

Dear Doctor

Chronic Disease List formulary update 2021 (insulins)

We are committed to keeping doctors and their patients informed about changes to our medicine list (formulary). Since the September 2020 communication, there have been enhancements to the insulin listing on the formulary for 2021. These enhancements are written in italics, for ease of reference.

The following insulin products will be **added** to the 2021 formulary **per plan type**:

Condition	Active ingredient	Product name	Plan types
Diabetes mellitus	Insulin glargine	Optisulin cartridge – with free pen Endulin pen	All plans
	Insulin detemir	Levemir cartridge – with free pen	All plans
	Insulin aspart	NovoRapid penfill – with free pen	All plans, except KeyCare

The following insulin products will be **removed** from the formulary for **all plan types** in 2021:

Condition	Deleted product	Formulary alternatives	Plan types
Diabetes mellitus	Humulin N cartridge & KwikPen, Toujeo pen	Optisulin cartridge, Levemir cartridge and Endulin pen	All plans
		Basaglar cartridges	All plans, except KeyCare
	NovoMix 30 FlexPen	Humulin 30/70 cartridge; Humalog mix 25 cartridge	All plans
		Humalog mix 25 KwikPen	Comprehensive and Executive plans only

Note: In 2021, Optisulin pens and Basaglar pens will no longer be available for the Comprehensive Plan and Executive Plan. Optisulin cartridges with a free reusable pen and Basaglar cartridges with a free Ergopen are alternatives, in addition to Levemir cartridges with a free pen, as required.

The table below includes the **complete 2021 insulin formulary benefit** per plan type:

Chronic Drug Amount (CDA) class name	Core, Saver and Priority Plan monthly CDA	Comprehensive and Executive Plan monthly CDA	Active ingredient	Product name	Plan types
Anti-diabetic agents: fast-acting insulins	460	515	Insulin lispro	Humalog cartridge 3 ml	All plans Comprehensive, Executive, Priority, Core, Saver, Smart and KeyCare plans
			Insulin glulisine	Apidra cartridges 3 ml	
			Insulin lispro	Humalog KwikPen 3 ml	Comprehensive, Executive, Priority, Core, Saver and Smart plans
			Insulin aspart	NovoRapid Penfill 3 ml	
			Insulin glulisine	Apidra SoloStar disposable pens 3 ml	Comprehensive and Executive plans only
Anti-diabetic agents: intermediate- or long-acting combined with fast-acting insulins (biphasic)	700	720	Insulin (human)	Humulin 30/70 cartridge 3 ml	All plans Comprehensive Executive, Priority, Core, Saver, Smart and KeyCare plans
			Insulin lispro	Humalog mix 25 cartridge 3 ml	
			Insulin lispro	Humalog mix 50 cartridge 3 ml	
			Insulin lispro	Humalog mix 25 KwikPen 3 ml	Comprehensive and Executive plans only
			Insulin lispro	Humalog mix 50 KwikPen 3 ml	

Chronic Drug Amount (CDA) class name	Core, Saver and Priority Plan monthly CDA	Comprehensive and Executive Plan monthly CDA	Active ingredient	Product name	Plan types
Anti-diabetic agents: Long-acting insulins	440	440	Insulin glargine	<i>Optisulin cartridge 3 ml</i>	All plans
			Insulin glargine	Endulin select pre-filled pen 3 ml	Comprehensive, Executive, Priority, Core, Saver, Smart and KeyCare plans
			Insulin detemir	<i>Levemir prefilled cartridge 3 ml</i>	
			Insulin glargine	Basaglar cartridge 3 ml	Comprehensive, Executive, Priority, Core, Saver and Smart plans

All formulary insulin cartridges are available with free reusable pens.

For more detailed information, please view the 2021 formulary on HealthID or log on to the [Healthcare Professional Zone](#) on www.discovery.co.za and view the formulary under Tools > Forms and formularies.

Regards



Darren Sweidan
**Head: Health Professional Unit
 Strategic Risk Management
 Discovery Health**