

October 2022

Dear Pharmacist

Chronic Disease List (CDL) formulary update 2023 – Insulins

We are committed to keeping pharmacists, doctors and their patients informed about changes to the Chronic Disease medicine list (formulary).

Where applicable, please assist our members to reduce co-payments by dispensing cartridges or penfills with reusable pens, instead of the disposable pens which are not on the formulary.

The following insulin products will be added to the 2023 formulary per benefit plan type:

Condition	Active Ingredient	Product Name	Benefit Plan Types
Diabetes Mellitus	Insulin Human 30% & Insulin Human Isophane (NPH) 70%	Diabulyn 30/70 cartridge – with free pen	All plans
	Insulin Degludec 70% & Insulin Aspart 30%	Ryzodeg penfill – with free pen	Comprehensive and Executive only

The following insulin products will be removed from the formulary for all benefit plan types in 2023:

Condition	Deleted product	Formulary alternatives	Benefit Plan types applicable to alternatives
Diabetes mellitus	Humalog kwikpen	Humalog cartridge	All plans, except KeyCare
	Apidra solostar disposable pens	Apidra cartridges	All plans
	Humulin 30/70 cartridge	Diabulyn 30/70 cartridge	All plans
	Humalog mix 25, mix 50 kwikpen	Humalog mix 25, mix 50 cartridge	All plans
	Basaglar cartridge	Optisulin cartridge	All plans

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1 Discovery Place, Sandton, 2196 | www.discovery.co.za

Directors: Dr A Ntsaluba* (Chairperson), A Gore* (Group CEO), Dr J Broomberg*, H L Bosman, R Farber, F N Khanyile, N S Koopowitz*, Dr T V Maphai, A Pollard*, B Swartzberg*, D M Viljoen*, S V Zilwa (*Executive).
Secretary: N N Mbongo.

Tabulated below is the complete 2023 insulin formulary benefit per benefit plan type:

Chronic Drug Amount (CDA) Class Name	2023 Core/ Saver/ Priority Plan Monthly CDA	2023 Comprehensive & Executive Plan Monthly CDA	Active ingredient	Product name	2023 Benefit plan type
Anti-diabetic Agents - Fast-acting insulins	445	505	Insulin Lispro	Humalog cartridge	All plans, except KeyCare
			Insulin Aspart	Fiasp penfill	Comprehensive and Executive only
				Novorapid penfill	All plans, except KeyCare
			Insulin Glulisine	Apidra cartridges	All plans
Anti-diabetic Agents - Biphasic	700	720	Insulin (Human)	Diabulyn 30/70 cartridge	All plans
			Insulin Lispro	Humalog mix 25, mix 50 cartridge	All plans
			Insulin (Human)	Ryzodeg penfill	Comprehensive and Executive only
Anti-diabetic Agents - Long-acting insulins	440	440	Insulin Glargine	Optisulin cartridge	All plans
			Insulin Detemir	Levemir prefilled cartridge	All plans

Note: All formulary insulin cartridges are available with free re-usable pens.

For any additional information, please email healthpartnerinfo@discovery.co.za or visit the Health Professional Zone at www.discovery.co.za.

Regards



Suzanne van der Walt
Contract and network strategy management
Strategic Risk Management
Discovery Health