

10 Reasons why Vitality can make your life more rewarding



Vitality is Discovery's science-based wellness programme that takes you on a personal journey to better health and many lifestyle, travel and shopping rewards.

- 1 Get up to **25% cash back** on thousands of HealthyFood™ products at Pick n Pay, on HealthyCare™ products at Clicks and on HealthyGear™ products at adidas or Totalsports stores.
- 2 Join Virgin Active Health Clubs or Planet Fitness and you (and your spouse) pay a card fee and a once-off fee of only R745, and you **save up to 80%** on the standard monthly rate.
- 3 Get terrific travel and lifestyle rewards for getting healthier, like up to **35% off** kulula.com AND British Airways flights, **up to 50% off** at Southern Sun and watch Ster-Kinekor movies for less than half price.
- 4 Get rewarded for looking after the health of your children. Vitality gives kids older than 2 but younger than 18 rewards like **free Ster-Kinekor movies** before 7pm.
- 5 Join Discovery Baby as an expecting parent and get expert advice, information and a Discovery Baby bag full of essential baby products.
- 6 Have preventive screening tests and do online or other health and fitness assessments to learn about your health status. You'll earn thousands of Vitality points and increase your cash back on HealthyLiving™ from **10% to up to 25%**.
- 7 VitalityMall on www.discovery.co.za offers you a wide range of lifestyle products and up to **60% off** magazines from leading brands. Members on Silver, Gold and Diamond Vitality status get **10% back** in VitalityMall credit on everything they buy too.
- 8 Set personal health goals to improve your unique health status. You'll earn extra Vitality points for reaching your goals and for results in the healthy ranges.
- 9 Get cash back when you shop with your DiscoveryCard at our shopping partners.
- 10 Improve your health and lower your healthcare costs – international research shows Vitality really works!

Contact Vitality and enjoy the rewards of a healthier lifestyle

To join Vitality or find out more, please visit www.discovery.co.za, call 0860 99 88 77 or contact your financial adviser or HR representative.

To get a DiscoveryCard, call 0860 11 CARD (2273) or go to www.discovery.co.za for an application form.