Sterilising surface trigger spray
- Sterilising Tablets

Mitefree laundry additive

Oh So Heavenly

- Baby oils
- Baby shampoo
- Baby soap
- Baby wash
- Hair detangler
- Mum and cherub baby oils
- Mum and cherub baby shampoos
- Mum and cherub baby wash
- Mum and cherub handwash
- Mum and Cherub Nursery mist
- Mum and cherub powder
- Skin refreshener

Sebamed

- Baby wash
- Shampoo
- Soap bar

Skinsano Fuller's Earth

So Pure dummy steriliser

So Pure disinfectant

Sterilon sterilising liquid

Sterritab tablets

### Baby medicine

Ashton and Parsons teething powder

Baby's Own products

Bennetts saline nose spray

Calpol paediatric syrup

Clicks

- Baby medical kit
- Medicine bottle adaptor & syringe
- Nasal aspirator
- Soother medicine dispenser

Colief

- Baby scalp oil
- Infant drops
- Vitamin D3 drops

Dilinct junior syrup

Elizabeth Anne insect repellent spray and cream

Feelgood BabyNature calming and soothing products

Impilo milk of magnesia

Karvol

- Baby cradle cap cream
- Baby vapour gel
- Decongestants

MiteFree allergen spray

Muthi Wenyoni antacid mixtures

Panado paediatric and infant products

Pansoral teething gel

Pedia Kids

- Arnica gel
- Cough syrup
- Cradle cap cream
- Emulsion
- Nasal spray
- Throat pop
- Vapour gel

Peela babies stomach mixture

Phipp's milk of magnesia

ProbiFlora Paed sachets and drops

Salex paediatric spray

Similisans earache products for children

SkinSano multipurpose ointment

Sterimar baby products

Teejel gel



TeetheEaze ointment

Telament paediatric products

Woodward's gripe water

### Baby creams

Babaderm body lotion and nappy cream

Baby and kids Epizone creams and ointments

Baby Dove

- Lotion
- Nappy cream
- Petroleum jelly

Bennetts aqueous creams

Bennetts baby bum creme

Bepanthen ointment

Cetaphil baby lotion

Clicks baby

- Aqueous baby soaps
- Aqueous creams
- Clicks bum creams
- Lotions
- Petroleum jelly

Clicks zinc & castor oil cream

Elizabeth Anne's

- Baby cream assorted
- Baby lotion assorted
- Baby petroleum jelly assorted

E45 junior nappy cream

Epi-max baby and junior creams

Fissan bum cream

Fissan paste assorted

Happy Event cream

Happy Event lotion

Johnson's

- Baby aqueous cream assorted
- Baby jelly
- Baby lotion
- Massage oil

Krayons Aqueous creams

Krayons petroleum jelly

Nutraderm moisturiser for babies

Nutratopic lotion

Oh So Heavenly mum & cherub

- Baby aqueous creams
- Baby body lotions
- Baby bum creams
- Baby petroleum jellies

Pure infant nappy cream

Sebamed baby cream and lotions

Sudocrem barrier cream

Vaseline petroleum jellies

### Maternity care

Avent nipple shield

Bennetts nipple cream

Breast pumps

- Avent natural manual breast pump
- Clicks manual breast pump
- Medela swing electric breastpump
- TT manual breast pump

Carriwell

- Belly banbo
- Breast soother
- Expander belt
- Linen savers
- Maternity bras assorted
- Maternity pads
- Maternity panties
- Preggy belly bands

Clicks

- Disposable breast pads
- Disposable maternity briefs
- Maternity pads
- Nipple cream
- Omega 3 Calmag
- Pregnancy supplement capsules
- Stretch mark cream

Dr Whites maternity pads

Elizabeth Anne nipple cream

Elizabeth Anne stretch mark cream

Folic Acid tabs

Herbex stretch mark cream



Lansinoh disposable breast pads

Lansinoh nipple creams

Medac

- Preggie pouches
- Preggie socks
- Tummy tuckers

Oh So Heavenly mum & cherub

- Belly butter
- Bust treatment
- Leg and foot spray
- Nipple cream
- Stretch mark cream and oil

Palmer's

- Firming cocoa butter
- Stretch mark lotions
- Tummy butter

Payless folic acid

Payless prenatal supplements

Pigeon disposable breast pads

## Nappies

Clicks nappies assorted

Drynites nappies assorted

Huggies nappies assorted

Pampers nappies assorted

## Wipes

Clicks baby and toddler wipes assorted

Dettol wipes

Eye Care baby purified wipes

Johnson & Johnson baby wipes assorted

Pampers baby wipes assorted



## Chronic care

### External medical items

Orthofit

- Assorted walking canes
- Bath board
- Feeding accessories
- Grab rail and stick
- Quadruped walker
- Raised toilet seat
- Rubber ferrule
- Walking frames

### Home diagnostic tests and accessories

Accu-Chek

- Active strips
- Connect kit
- Performa strips
- Softclix lancets

- Testing devices

- Testing strips

Clearblue

- Alkaline and acid test strips
- Digital tester for pregnancy
- Ovulation test kit
- Pregnancy test stick

Clicks

- Drug test 5 in 1
- Home pregnancy test
- Ovulation tests

Contour

- Plus kit
- Plus strips
- TS strips

Maybe mom sperm count test kit

Microlet coloured lancets

OneTouch test strips

Touch & Know single drug test

### Medical accessories

Clicks pill cutters

Clicks pill organisers assorted

### Medical incontinence

Clicks

- Adult diapers assorted
- Adult pads assorted



- Adult pants assorted
- Adult slippers
- Adult washcloth
- Mattress protector

#### MoliCare

- Adult diapers assorted
- Adult pads assorted
- Linen savers

#### Tena

- Flex adult diapers assorted
- Flex adult pads assorted
- Lady adult pads assorted
- Men protective underwear assorted
- Protective underwear assorted
- Wash and skin creams
- Wipes

#### Monitoring devices

Accu-Check instant meter

Alcoscan breathalyser

Blood pressure tenso

Braun

- Braun Bua7200 upper arm BP monitor
- Braun upper arm BP monitor Bua6150
- Braun VitalScan3 Bbp2200 BP monitor
- Lens filter protective cap
- Thermometers assorted

#### Clicks

- Bionime glucose monitor
- Clicks large screen arm BP monitor
- Clicks upper arm BP monitor
- Breathalyser test
- Thermometer accessories
- Thermometers assorted
- Humidifiers

Crystal Aire purifier and concentrate

Elektra body composition smart scale

Omron M3 comfort BP monitor hem 7134 E

Omron upper arm BP monitor

One Touch glucometer

Tensoval

- Blood pressure monitors assorted
- Blood pressure monitor classic comfort
- ThermoVal duo scan

#### Vicks

- Vaporisers



#### Clinic services

- [Mother and baby wellness](#)
- [Primary healthcare services](#)
- [Screening tests](#)



#### Dental care (excludes toothpicks)

##### Dental floss

Aquapulse aquaflosser

Clicks assorted dental floss

Colgate mint dental floss

GUM assorted dental floss

J&J dental floss

Oral-B assorted dental floss

##### Denture care

#### Clicks

- Denture adhesive creams
- Denture bath
- Denture cleaning tablets

Super Corega

- Denture cleanser
- Denture cream
- Denture fixative

##### Interdental

Clicks interdental

Clicks toothbrush covers

Fixodent denture adhesive creams

GUM interdental

GUM red cote plaque disclosin tablets

J&J reach dento tape

Marshalls toothache drops





### Mouthwash and sprays

- 3 CP disinfectant liquid
- 3 CP oral and throat gargle
- Andolec-C anti-bacterial mouth wash
- Aquafresh assorted mouth wash
- Betadine mouthwash and gargle
- Clicks
  - Kids' mouthwashes
  - Mouthwashes assorted
  - Sensitive mouthwashes
  - Whitening mouthwashes
- Colgate assorted mouthwashes
- Corsodyl assorted mouthwash
- Curasept mouthwash
- Dentyl assorted mouthwash
- Dermadine oral gargle
- Listerfluor kids mouthwash
- Listerine assorted mouthwashes
- Olgani mouthwashes
- Oral B mouth wash
- Plus white oral rinse
- Sensodyne assorted mouthwashes
- White Glo diamond mouthwash

### Toothbrushes

- Aquafresh assorted toothbrushes
- Clicks assorted toothbrushes

- Colgate assorted toothbrushes
- GUM ortho toothbrushes
- Jordan assorted toothbrushes
- Oral B assorted toothbrushes
- Payless assorted toothbrushes
- Philips sonicare toothbrushes
- Whiteglo dental travel kit

### Toothpaste

- Aquafresh assorted toothpaste
- Clicks assorted toothpaste
- Clinomyn toothpaste
- Colgate assorted toothpaste
- Elgydium assorted toothpaste
- GUM paroex gel toothpaste
- Himalaya assorted toothpaste
- Olgani Naturals toothpaste
- Oral B assorted toothpaste
- Pearl drops assorted toothpolish
- Pedia kids gum and tooth gel
- Philips healthy white
- Plus white assorted toothpaste and gel
- Sensodyne assorted toothpaste
- White Glo assorted toothpaste



### Emergency care

### Antiseptic liquids and ointments

- 8-Trek drawing ointment
- BC 56 cream
- Betadine ointment and solution
- Biobalance immonuva gel
- Burnshield burn travel kit
- Clicks
  - Boracic powder
  - Hygiene liquid
  - Peroxide
  - Potassium permanganate
- Cuticura ointment
- Dermadine ointment
- Dettol antiseptic liquids
- Dr. Lee pain relief patches and sprays
- Germolene antiseptic cream and ointment
- Paw-paw ointment
- Savlon antiseptic liquid
- Smith & Nephew jelonet tub
- Wart freezer

### Bandages, dressings and plasters

- 3M Nexcare sensitive skin tape
- Band-Aid plasters
- BSN
  - Boil dressing plaster
  - Leukoband elastic adhesive bandage



- Leukocrepe cotton crepe bandage
- Triple cross crepe bandage

Burnshield dressings

Clicks

- Adhesive fabric plasters
- Adhesive strapping
- Alcohol cleansing swabs
- Bandage clips
- Burn dressing
- Cohesive tape
- Conform bandages
- Cotton beauty tips
- Cottonwool rolled, puffs, balls, buds, pads, rounds, earbuds
- Elastic adhesive bandage
- Fabric dressing
- Fabric knuckle & fingertip plasters
- First aid dressings
- Hydrocolloid plasters
- Instant cold packs
- Kinesio tape
- Non-sterile gauze assorted
- Nonstick dressing
- Plasters assorted
- Plaster of paris
- Plastic coated tape
- Premium cohesive bandage

- Progauze sterile swabs
- Reusable ice and hotpack
- Safety pins
- Sheer strips assorted
- Soft crepe bandages
- Soft surgical tape paper
- Stretch crepe bandages assorted
- Sterile gauze
- Triangular bandage calico
- Universal ice wrap
- Water shield strips
- Waterproof film dressing
- Wound strips

Deep Heat odourless patch

Dove

- Cosmetic wipes
- Cotton buds, rounds, wands, ear buds
- Hygiene wipes

Elastoplast assorted plasters

Fix wound spray

Kroko plasters assorted

KT tape fast pack assorted

Levtrade Burnshield hydrogel

Micropore dressing tape assorted

Nexcare

- Absolute tape assorted
- No hurt tape

- Non-stick pads
- Plasters assorted
- Waterproof bandages

Orthofit X Kinesiology sports tape

Prostrap cold bandage

Prostrap kinesiology strips

Reparil ice-wrap bandage

Smith & Nephew assorted tape

Thermacare lower back and hip wraps

TLC cotton wool pads

Vitabiotics jointace patches

### First aid

Betadine first aid cream

Clicks

- Aloe vera skin gel
- Bandage scissors
- Drawing ointment
- Eye pads and eye shields
- First-aid kits
- First-aid mask
- Hot spray
- Ice spray
- Latex gloves
- Mini burns kit
- Mini cuts and grazes kit
- Nitrile gloves



- Odourless warming pad
  - Rescue blanket (adult)
- Deep Freeze cold patch pouch
- Dr Lee pain relief cream
- Flexiseq gel

### Medical accessories

- Clicks
- Medicine dropper
  - Metal forceps
  - Needles
  - Resuscitation aid mouthpiece
  - Syringes

### Muscle rubs, ointments and gels

- Aquashield chafing cream
- Arnicamill massage oil
- Arthro Guard active rub
- Clicks
- Arnica gel
  - Arnica massage oil
  - Arnica soothing gel
  - Muscle rub
- Deep Freeze gels and sprays
- Deep Heat
- Arnica massage gels
  - Arnica massage oils
  - Rubs and sprays

- Heel Traumeel gel
- Herbal iceman with arnica
- Iceman cooling gel
- JointEze
- Massage oil
  - Warming gel sport
- Moov rapid relief ointments
- Osteofreeze gel
- Reparil ice spray
- Theshold real MSM & gel
- Virata ointments
- Vitaforce active arnica massage oil and gel
- Volraren emulgel
- Wintergreen muscle gel and cream

### Slings and supports

- Clicks
- Ankle supports
  - Arm sling
  - Carpus wrist brace
  - Compression stockings
  - Elbow support
  - Knee supports
  - Rigid strapping
  - Soft cervical collar
  - Tubigrip natural
  - Wrist supports

## Eye care

### Contact lens cleaning solutions

- Alcon Opti products
- Bausch & Lomb
- Lens lubricant
  - ReNu multi solution
  - Saline solution
  - Multipurpose solution
- Biotrue multipurpose solution
- Blink total Care solution
- Boston
- Advance cleaner
  - Advance conditioning solution
  - Simplus solution
- Clicks lens wipes
- Complete Revitalens
- Lens plus ocupure saline
- Liposic eye gel
- Oxysept solution
- Renu multiplus lens solution
- ### Eye drops
- Allergan Optive eye drops
- Allergex eye drops
- Alomide Opth eye drop
- Artelac assorted eye drops



Brolene eye drops  
Celluvisc eye drops  
Cromohexal eye drops  
Dri-Gon eye solution  
Emadine ophthalmic drops  
Eyegene eye drops  
Gemini eye drops  
Livostin eye drops  
Murine eye drops  
Oculerge eye drops  
Optilast drops  
Optive drops assorted  
Oxylin liquifilm  
Patanol drops  
Prefrin eye drops  
Refresh eye drops  
Relestat Ophthalmic drops  
Safyr Bleu eye drops  
Similisan assorted  
Spersallerg eye drops  
Stop allergy eye drops  
Sulphacetamide  
Systane eye drops  
Universal eye drops  
Vividrin eye drops  
Xailin eye drops assorted

Zaditen

### Glasses

Aviator sun reader

Readwell glasses

Wayfarer rivet sun reader

## Fitness and wellbeing

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### Clicks essential Omega 3 fatty acids

#### Clicks

- Flaxseed oil
- Omega 3
- Salmon oil

### Clicks multivitamin & mineral supplements

#### Clicks

- Diabetic multivitamins
- Essentials adult multivitamins
- Essentials multivitamins 50+
- Essentials multivitamin men's
- Essentials multivitamin women's
- Kiddy vit drops
- Multivitamin and ginseng fizzi effervescent
- Multivitamin A to Z
- Multivitamin A to Z mature
- Multivitamin with 9 strain probiotics

- Multivitamin chews
- Multivitamin gummies
- Multivitamin kids' syrup
- Multivitamin mature men
- Multivitamin men's
- Multivitamin women's
- Payless multivitamins

### Clicks probiotics

- 9 strain probiotic
- Probiotic
- Probiotic paediatric drops

### Exercise accessories

BSN dynasport senior mouthguard

### Water filters

Aqua Optima water filter

#### Brita

- Cart filter maxtra single
- Classic replacement filter cartridge
- Jug filters

#### Smart Life

- Astra Classic jug
- Bottle cartridge refill
- Filter cartridge
- Unimax filter cartridge
- Water filter bottle



## Foot and hand care

### Anti-fungal

- Clear nail
- Mycota cream
- Tinaderm anti-fungal foot cream

### Creams

- AF ointment
- Bioderma hand cream
- Carnation softening lotion for toenails

### Clicks

- Heel balm
- Moisturising hand cream
- Nourishing foot butter
- Nourishing intensive hand cream
- Q10 hand cream
- Hand and nail cream

### Dr Sole

- Anti-peeling foot creams
- Corn and callus ointment
- Cracked heel repair
- Foot butters
- Foot creams
- Foot scrubs
- Foot and shoe spray
- Heel balms assorted

- Overnight foot treatment
- Epi-max foot cream
- Epimax hand cream
- Epizone heel balm cream
- Eucerin dry skin relief hand and foot creams
- Eulactol tube heel balms
- Healing hands heel balm
- Karoo heel balm
- Kroko corn and callus ointment
- Kroko heel balm
- Mavala
  - Stop
  - Nailactan
- Pedi relax diabetic's foot cream
- Recharge your Feet (for diabetic feet)
- Scholl velvet moisturiser
- Sorbet
  - Cleansing hand wash
  - Foot mask
  - Hand and body lotion
  - Hand mask
  - Hand and nail cream
- Spirit Ocean hand lotion and liquid wash
- Titania nail ointment
- Trind nail repair anti bite
- Virata foot cream
- Vitamin E hand and nail treatment

### Implements

- Be Salon nail clippers
- Beauty essentials manicure scissors
- Clicks
  - Callus file
  - Corn and callus blades
  - Corn and callus cutter
  - Electric foot file replacement heads
  - Exfoliating foot mask
  - Footcare urea stick
  - Hard skin reducer
  - Manicure scissors
  - Manicure set
  - Nail brushes
  - Nail care spare heads
  - Nail clippers
  - Pedicure angled toenail clipper
  - Pedicure pedi roller
  - Pedicure cuticle nipper
  - Pumice stones
- Elegant touch
  - Nail and toenail clippers
  - Nail scissors
  - Pedicure foot file
- File-a-foot
- FSC nail brush
- Kiss nail clippers and scissors



Kroko corn fix and wart fix

MS manicure

- Callus reducer
- Manicure and pedicure set
- Nail and toenail clippers
- Pumice stone

Nail fix

No more rough stuff pumice

Scholl

- Electric nail file
- Electric foot file
- Hard skin and callus file
- Skin stone
- Velvet roller heads

Sorbet Stainless steel nail and toenail clippers

Titania

- Corn cutters and blades
- Corn plasters with corn protector
- Double-sided foot callus file
- Foot files
- Formed callus file
- Nail and toe nail clippers
- Nail scissors
- Pumice

### Powders and sprays

AF powder

Carnation cryospray and wart remover

Clicks

- Foot powders
- Foot sprays
- Odour control foot powder

Dr Sole foot and shoe powder

Johnson's antiseptic powder

Karoo foot powder

Karoo foot spray

Mycota foot powder

New peppermint foot spray

Odor eaters

- Anti-perspirant deodorant
- Foot and shoe powder
- Sport foot and shoe spray

Virata foot powder

### Supports and inserts

Carnation

- Bunion pads
- Bunion protector
- Corn caps
- Corn pads
- Hydro corn

Clicks

- Arch supports assorted
- Blister plasters

- Corn cushions

- Flip-flop gel cushions

- Heel grips and supports

- Heel shoe supports

- Gel slingback strips

- Insoles assorted

- Oval gel foot cushions

- Pedicure callus cushions

Kroko cushioned corn protectors

Odor eaters insoles

Profoot

- Miracle custom moulding insoles
- Arch supports assorted
- Triad orthotic inserts
- Vita-Gel corn wraps
- Vita-Gel corn protector

Scholl

- Active gel insoles assorted
- Half insoles

Titania

- Anti slip for shoes
- Heel cushions
- Insoles

Triad orthotic inserts



**Over-the-counter**  
(schedule 1 and 2) medicine



Schedule 1 medicine

Schedule 2 medicine

## Products to stop smoking

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Nicorette gum assorted

Nicorette patches

GoSmokeFree Smoking Cessation Programme  
(Clinical Services)

Quit metered spray

## Self-care

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Clicks branded condoms assorted

Contempo condoms

Durex condoms

Lifestyle condoms

Lovers Plus condoms

Skyn condoms

Swish condoms

### Ear and nose care

Cerumol ear drops

Clicks

- Ear plugs
- Saline nasal spray
- Swimmers ear

Drixine pure sea nasal spray

Heel euphorbium nasal spray

Iliadin saline spray

Salex saline sprays and rinse

Similisan ear drops

Similisan nasal sprays

Sinutab saline nasal spray

Sterimar nasal spray

Sterimar pocket sea water solution

Swimmers ear cleanser and drops

Vicks nasal inhaler

### Feminine hygiene

Always panty liners assorted

Betadine vaginal gel

Canesten vaginal cream

Clicks

- Applicator tampons
- Intimate wipes
- Panty liners
- Sanitary pads
- Tampons
- Ultra towels with wings assorted

Comfitex disposable sanitary bag

Comfitex pantyliners

Femagene

- Heat patches

- Intimate soap and gel

- Intimate wipes

Gyna Guard

- Foam bath
- Gel
- Intimate wash
- Intimate wipes

Innospore vaginal cream

Kotex

- Pantyliners
- Sanitary pads
- Tampons

Libresse

- Pantyliners
- Sanitary pads

Lil-lets

- Intimate creams, gels and powders
- Intimate washes assorted
- Intimate wipes assorted
- Pantyliners
- Sanitary pads assorted
- Tampons assorted
- Tampons with applicator assorted

Maybe Mom softcup reusable

Nature Fresh Intimate cleansers

Stayfree



- Pantyliners
  - Sanitary pads
- Synapause vaginal creams
- Tampax tampons and applicators

### Hair care medicated

- Alpecin double effect shampoo
- Clicks
- Anti-dandruff shampoos
  - Hair rescue
- Controlice
- Defense spray
  - Combs
  - Head rise
  - Liquid spray
- Denorex shampoos and conditioner
- Dermikelp
- Conditioner
  - Scalp spray
  - Shampoo
- Eucerin replenish shampoo
- Gill
- 2 in 1 Anti dandruff shampoo
  - Anti dandruff shampoo
- Head and shoulders
- 2 in 1
  - Conditioner

- Shampoo
- Paranix lice shampoo with comb
- Paranix repellent spray
- Paranix spray with comb
- Treat-it anti-lice kit
- Vigro anti-dandruff bio-shampoos

### Medicated skincare

- Avene cicafate cream
- Avene trixera emollient balm
- Biocort cream
- Bioderma lip balm
- Bio-oil gel dry skin
- Blistex lip balm
- Clicks
- Aqueous body creams
  - Camphor cream
  - Glycerine
  - Lip balm
  - Petroleum jelly
- Dermikelp
- Body wash
  - Cream
  - Moisturising lotion
- E45
- Body cream
  - Body lotions

- Epi-max
- Bath oil
  - Body cream
  - Lotion
- Epy Derm
- Creams and lotions
  - Glycerin
  - Ointment
- Eucerin acute care cream
- Ingram's Camphor body creams
- Nutraderm moisturising cream and lotion
- Sorbet
- Spots and blemishes face mask
  - Spots and oil control face mask
- Vitamin E lip care stick
- Zam-Buk lip balms
- Zam-Buk herbal ointment
- ### Self-cleansing products
- Aqua bars
- Clicks
- Aqueous cream bar
  - Beauty handwash refills
  - Beauty liquid handwash assorted
  - Beauty soaps assorted
  - Hand sanitisers
  - Hygiene handwash





- Hygiene refills
- Hygiene hand sanitisers
- Hygiene wipes
- Kids' handwash
- Skincare handwash assorted
- Soaps assorted

#### Dettol

- Bath soap
- Hand wash and refills
- Hygiene soap
- Original hygiene wipes
- No touch refill

Oh So Heavenly liquid hand soap

Protex antibacterial soap

Pure glycerine soap

S/Berry hand sanitiser

Savlon hygiene soap

Securex toilet soaps

Sorbet hand wash

#### Self-medication

5 HTP capsules

A Vogel sore throat spray

Activated charcoal

Adco-Napamol tablets

Angiolax laxative

Allcare Aloe wellness tonic drink

Alkafizz effervescent granules

Alkafizz gastric antacid

Allecet syrup

Anadin tablets

Anthisan elixir

Anusol suppositories

Aosept plus

Bactrazine cream

Bayer aspirin

Bennetts mozzie stick

Bentasil sugar free throat lozengers

Benylin cough assorted

Betadine ointment

Biobalance immunova throat spray

Borstol cough remedy

Bronchoped syrup

Brufen tablets

Buscopan tablets

Calmettes tablets

Calpol paediatric syrup

Candacide suspension

Cathejell with lidocaine

Cepacol lozengers

Cepacol throat gargel

Chest-eeze syrup

Cipla medpro lactovita tabs

Citro soda sachets and granules

CL pelargonium effervescent tablets

Clicks

- Aloe tablets
- Calamine lotion
- Camphorated oil
- Cape Aloes lump
- Castor oil
- Citric effervescent
- Citronella oil
- Cod liver oil
- Copper bracelet
- Effervescent granules
- Epsom salts
- Friars balsam
- Gentian violet
- Glycerine
- Herbal cough syrup
- Hydration powder
- Immune fizzy
- Iodine tincture
- Ivy cough syrup
- Liquid paraffin
- Mentho rub ointment
- Mercurochrome solution
- Nasal inhaler
- Paracetamol
- Saline spray



- Saltpetre
- Senna pods and tablets
- Sodium bicarb
- Surgical spirits
- Wintergreen ointment
- Zinc ointment
- Zinc and castor oil cream
- Colchicine Houde tablets
- Compral powder and tablets
- Coryzalia tablets
- Demazin tablets
- Depuran capsules
- Dermazole tropical cream
- Disprin
- Dr Mom herbal cough syrup
- Dr Mom lozengers
- Dulcolax laxative tabs and suppositories
- Duphalac dry sachets and syrup
- Easi health distilled water
- Ecotrin tablets
- Eno fruit salts and tums
- Expigen cough syrup
- Fithealth lysine lip cream
- Flugon
  - Capsules
  - Fizzy effervescent tabs and sachets
  - Oral throat spray

- Syrup
- Vapobalm ointment
- Flutex cough syrup
- Freshen laxative tablets
- Fybogel sachets
- Gastrochoice capsules
- Gaviscon
  - Advance
  - Liquid
  - Tablets
  - Sachets
- Gelacid suspension
- Gen-payne capsules
- Goldex throat lollies
- Grand-Pa powders and tablets
- Heel vinceel mouth and throat spray
- Helps stop snoring spray
- Homeovox tablets
- Hot toddy
- Hydrachoice
- Iberogast liquid
- Imsyser colon cleanser
- Imsyser internal microbial stabiliser
- K-fenak tablets
- Lacson syrup
- Laxador bisacodyl tablets
- Laxette sachets and solution

- LDM
- Balsam kopiv
  - Behoedmiddel
  - Bergamotessens
  - Borsdruppels
  - Bruindulsies
  - Entressdrupples
  - Gal tablette
  - Haarlemensis
  - Jamaikegemmer
  - Lewenessens
  - Struipdruppel
  - Turlington
  - Witdulsies
  - Wonderkroonessens
- LDR
- Cough mixture
  - Peppermint drupples
- Lennon glycerin suppositories
- Lenolax enema
- Linctagon
- Cough syrup
  - Effervescent
  - Forte capsules
  - Lozengers
  - Nasal spray
  - Throat lollies



- Throat spray
- Mayogel suspension
- Med-Lemon
- Melatonin capsules
- Minoxidil 2% solution
- Mist pot cit simplex
- Movicol
- Mucofizz effervescent
- Mybucod tablets
- Mybulen
- N-Acetylcysteine capsules
- Natrelex
- Normacol plus granules
- Nurofen cold and flu tablets
- One day flu cure syrup
- Oscillococcinum
- Panado
- Panamor
- Payless iodized lozengers
- Pedia kids cough syrup
- Phenergan tablets
- Phenol liquid
- Phipps milk of magnesia
- Piloherb tablets
- Preparation H ointment and suppositories
- Proibs 3G sachets
- Prospan cough syrup and tablets

- Questran lite sachets
- Ranit tablets
- Rehidrat assorted
- Rennies
- Reuterina
- Sabax pour saline
- Sab-saline
- Saltabs salt tablets
- Sandoz cinnarizine
- Sandoz theophylline
- Senokot laxatives
- Septogard
- Sinucon
- Sinulex on the go
- Sinupret tablets and syrup
- Skabi-rid 5% lotion
- Smecta sachets
- Soflax tablets
- Solphyllex syrup
- Spregal spray
- Stodal cough syrup
- Strepsils throat lozenges
- Sudafed sinus pain tablets
- Syndol
- Texamer tablets
- Tibb
- Flu relief capsules

- Septogard
- Sinugraine tablets
- Triazine paediatric syrup
- Ulsanic suspension
- Ulsanic effervescent tablets
- Vicks
- Actaplus cough syrup
- Honey and ginger syrup
- Vapo pads
- Vaporub
- Viral guard oral throat spray
- Wellvita ibecol IBS caps
- Woods
- Cough syrup
- Lozengers
- Zam-buk chest rub
- Zantac tablets



## Sun care

### After sun

- BTS Labs suncare after sun lotion
- Nivea Sun after sun Lotion
- Nivea SOS relief after sun lotion
- PIZ bruin after sun lotion
- Sunprotect after sun Spray



Tropitone Gel cool it after sun  
Vichy Capital Soleil after sun

### Sun cream

Aloe lotion SPF15

Bariesun cream

Bioderma

- Photoderm lotion
- Photoderm spray

BTS Labs sun care

- Childrens spray
- Face
- Lotion

Eezy sunscreen sachets

Elizabeth Arden cream 8hrs skin protect

Elizabeth Arden sun stick

ES family lotion and sprays

Eucerin

- Face sunscreen
- Sun kids lotion
- Sun fluid

Everysun

- Babies' milk
- Family lotion
- Family spray
- Kids' lotion

- Kids spray

- Sports Aerosol

IQ daily defence sunscreen

IQ derma quench cream

New V/E moisture lotion SPF15

New V/C daily moisturiser SPF30

Nivea

- Invisible spray
- Kids' sun lotion and sprays
- Lotion
- Sun Anti-ageing cream
- Sun cooling mist
- Sun moisturising spray

Photo ultra fluid

Piz Buin

- Allergy lotions
- In sun Lotion
- Ultra light hydrating Spray

Seaweed moisurising lotion

SoleiSP face creams

Sorbet sal SPF50 face cream

Sunprotect

- Cooling sun cream
- Kids' lotion
- Kids' spray
- Lotion

- Sprays

Techniblock

- Anti-ageing face cream
- Kids' stick
- Cream
- Lotions
- Sprays

Tropitone move it

- Spray
- Face cream
- Lotion

Vichy capital soleil sunmilk



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