

## Chronic Disease List (CDL) formulary update 2021 and 2022

Discovery Health is committed to keeping doctors and their patients informed on the changes to our medicine list (formulary) and Chronic Drug Amounts (CDAs) for 2022.

We have made enhancements to the formulary by adding 69 new products to the Chronic Disease Medicine List.

Substitutions for products that were replaced by preferentially priced generic or therapeutic equivalents are listed below.

**Significant additions to the formulary categories are cardiovascular, diabetes, multiple sclerosis, asthma, and rheumatoid arthritis. Here is a list of the additions to the Chronic Disease List in these categories:**

- **Cardiovascular**
  - An originator long-acting indapamide-amlodipine combination, Natrixam<sup>®</sup>, for all plans
  - A new generic perindopril-amlodipine combination, Pearloc<sup>®</sup>, for all plans
  - A new valsartan-amlodipine combination, Calsar<sup>®</sup>, for all plans, except KeyCare
- **Diabetes**
  - SGLT-2 inhibitor, Forxiga<sup>®</sup>, for all except KeyCare plans
- **Multiple sclerosis**
  - A new fingolimod generic, Myelenea<sup>®</sup>, will be added to the Chronic Disease List (CDL) Enhanced medicine list for all plans
  - Copaxone<sup>®</sup> (glatiramer acetate), for all plans
- **Asthma**
  - Sereflo<sup>®</sup> DPI (50/100 and 50/250) has been added to the mid-year updated medicine list (formulary) for all plans, except KeyCare
- **Rheumatoid arthritis**
  - Two Leflunomide generics, Ravalef<sup>®</sup>, and Rheumalef<sup>®</sup>, for all plans

### Formulary additions in 2021 and 2022:

Condition	Active ingredient	Product name	Plan types
Crohn's disease	Mesalazine	Asacol 500 mg suppositories	All plans, except KeyCare
Diabetes mellitus	Gliclazide	Diaran mr 30 mg	All plans
Chronic renal disease	Iron, parenteral preparations	Equifer ampoule 5 ml 100 mg/5 mL	All plans
Cardiovascular	Indapamide	Cipla-indapamide 2.5 mg	All plans

Condition	Active ingredient	Product name	Plan types
	Furosemide	Diuresix 40 mg	
	Amlodipine	Amloc; Austell-amlodipine – 5 mg, 10 mg	
	Nifedipine	Cipalat XR 30 mg, 60 mg	All plans, except KeyCare
	Verapamil	Verapamil 40 oethmaan 40 mg	All plans
	Lisinopril	Lizro 5 mg, 10 mg, 20 mg	
	Losartan & diuretics	Sartoc-co 50/12.5 mg, 100 mg/25 mg	
		Valsartan	Regoval; Valheft – 80 mg, 160 mg
Hyperlipidaemia	Atorvastatin	Dynator; Lipogen- 10 mg, 20 mg, 40 mg, 80mg	All plans
Rheumatoid arthritis	Leflunomide	Ravalef; Rheumalef – 10 mg, 20 mg	All plans
Epilepsy	Topiramate	Toplep 25 mg, 50 mg, 100 mg, 200 mg	All plans
	Levetiracetam	Redilev 250 mg, 500 mg, 750 mg	
Psychiatric conditions	Haloperidol	Haloperidol 5 Oethmaan 5 mg	All plans
	Clozapine	Clozapine oethmaan 25 mg, 100 mg	
	Risperidone	Rispacor 0,5 mg	
	Aripiprazole (ODT)	Abipip 10 mg ODT, 15 mg ODT	
	Aripiprazole	Apripent; Aprizon – 5 mg, 10 mg, 15 mg	
	Escitalopram	Espradep 10 mg	
Respiratory conditions	Salmeterol & fluticasone	Sereflo DPI 60 dose - 50/100, 50/250	All plans, except KeyCare
<b>The following products will only be added from January 2022</b>			
Diabetes mellitus	Dapagliflozin	Forxiga 5 mg, 10 mg	All plans, except KeyCare
Chronic renal disease	Alfacalcidol	Zodoray 0.25 mcg, 1 mcg	All plans
Cardiovascular	Amlodipine	Amtas 5 mg, 10 mg	All plans
	Valsartan & amlodipine	Valduo 5 mg/160 mg, 10 mg/160 mg	Comprehensive and Executive plans only
	Clopidogrel	Acticlop 75mg; Deplatt 75 mg	
Multiple sclerosis	Glatiramer Acetate	Copaxone pre-filled syringe 1 ml 20 mg/1 mL	All plans
	Fingolimod	Myelenea 0.5 mg	
Psychiatric conditions	Amitriptyline	Amitriptyline 10 mg Austell	All plans

**The following products will be deleted in 2022:**

Formulary alternatives are provided for all the items that have been removed from the medicine list (formulary).

Condition	Active ingredient	Removed products	Current plan type	Formulary alternatives for impacted plans
<b>Generic changes</b>				
Diabetes mellitus	Metformin	Bigsens 500 mg, 850 mg	All plans	Accord metformin; Austell-metformin; Diaphage; Gluconorm; Mylan metformin; Romidab – 500 mg, 850 mg
Chronic renal disease	Alfacalcidol	One alpha 0.25 mcg, 1 mcg	All plans	Zodoray 0.25 mcg, 1 mcg
Cardiovascular	Clopidogrel	Zyklot 75 mg	Comprehensive and Executive plans only	Plagrol; Acticlo 75; Clopidogrel unicorn; Deplatt; Pharma dynamics clopidogrel
	Amiodarone	Arycor 100 mg, 200 mg	Comprehensive and Executive plans only	Hexarone 100 mg, 200 mg; Bio-amiodarone 200 mg
	Spironolactone	Aldactone 25 mg	All plans	Spiractin 25 mg
	Perindopril	Circator 4 mg, 8 mg; Perindopril unicorn 4 mg; Prexum 5 mg; Vectoryl 4 mg	Comprehensive and Executive plans only	Reprex; Ciplasyl; Pearinda; Ran-perindopril; Zyace
	Valsartan & diuretic	Co-migroben 80 mg/12.5 mg, 160 mg/12.5 mg, 160 mg/25 mg	Comprehensive and Executive plans only	Regoval co 80 mg/12.5 mg, 160 mg/12.5 mg, 160 mg/25 mg
Psychiatric conditions	Clozapine	Cloment 25 mg, 100 mg	All plans	Aspen clozapine 25 mg, 100 mg; Clozapine oethmaan 25 mg, 100 mg
	Fluoxetine	Zydus fluoxetine 20mg	All plans	Deprozan 20 mg; Fluoxetine 20 oethmaan 20 mg; Prolax 20 mg
	Escitalopram	Marprem 20 mg	All plans	Accord escitalopram; Dolin; Esetam; Zyescito
	Sertraline	Serdep 50 mg, 100 mg	Comprehensive and Executive plans only	Dyna sertraline; Serlife – 50 mg, 100 mg
Respiratory conditions	Salmeterol & fluticasone	Foxair accuhaler 60 dose 50/100, 50/250	All plans, except KeyCare	Sereflo accuhaler 60 dose 50/100, 50/250
	Montelukast	Lumont 4 mg, 5 mg, 10 mg	Comprehensive and Executive plans only	Sintrine; Topraz – 4 mg, 5 mg, 10 mg
<b>Therapeutic changes</b>				
Cardiovascular	Quinapril	Accumax 10 mg, 20 mg	All plans, except KeyCare	Captopril; Enalapril; Lisinopril; Perindopril

The following products will only be available to Comprehensive and Executive plans in 2022:

Formulary alternatives are available for all other plan types.

Condition	Products	Current plan type	Formulary alternatives for impacted plans	2022 plan type for formulary alternatives
Respiratory	Vannair 120 dose 80/4.5 mcg, 160/4.5 mcg	All plans, except KeyCare	Dulera 120 dose 100/5 mcg, 200/5 mcg; Sereflo 120 dose 25/50 INH; Symbicord turbohaler 60 dose 160 mcg/4.5 mcg	All plans
	Symbicord turboh 120 dose 160 mcg/4.5 mcg, 320/9 mcg per inhalation 60 dose			All plans, except KeyCare
	Innuvair 100 mcg/6 mcg 120 dose			KeyCare
Autoimmune conditions	Azamun 50 mg	All plans	Azathioprine pch 50 mg	All plans

We encourage you to review the 2022 formulary on the Health Professional Zone at [www.discovery.co.za](http://www.discovery.co.za).

Regards



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