



To ensure everyone's health and safety, we will be contacting members to ask important COVID-19 pre-screening questions the day before a Vitality assessment appointment.

Our core purpose is to enhance and protect lives. To help keep both members and Discovery Store employees safe, you need to be [fully vaccinated against COVID-19*](#) or show a negative polymerase chain reaction (PCR) test to enter a Discovery Store. The PCR test must have been done less than 48 hours ago.

Questions that will be asked during your pre-screening call

In the last 14 days:

1. Have you or any close contacts been tested for COVID-19?
2. Are you or any close contacts awaiting COVID-19 test results?
3. Have you or any close contacts recently travelled to an area of high-risk for COVID-19?
4. Have you or any of your close contacts experienced any of these symptoms?
 - Fever
 - Sore throat
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Muscle or joint pains
 - Headache
 - Diarrhoea
 - Loss of taste or smell
5. Have you or a close contact been advised to self-quarantine?

Confirmed case definition

A **confirmed case** is a person with laboratory confirmation of infection with the COVID-19 virus, regardless of clinical signs and symptoms. Symptomatic cases are considered infectious from two days before symptom onset to 14 days after symptom onset.

A **suspected COVID-19** case includes any person showing an acute (equal or less than 14 days) respiratory tract infection or other clinical illness compatible with COVID-19 or an asymptomatic person who is a close contact to a confirmed case.

A close contact is defined by the National Institute of Communicable Diseases (NICD) as a person having face-to face contact (less than one metre) or having been in a closed space with a confirmed COVID-19 case for at least 15 minutes.

A close contact includes, among others:

- All people living in the same household as a COVID-19 case, and people working closely in the same environment as a case
- Healthcare workers or other people providing direct care for a COVID-19 case while not wearing recommended personal protective equipment (PPE)
- A contact in an aircraft sitting two seats (in any direction) of the case, travel companions or persons providing care, and crew members serving in the section of the aircraft where the case was seated.

** You're fully vaccinated against COVID-19 14 days after you've received your second Pfizer-BioNTech dose or 28 days after your one-shot Johnson & Johnson jab. Proof of vaccination include electronic or physical vaccination card.*