

### We exist for our members



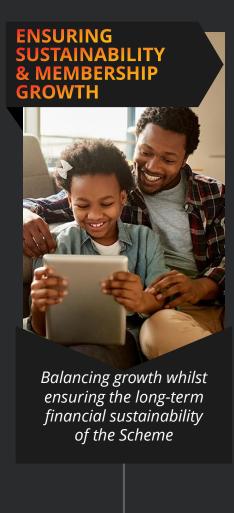


members during the

COVID-19 pandemic









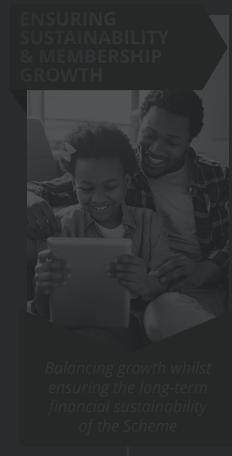
### We exist for our members













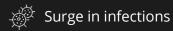
## Impact of COVID-19 on healthcare 2020 and beyond

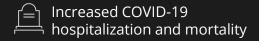


# DEMAND COVID-19

#### 2020 / 2021

### **SURGE**





Increased COVID-19 demand

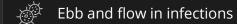
Vaccine development and production

Lock-down restrictions reducing non-COVID-19 demand

സ്സ്) COVID-19 fears leading to reduction in health seeking behaviour

#### 2021 / 2022

#### **EBB & FLOW**



Surge in infections driven by transmissibility of new variants

Continued increase in COVID-19 demand

#### **Widespread vaccination**

Non-COVID-19 demand recovers as infections reduce

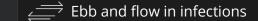
Non-COVID-19 demand regresses as infection waves peak

Impact of Long-COVID-19

#### >2022

#### **RECOVERY**









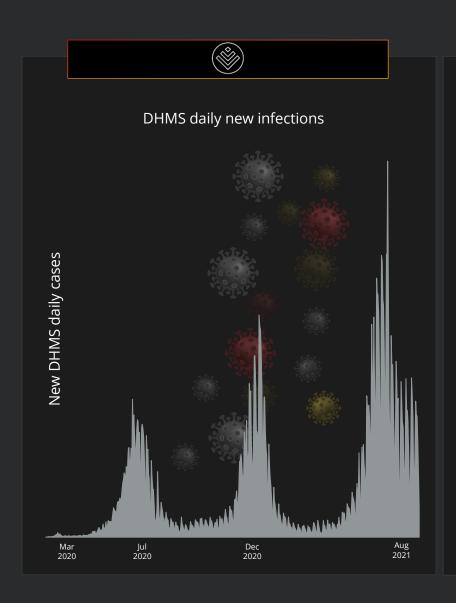
Impact of Long-COVID-19

Latent non-COVID-19 demand

Long-term health implications of behavioural disruption

## Impact of COVID-19 on Discovery Health Medical Scheme





#### Discovery Health Medical Scheme data to date



1 579 451

Members requiring a COVID-19 test



**6 102** 

Members who needed extensive inhospital intervention (ventilation support)



**45 373** 

Members tested positive and required follow up care (hospital admissions)



13 460

Members needing care in excess of R100 000 as a result of COVID-19 symptoms



33 611

Members who have received a pulse oximeter



10 999

Members needing ICU level care as a result of COVID-19



68

Members being treated at home with Connected care at Home

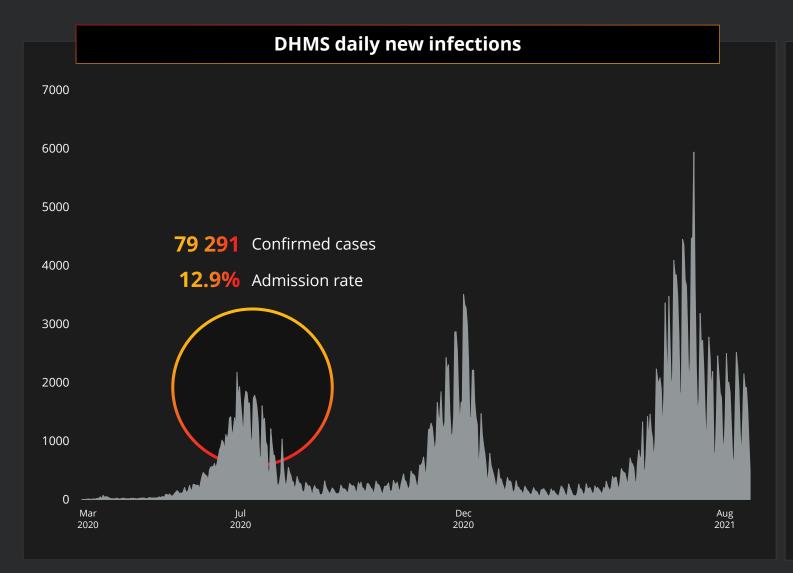


29%

Eligible members who have received one vaccine\*

## Progression of the COVID-19 pandemic





#### 1st wave insights



Non pharmaceutical interventions, including a stringent national lockdown were successful in flattening and delaying the COVID 19 peak, while alleviating the pressure on healthcare system



Focus on preparation of the healthcare system including procurement of PPE



Variation in use of clinical treatments, both globally and locally



Significant impact on health-seeking behaviour, with a deterioration in the screening, registration and management of new and existing chronic conditions.



Ramp-up and adoption of digital healthcare technologies

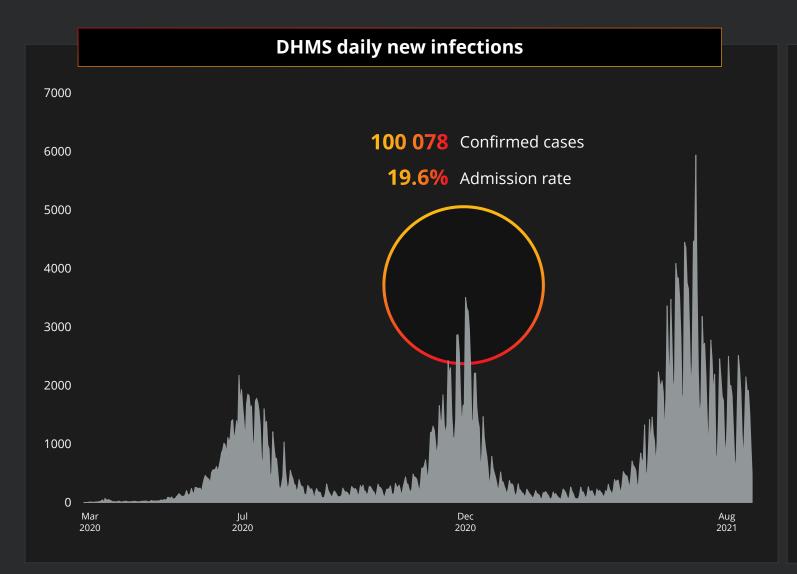


Widespread education and awareness campaigns

DHMS internal data as at August 2021 6

## Progression of the COVID-19 pandemic





### 2<sup>nd</sup> wave insights



Surge in infections driven by the Beta variant



Series of significant waves with widespread outbreaks initially in Eastern, Western Cape and KZN caused by localized festive season super-spreader events



Adjusted lock-down levels introduced to reduce infection rates whilst balancing the economic impact



Advancements in clinical treatments



Reduction in healthcare utilization due to lack of health-seeking behavior



Improvement in outcomes for high-risk members due to impact of remote monitoring solutions such as pulse oximeters

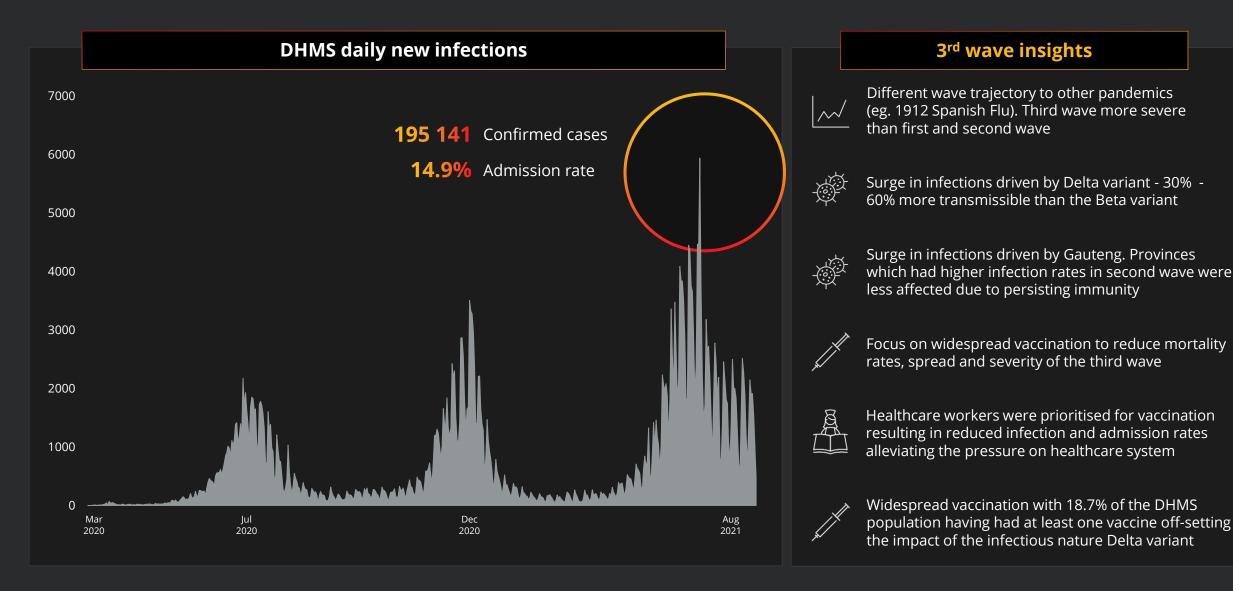


Emergence of "long-COVID" and long-term health implications of non-seeking healthcare behaviour

DHMS internal data as at August 2021

## Progression of the COVID-19 pandemic

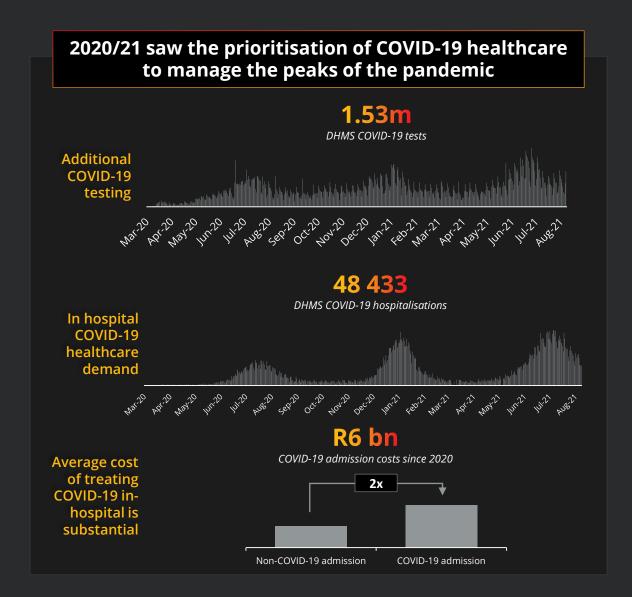


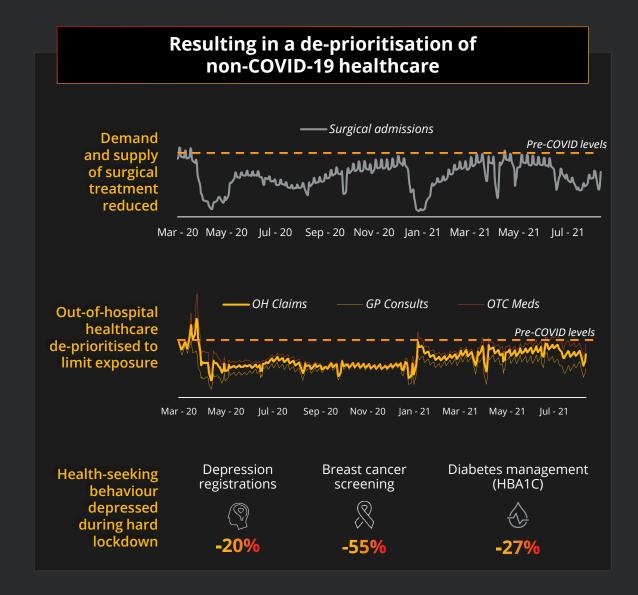


DHMS internal data as at August 2021

### How members have used healthcare during COVID-19



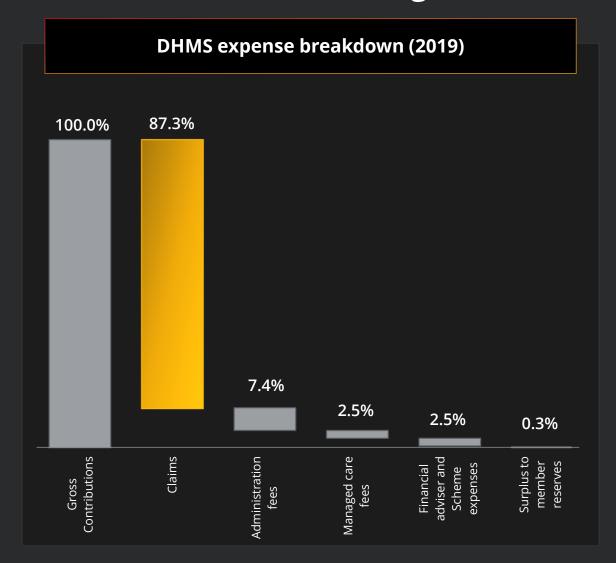


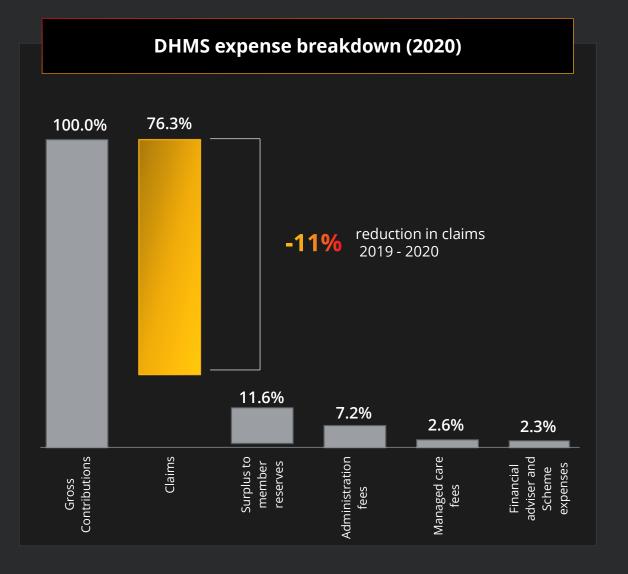


Source: DHMS internal data; 2021

# Net DHMS claims expenditure was 11% lower in 2020 due to reduction in health-seeking behavior







Source: DHMS internal data; 2019 / 2020

## video



## Protecting and supporting our members during COVID-19





#### **Protecting our** members





## Adapting to changing healthcare environment





## Supporting through financial relief initiatives

#### **Ensure members and employers** stay informed and protected

#### **Screening for COVID-19**

Discovery

Discovery Risk Assessment









#### Clinical and analytic insights to inform and protect members

COVID-19 information hub



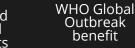
**Employer** 7oné

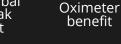


#### **Guarantee access to high-quality healthcare**

#### First to market COVID-19 benefits

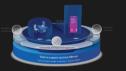
GP initiated virtual consults







Discovery Vaccinatión Network

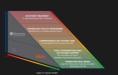


#### Benefits to support changing healthcare needs in 2020 and beyond

Discovery Connected Care



Mental wellbeing enhancements`



Improving health outcomes

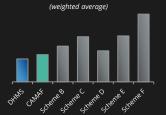


#### Support members to navigate the financial strain of COVID-19

#### **Unique DHMS Contribution Freeze**

R2.2bn

worth of contribution saved for DHMS members



2021 Contribution increases

#### **Contribution relief initiatives for** members and employers

Member contribution support

COVID-19 concessions

**15 000** 

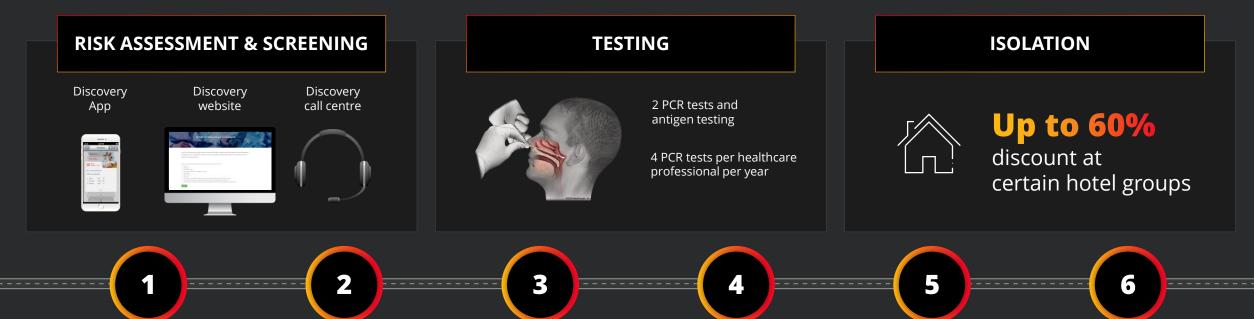
*Members with up to 3* months contribution relief via MSA

**R206m** 

deferred contributions for SMEs

### First to launch COVID-19 WHO Global outbreak benefit





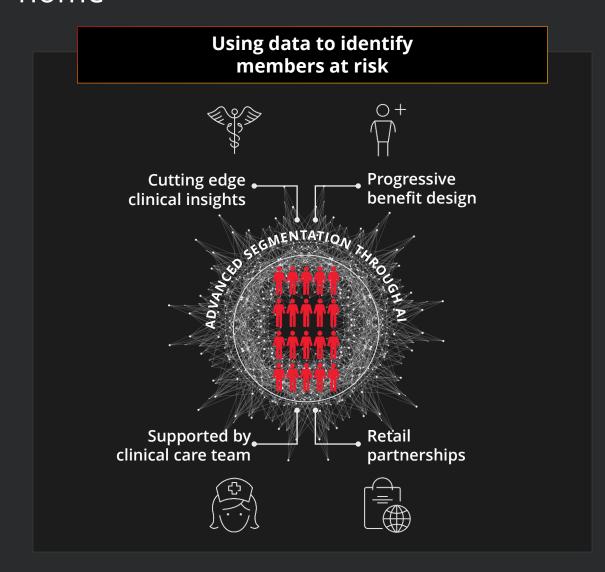


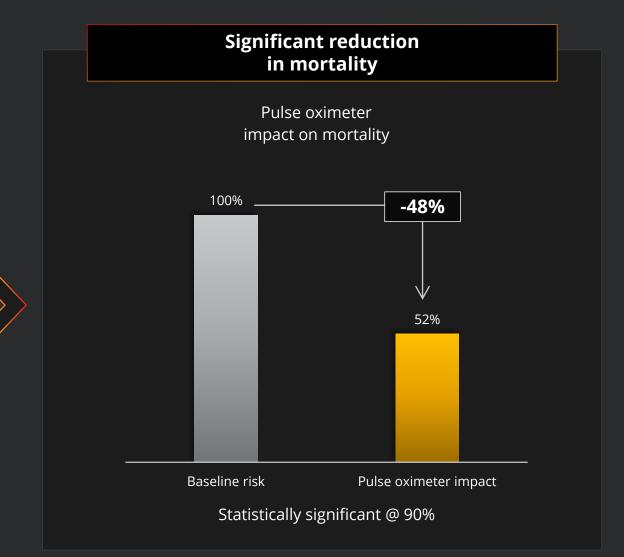




# Savings lives by identifying high-risk members and caring for them at home





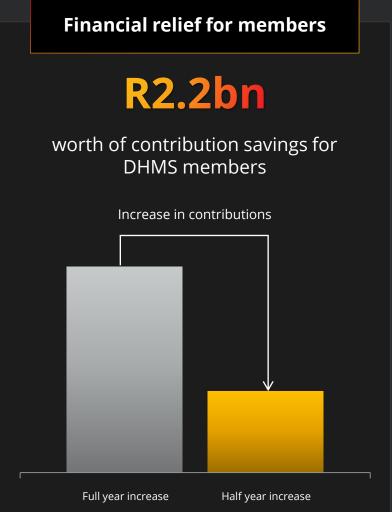


Source: DHMS internal data; April 2021

### Impact of the 2021 Contribution Freeze for members





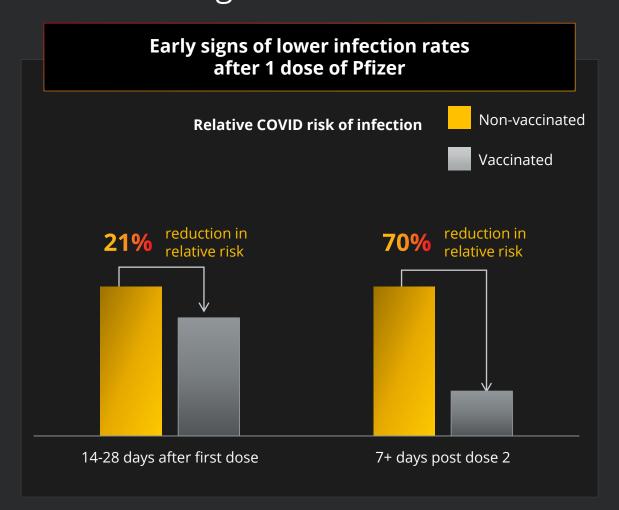


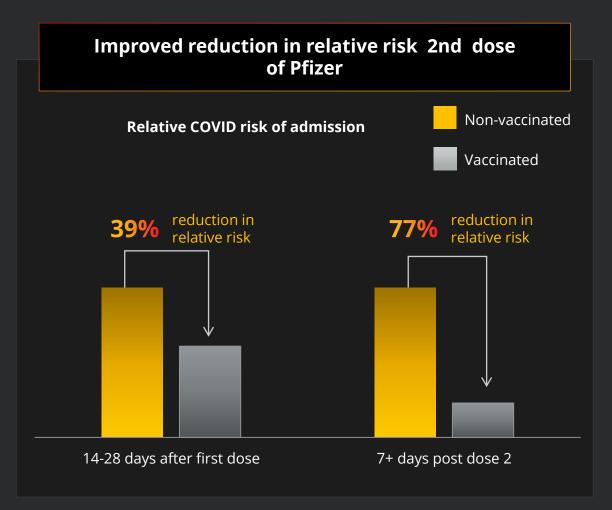


Source: DHMS internal data; 2021

# Preliminary Discovery Health vaccination data supports efficacy of vaccination against COVID-19







Post Pfizer dose population vs. non vaccinated based on negative test control study

## Caring for members with complex and emergency healthcare needs



## 10 highest individual member claims paid in 12 months = R 72 million

R 13.2m Respiratory infections, COVID-19 infection Surgical procedures following multiple major R 7.7m injuries, COVID-19 infection R 7.5m Long term use of a ventilator (cardiovascular) R 7.0m Extensive burns with skin graft R 6.9m Long term use of a ventilator (cardiovascular) R 6.2m Long term use of a ventilator (cardiovascular) R 6.0m Heart implant/devices procedure R 5.8m Age 60: COVID-19 infection infection R 5.8m Surgical procedures in newborn babies

R 5.6m

Age 0:





worth of contributions to fund the highest claim



4 687

individuals claimed over R500 000



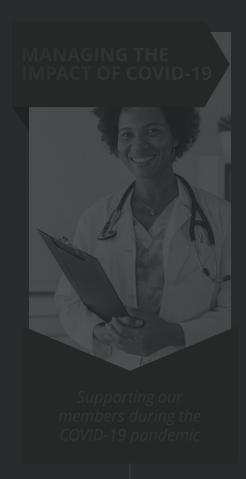
**1 250** 

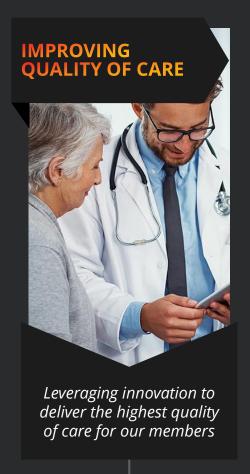
individuals claimed over R1 million

Long term use of a ventilator (cardiovascular)

### We exist for our members

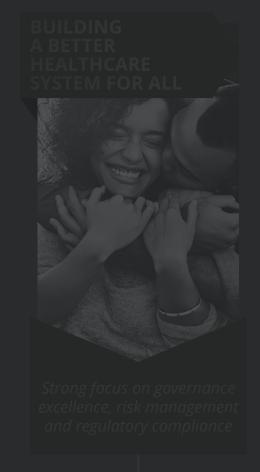












### Innovation to deliver better healthcare for our members





Discovery Connected Care



**Enhanced Mental Wellbeing Programme** 

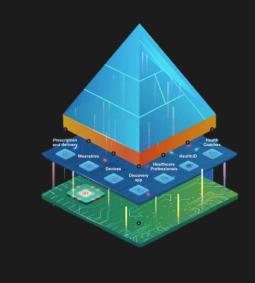


Enhanced Diabetes
Care Programme

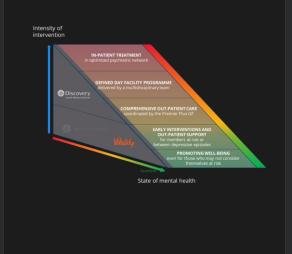


Improve quality of care for Discovery HomeCare

Enabling digital healthcare services leveraging platforms and big data



Enhanced support and benefit enhancements for mental wellbeing



Improving outcomes for members living with diabetes

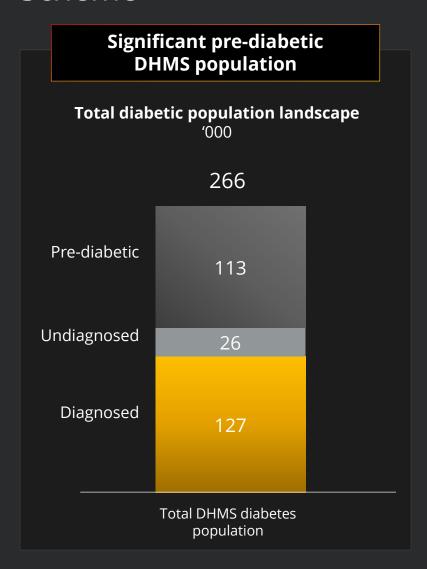


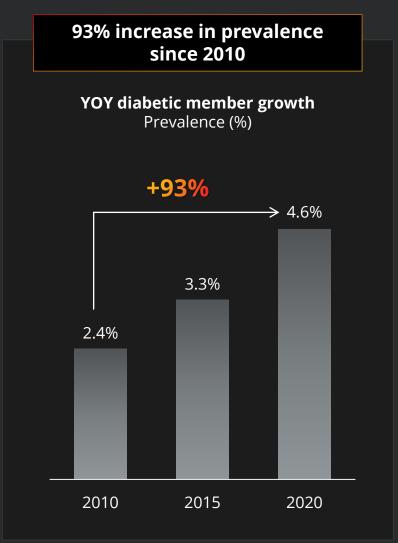
Digital application which heals patient wounds faster with best practice and consistent care

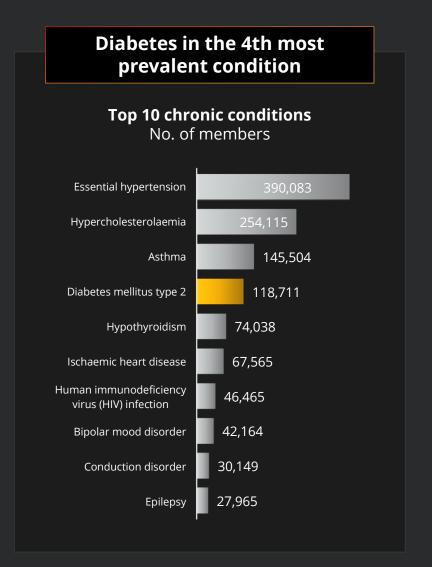


## Increasing prevalence of Diabetes in the Discovery Health Medical Scheme









Source: DHMS internal data; 2020

## Providing a holistic response to diabetes





Care co-ordination by a primary treating doctor



Virtual and physical access

Access a multidisciplinary team of healthcare professionals



Diabetes-specific coaching and navigation



Diabetes specific condition management



Remote monitoring and care at home





Premier Plus network (~2,000 GPs) DCC network (~100 providers)



Shared Value partnership with providers



Patient | provider interface: Track patients' compliance



Patient | Coach interface: Remote monitoring and patient support

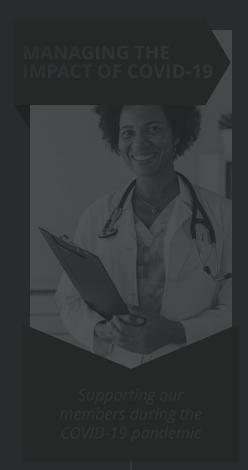


Virtual Consultation platform



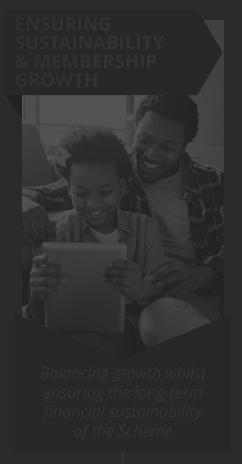
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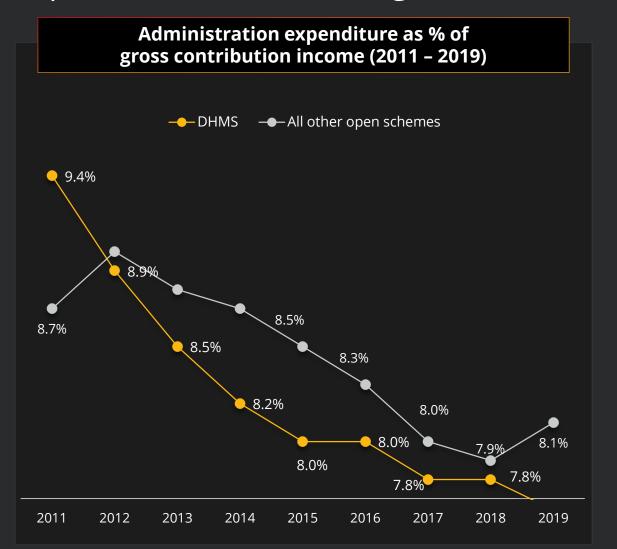


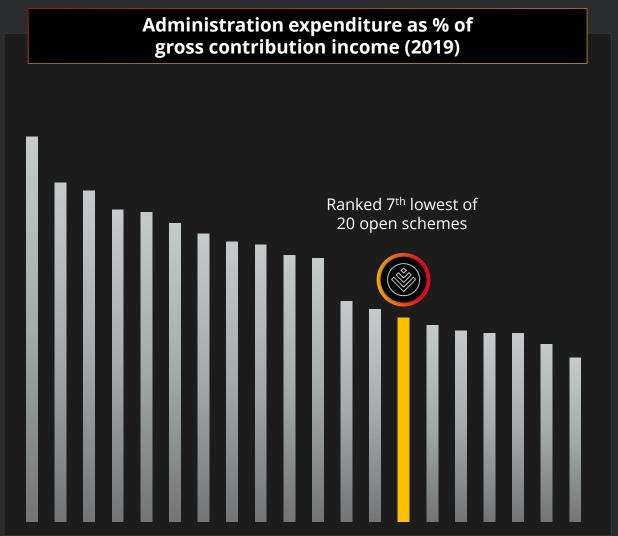




# Members benefit through continuously reducing administration expenditure that is among the lowest in the industry

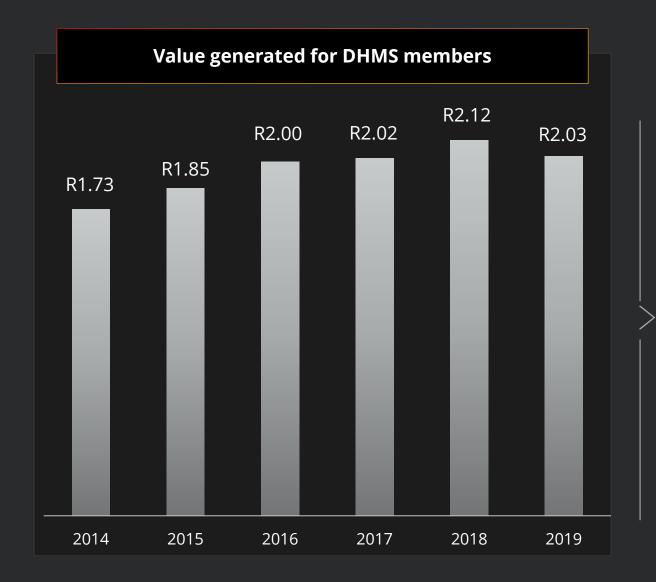






## Our members receive outstanding value from Discovery Health





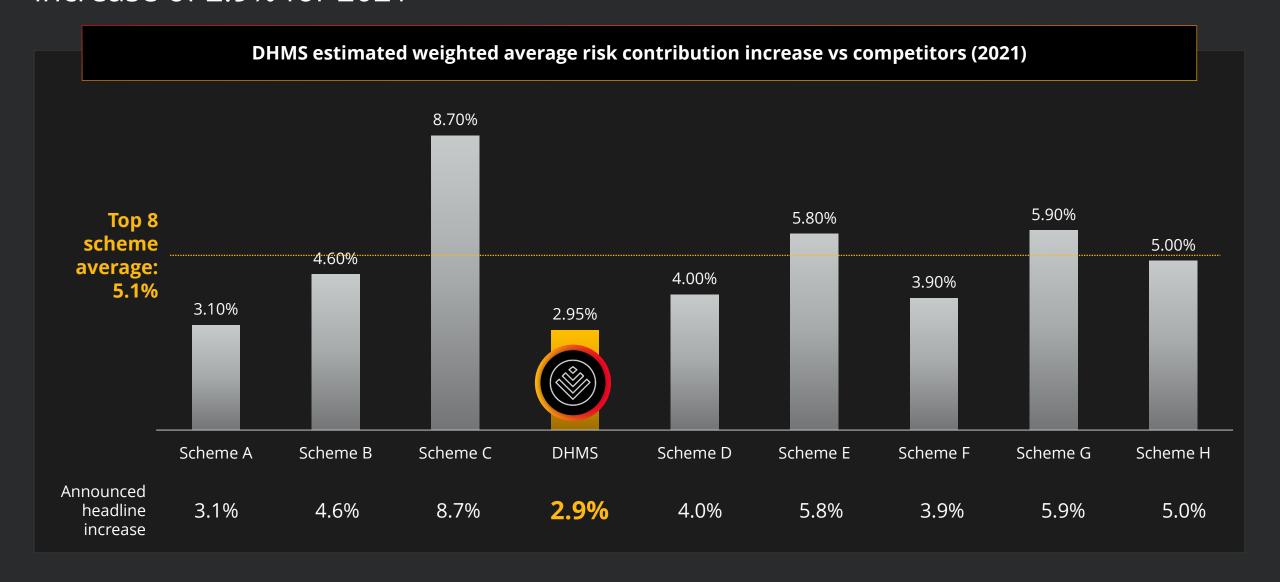
For every R1 spent on managed care and administration fees, members of DHMS derived R2.03 in value

**Deloitte.**Reviewed by Deloitte

Source: DHMS internal data; 2019

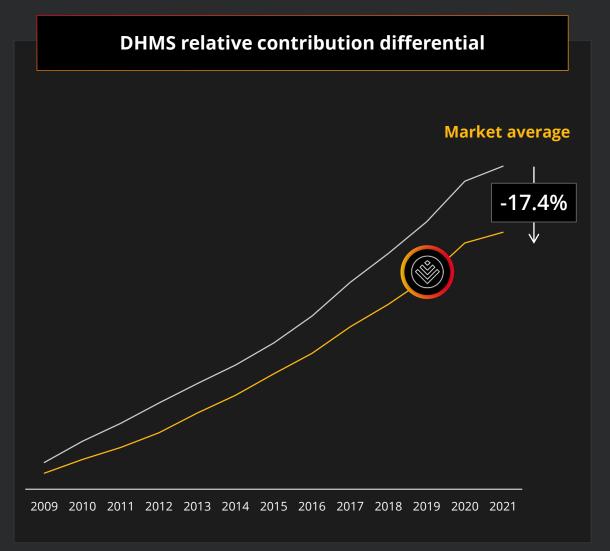
## Members experienced a weighted average risk contribution increase of 2.9% for 2021

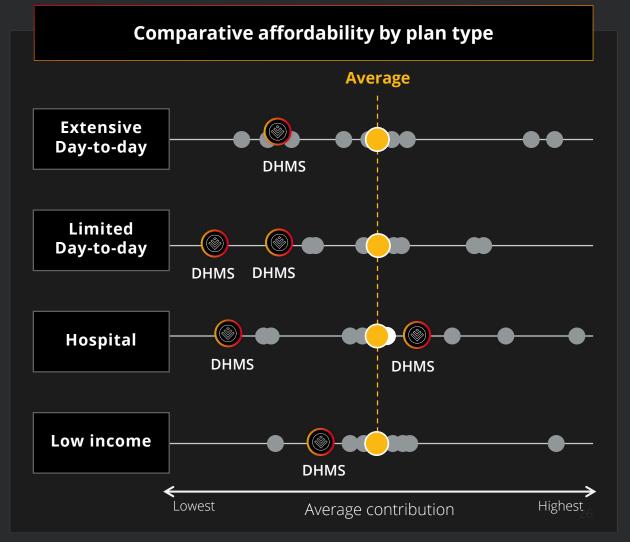




# Contributions are competitively priced across all plan types, usually with superior benefits

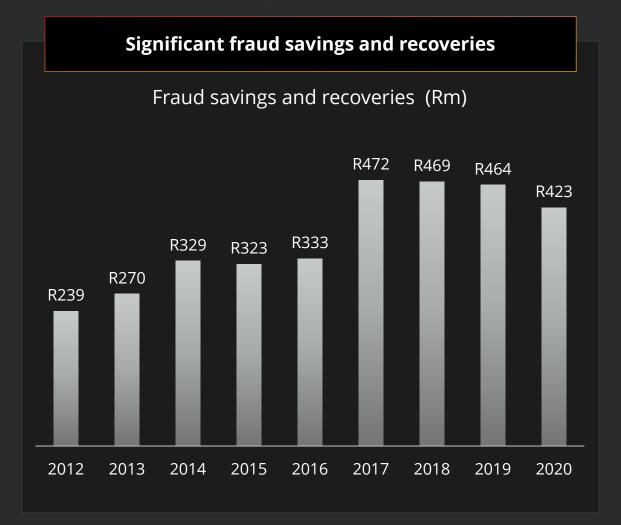


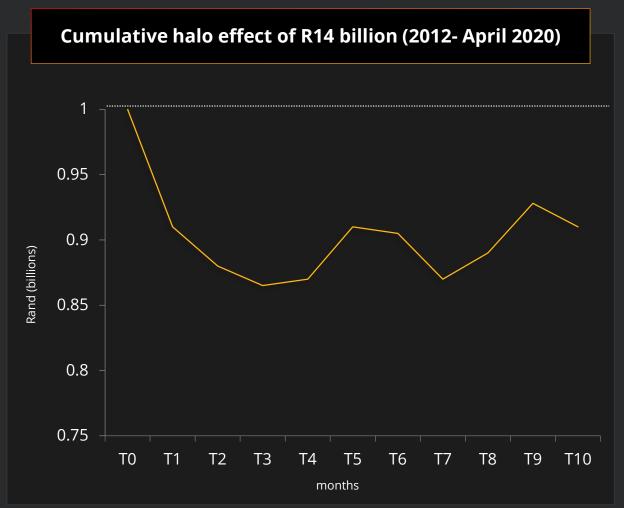




# Discovery Health's internal fraud measures have saved the Scheme ~ R1bn per annum







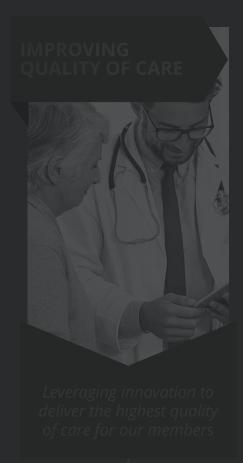
Members benefit through a 1.0% lower contribution increase every year

Source: DHMS internal data; 2020 27

### We exist for our members













## 2019 DHMS financial highlights: the Scheme is financially secure



	2018	2019	
Measure	(R million)	(R million)	% change pampm <sup>1</sup>
Gross Contribution Income	64,649	69,855	8%
Less savings contribution income	(11,820)	(12,632)	7%
Net contribution income	52,829	57,222	8%
Relevant healthcare expenditure <sup>2</sup>	(46,719)	(50,199)	7%
Gross healthcare result (contributions – claims)	6,110	7,023	15%
Broker service fees	(1,314)	(1,444)	10%
Expenses for administration	(4,876)	(5,156)	6%
Other operating expenses	(273)	(286)	0,1%
Net healthcare result (contributions – claims – expenses)	(352)	135	-138%
Net investment and other income <sup>3</sup>	1,168	1,757	20%
Net surplus for the year (including investment income)	816	1,563	91%

<sup>&</sup>lt;sup>1</sup>Per average member per month

<sup>&</sup>lt;sup>2</sup>Includes accredited managed healthcare fees

<sup>&</sup>lt;sup>3</sup> Net investment income and other income (net gains on financial assets at fair value through profit or loss, and sundry income) less other expenses (expenses for asset management services rendered and interest paid)

## 2020 DHMS financial highlights: the Scheme is financially secure



	2019	2020	
Measure	(R million)	(R million)	% change pampm <sup>1</sup>
Gross Contribution Income	69,855	74,537	8%
Less savings contribution income	(12,632)	(13,294)	7%
Net contribution income	57,222	61,242	9%
Relevant healthcare expenditure2	(50,199)	(46,656)	-6%
Gross healthcare result (contributions – claims)	7,023	14,586	111%
Broker service fees	(1,444)	(1,489)	5%
Expenses for administration	(5,156)	(5,389)	6%
Other operating expenses	(286)	(177)	-37%
Net healthcare result (contributions – claims – expenses)	135	7,450	5483%
Net investment and other income3	1,757	1,920	11%
Net surplus for the year (including investment income)	1,563	9,006	485%

<sup>&</sup>lt;sup>1</sup>Per average member per month

<sup>&</sup>lt;sup>2</sup>Includes accredited managed healthcare fees

<sup>&</sup>lt;sup>3</sup> Net investment income and other income (net gains on financial assets at fair value through profit or loss, and sundry income) less other expenses (expenses for asset management services rendered and interest paid)

# How do we ensure we are here for our members, tomorrow and into the future?



We measure key metrics for a sustainable medical scheme:

Membership size **Absolute reserves Growth and sustainability** Membership growth Financial strength **Pricing sufficiency Plan movements Prudent investments Contribution increases** 

# How do we ensure we are here for our members, tomorrow and into the future?

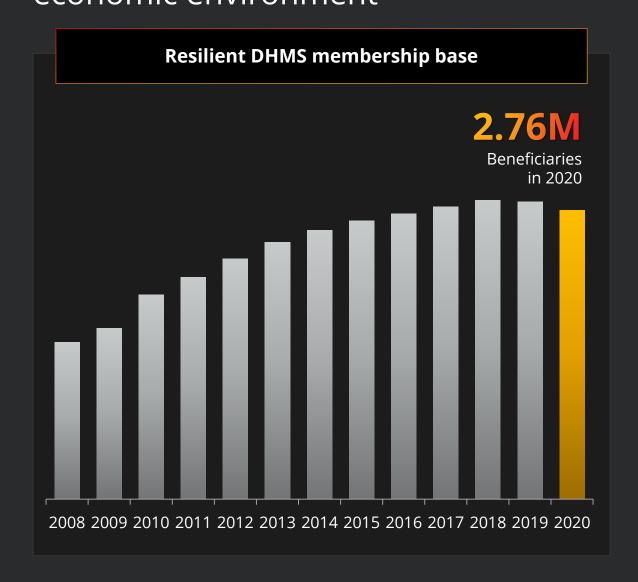


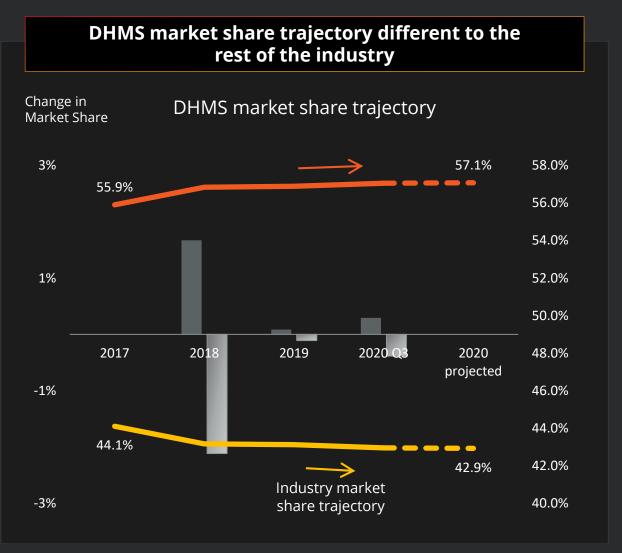
We measure key metrics for a sustainable medical scheme:

	Membership size	Greater risk pooling means more predictable claims experience and accuracy in pricing, leading to stable performance.
stainability	Membership growth	Continuous growth of young and healthy beneficiaries improves risk pooling and reflects attractiveness and competitiveness of the Scheme through cross-subsidisation principles.
SL		
Growth and sustainability	Plan movements	Indicates <b>satisfaction</b> , stability in benefit design and appropriate pricing.
	Contribution increases	Reflects effective risk management and value proposition to members.

# DHMS continues to gain market share through a challenging 2020 economic environment





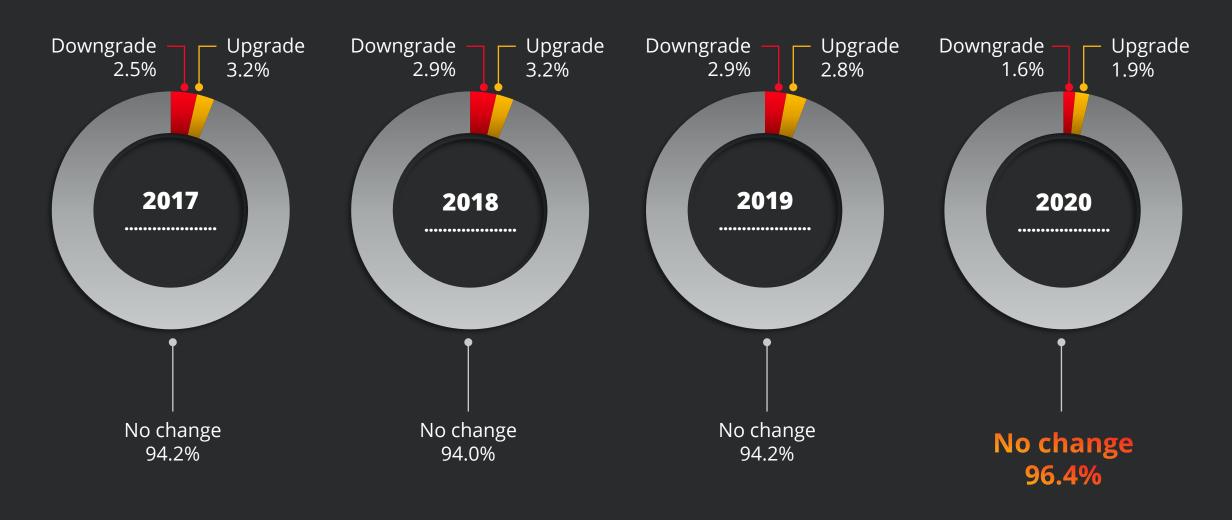


Source: DHMS internal data; 2020/21

### Consistent pattern of stable plan distribution



### Stability in plan movements over time | 96% of members do not change plans



Source: DHMS internal data 34

# How do we ensure we are here for our members, tomorrow and into the future?

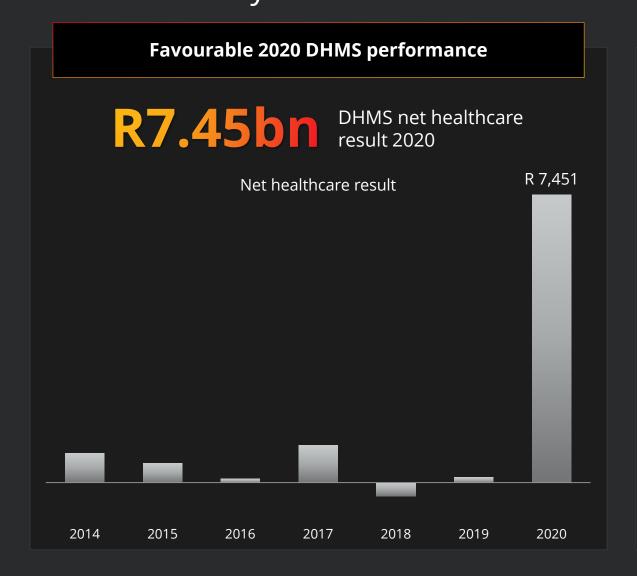


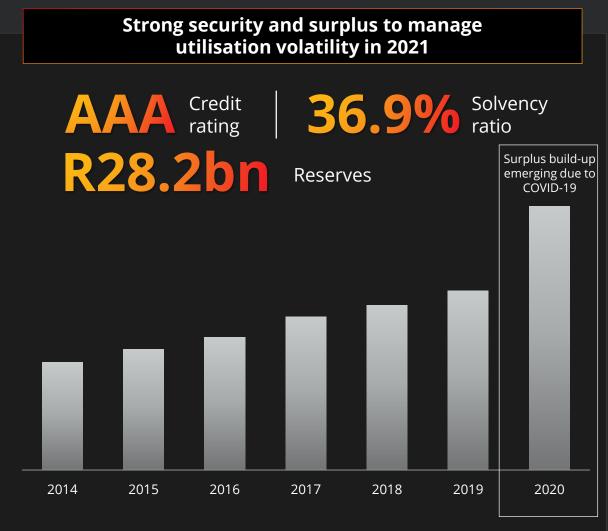
We measure key metrics of a sustainable medical scheme

Demonstrates ability to meet large, Absolute reserves unexpected claims variation. Financial strength Surplus year-on-year reflects **contribution levels** that are in **Pricing sufficiency** line with expected membership and claims. Ensuring that **investment returns** are maximised within an Prudent investments acceptable and conservative level of risk

# DHMS is well-placed to manage healthcare utilisation uncertainty in 2021 and beyond







Source: DHMS Financial results 36

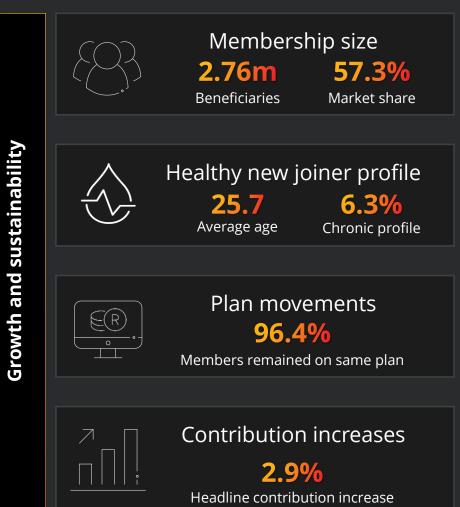
## How do we ensure we are here for our members, tomorrow and into the future?

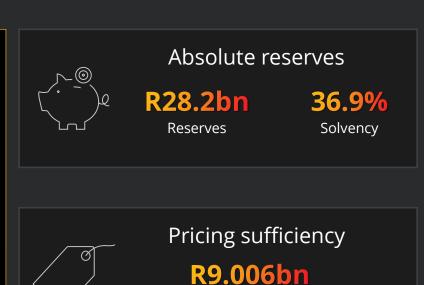


We measure key metrics for a sustainable medical scheme:

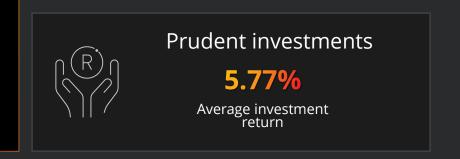
For every R1 spent on managed care and Value for money administration fees, members of DHMS derived **R2.03** 

in value





Financial strength

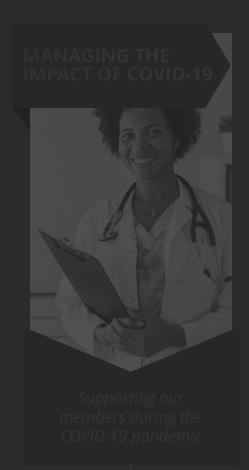


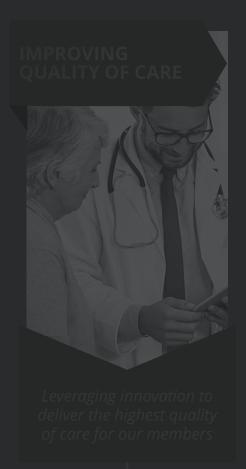
Net healthcare

result

### We exist for our members



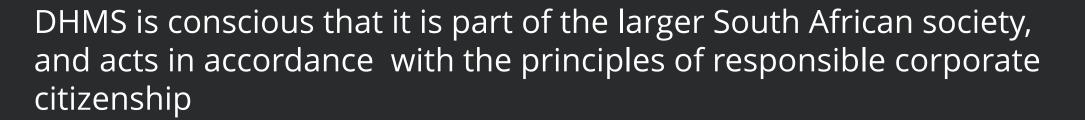




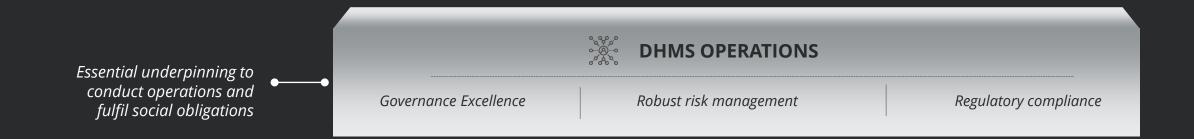






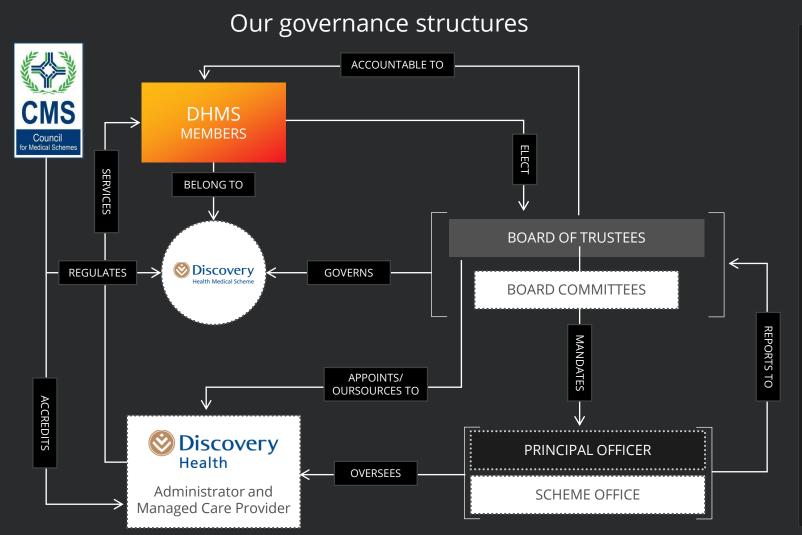




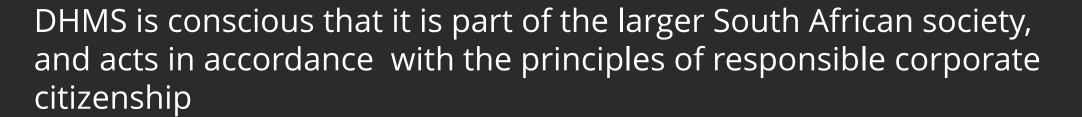


## Strong, independent governance structures with majority member-elected Trustees

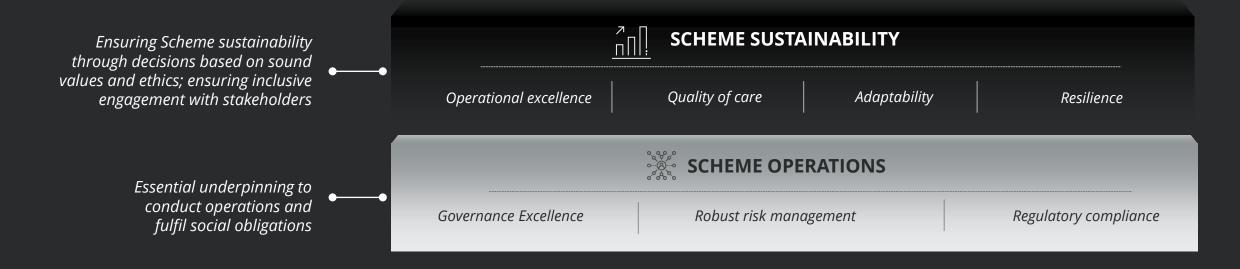










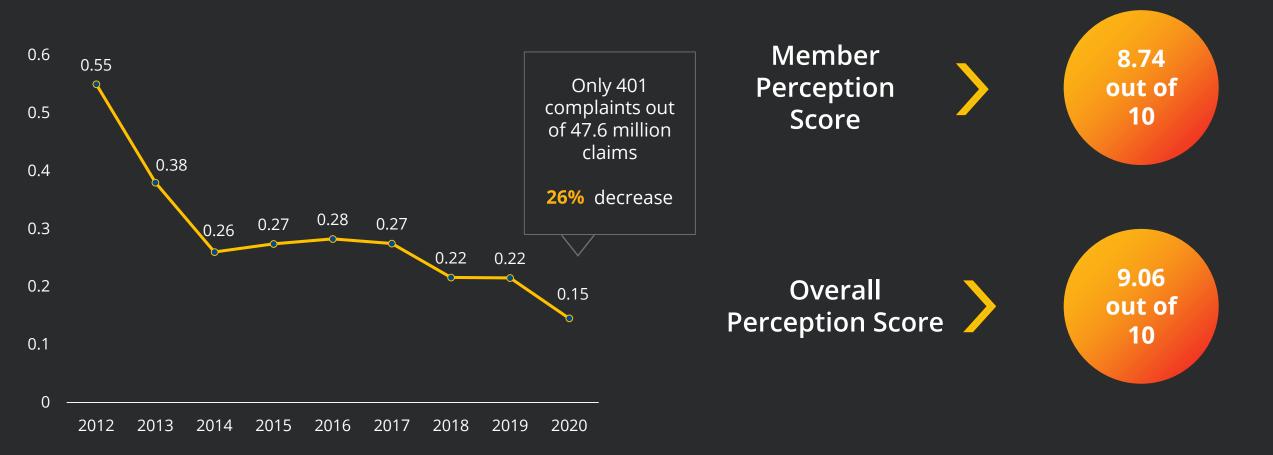


## Ensuring Scheme sustainability and service levels through improving member satisfaction





#### Consistently high stakeholder satisfaction



# DHMS is conscious that it is part of the larger South African society, and acts in accordance with the principles of responsible corporate citizenship





## Industry participation



## **Supporting Health Market Inquiry recommendations**



- Contributing to Health Quality
   Assessment to improve quality
   measures for the industry
- Through HFA, engaging with the Competition Commission to collaborate towards implementation of recommendations

#### Protecting members' funds



- Signatory to the FWA Industry Charter
- Contributing to the development of an industry code of conduct

#### **Expanding access to healthcare**



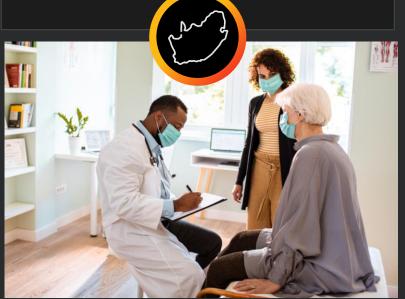
- Low Cost Benefit Options Framework
  - Ensuring access to primary care for currently uncovered population
  - More than 2.5 million people could afford this cover
  - Less than 40% of formal sector employees have access to their employer's medical scheme

## DHMS fully support the principles of NHI



Discovery Health Medical Scheme fully supports the principles of NHI, and wants to be a part of the solution towards universal healthcare for South Africa We propose certain key amendments to the bill in order to strengthen governance, improve clarity and enable the private healthcare system to coexist in parallel while NHI evolves

This supports better levels of healthcare for the entire population



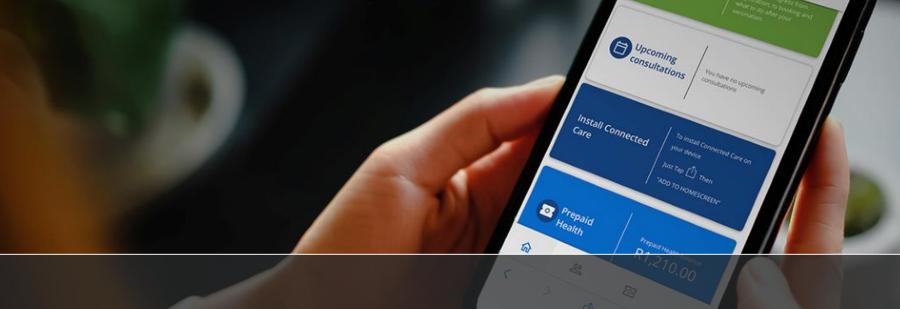








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## DHMS ANNUAL GENERAL MEETING

CEO Discovery Health | Dr Ryan Noach August 2021





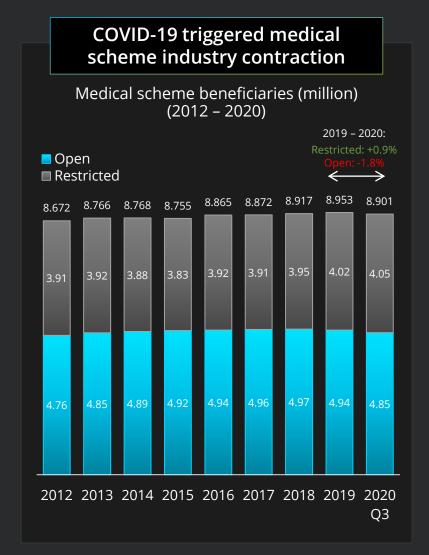
Review of past performance

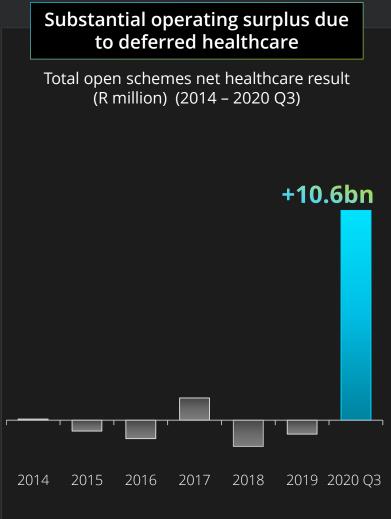
Member support throughout COVID-19

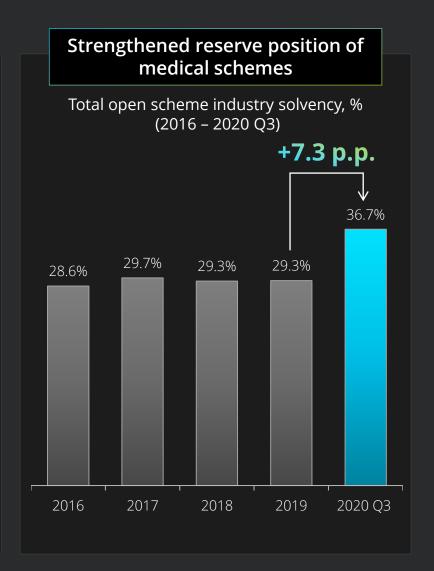
Trends impacting healthcare in 2021 and beyond

## Medical scheme industry performance is reflective of global healthcare trends



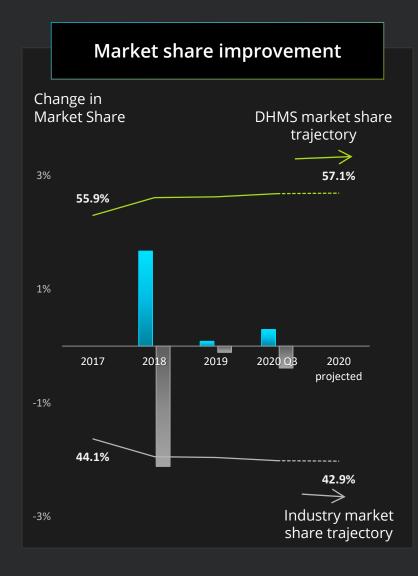


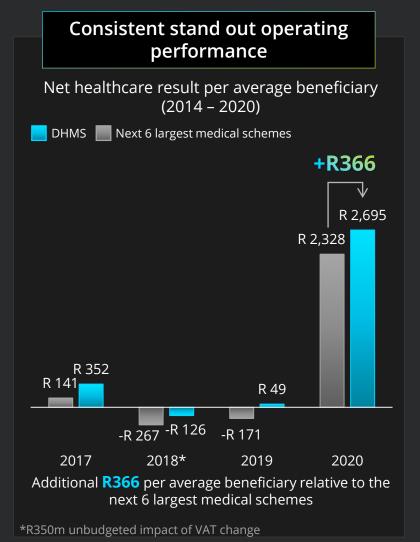


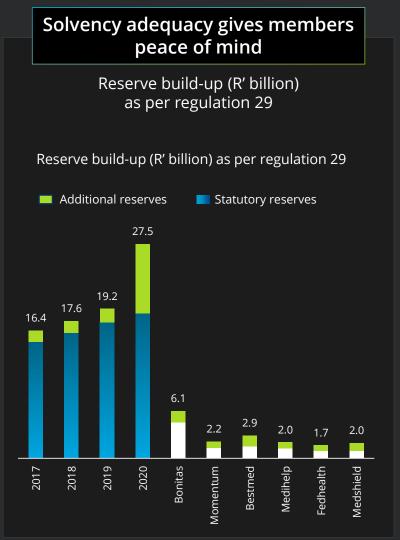


### DHMS demonstrates outlier performance over 2019 and 2020 periods



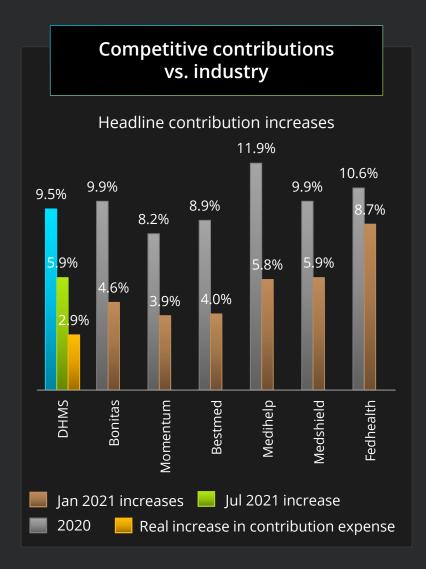


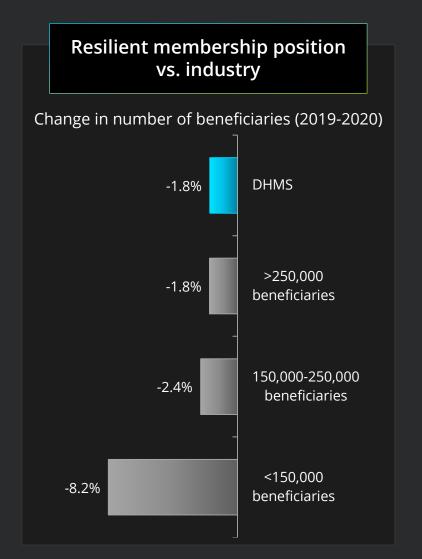


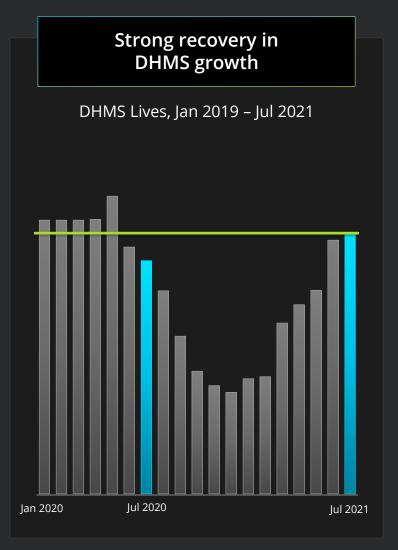


## DHMS continues to show member value through a challenging 2020 economic environment



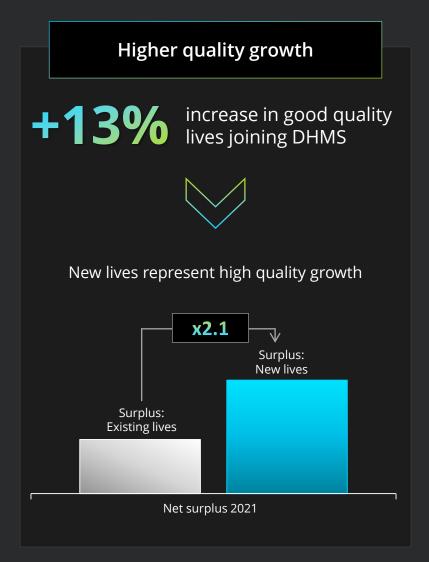


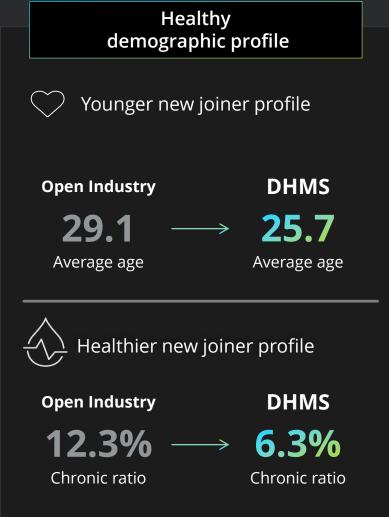


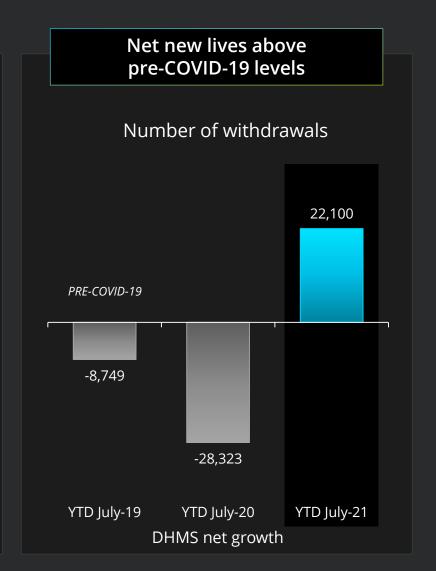


### DHMS new growth represents a flight to quality







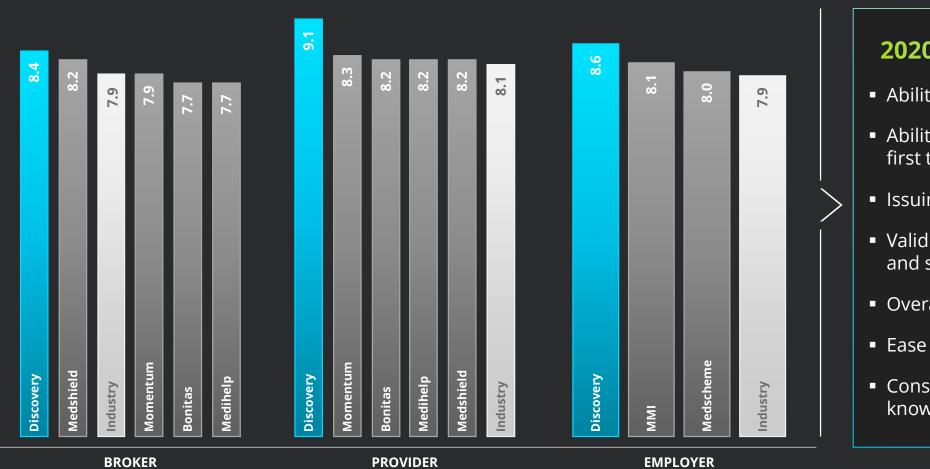




## External survey results also reflect improvements in overall customer sentiment over the period



#### Catalyst Research and Strategy results | 2020



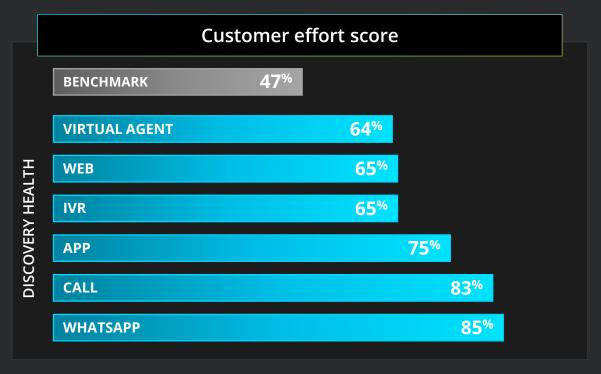
#### **2020** improvement areas

- Ability to adapt to client needs
- Ability to resolve queries first time
- Issuing of policy documents
- Validity of claims queries and submissions
- Overall stability of online service
- Ease of accessing information
- Consultants friendly, knowledgeable and helpful

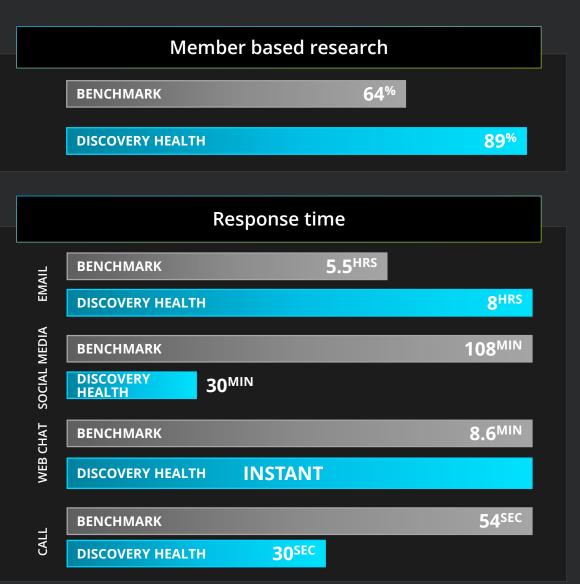


## Dimension Data Global Benchmarking results for 2020 indicates DH outpaces benchmarks









## Summary | Industry and DHMS position over 2020 and 2021 period



1



The open scheme industry contracted over the period

2



Industry scheme solvency improved owing to reduced healthcare utilisation

3



DHMS
outperformed the
industry on
membership
growth,
operational
performance
and financial
performance

4



DHMS members
experienced the
lowest real
increase in total
contributions paid,
following an
innovative
contribution
strategy

5



DHMS growth rebounded making up 2020 losses and exceeding pre-COVID levels 6

Quality of DHMS new lives is healthy and improves DHMS' long term sustainability





Review of past performance Member support throughout COVID-19

Trends impacting healthcare in 2021 and beyond

### DH and national COVID-19 experience at a glance



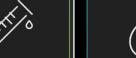
DH

1,934,168



15,752,534

**Tests** conducted



54.6%

Testing rate



Testing rate

**Positive** cases

386,901



2,638,981

10.9%

**COVID** proportion of DH lives

35.2% 382,848

Unique DH entities **Active** cases

26,093



158,584

6.7%

% Active

Repeat cases

4,042



2,402,020

**Recoveries** 

348,077

1.04%

Proportion of repeat positive 90.0%

Recovery rate

344,533

Unique DH entities **Members** admitted

56,292



**Deaths** 

12,731



78,377

**Vaccines** administered

849,936



9,962,111

54.6%

**Proportion** admitted

3.5%

Case fatality rate 54.6%

% vaccinated



8.2%

Proportion readmitted

Hospital mortality rate

17.8% 16.71%

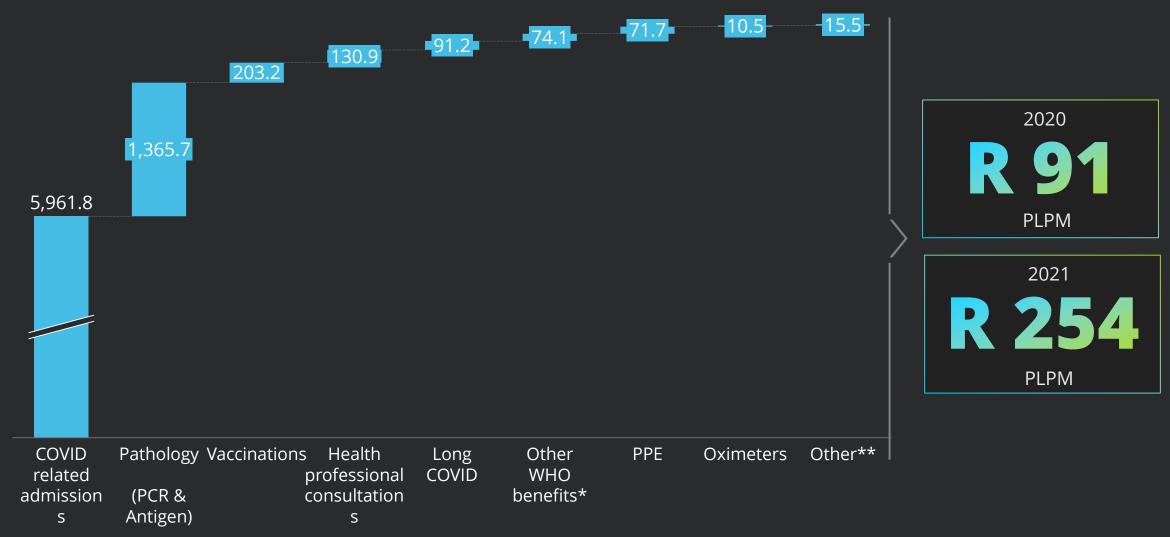
**Proportion** administered national



### Total cost of COVID-19 to DHMS is R 7.9bn so far



COVID-19 related costs from start of pandemic (2020 full year and YTD July 2021), Rbn

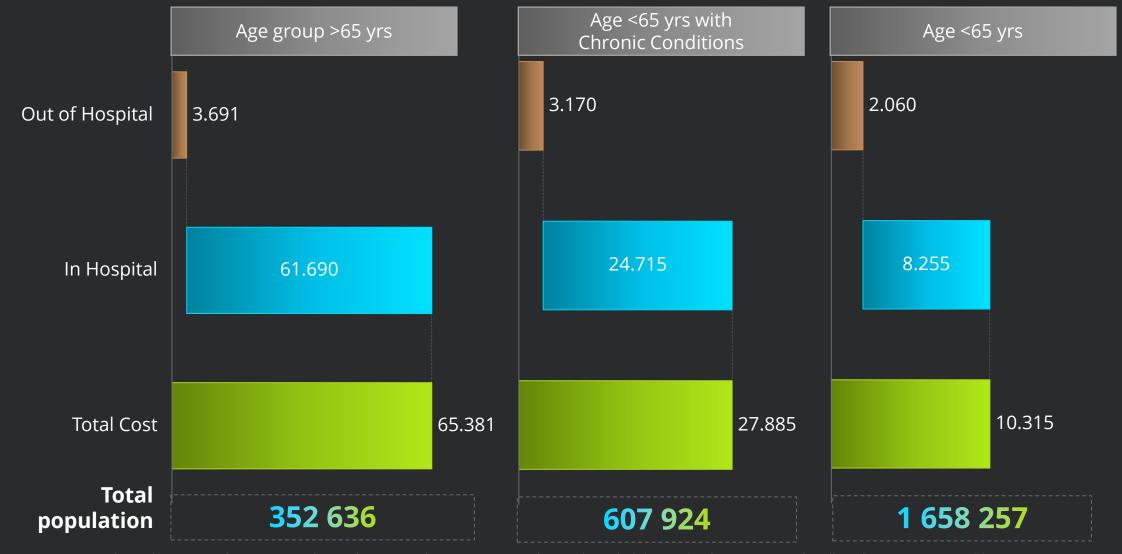


<sup>\*</sup>Other WHO benefits include: Radiology, medication and other pathology

<sup>\*\*</sup>Other includes: High risk consultations, Isolation hotels, other casualty consults and medication

## COVID-19 costs between R10k – R65k per episode, depending on age and underlying disease status





- Assumes total cost from start of COVID Episode (confirmation of positive test) until episode ended due to death or recovery, for all DH lives 16 years or older
- First and subsequent infections are estimated to have same costs Source: Discovery Health

## Hyper-innovation over COVID-19 period to support members throughout pandemic



#### Our people

#### **DHMS** members

#### Healthcare professionals

#### Our country

#### **Educate and inform**



**Protect** 

**85%** 

of all employees migrated to work from home

RISK-ADJUSTED OPERATING LEVELS	LOCKDOWN ZONE MORE THAN 80% WFH	RED ZONE 60% TO 80% WITH	AMBER ZONE 40% TO 60% WEH	GREEN ZONE 20% TO 40% WFH
SA LOCKDOWN LEVELS	LEVEL 5	LEVEL 4 & 3	LEVEL 2	LEVEL 1
SA OUTBREAK STATUS	Increasing outbreaks Strained hospital capacity Very limited immunity	Increasing outbreaks Strained hospital capacity Limited immunity	Controlled outbreaks Stable hospital capacity Early stage immunity	Reducing outbreaks Sufficient hospital capacity Increasing immunity
NATIONAL & PROVINCIAL OUTBREAK METRICS	Increase in new infections Infections/100,000/day Greater than 5% CDGR	Increase in new infections Infections/100,000/day 3% to 5% CDGR	Plateau in new infections <10 infections/100,000/day 1% to 3% CDGR	Decline in new infections <i 1%="" 100,000="" cdgr<="" day="" infections="" less="" td="" than=""></i>
DISCOVERY INFECTION & PUI METRICS	Increase in new infections Increase in new PUI's	Increase in new infections Increase in new PUI's	Plateau in new infections Plateau in daily new PUTs	Decline in new infections Decline in daily new PUTs

Clinical risk matrix



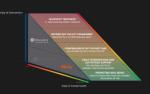
Wellbeing at Home

#### Reimbursement

Hospital@Home and VC benefits



Testing benefit



Enhanced mental health support

#### **Educate and inform**

COVID-19 Info Hub



#### **Protection**

COVID Business support



High risk member management



Employer Vaccination Support

#### **Financial support**

Member and SMME premium concessions

**R370m** 

Zero % contribution increase for H1 2021

#### **VBC** arrangements

GP & Specialist Episode fees for care at home





Isolation hotels (also available to members)



Flu vaccines for healthcare professionals

#### COVID Alert SA

### Free VCs for all South Africans





#### **Public Private Collaboration**







#### **Discovery Health Insights Hul**





#### **Vaccinations**



Vaccination site network



Discovery Vaccine Navigator with booking functionality

## Protecting our people throughout the outbreak



#### **Enabling remote work at** scale



10,000+ Staff working remotely



6,400 VPN connected staff

#### **Ensuring business** continuity



64,200 Video sessions/calls run per day



15,000 Users enabled (Skype/Teams/Zoom)

#### Ongoing engagement and support





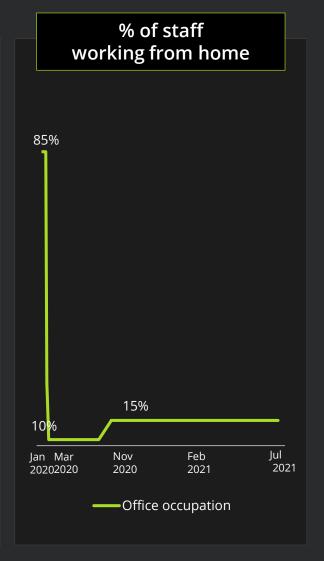




#### Risk-adjusted matrix

- Discovery's clinical risk matrix informs the return to office strategy
- The risk matrix monitors both national and Discovery lead indicators
- The COVID Leadership team monitors the situation continuously and carefully to ensure we act responsibly

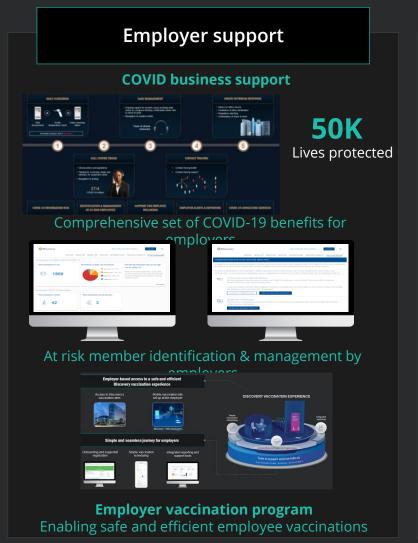
RISK-ADJUSTED OPERATING LEVELS	LOCKDOWN ZONE MORE THAN 80% WFH	RED ZONE 60% TO 80% WFH	AMBER ZONE 40% TO 60% WFH	GREEN ZONE 20% TO 40% WFH
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DISCOVERY INFECTION & PUI METRICS	Increase in new infections Increase in new PUI's	Increase in new infections Increase in new PUI's	Plateau in new infections Plateau in daily new PUI's	Decline in new infections Decline in daily new PUI's

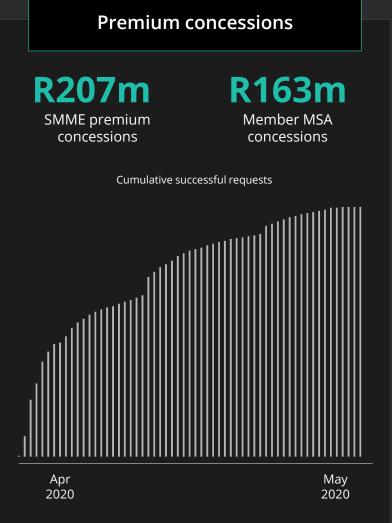


## Supporting members through COVID-19 period



#### At Risk member management Assist members to understanding their health risk Risk Nurse consultation assessment Identify members at risk of developing COVID—19 **Educate & assess** Access overall wellbeing appropriate complications healthcare Monitor at-risk members to prevent silent hypoxia **On-going Pulse oximeter** monitoring

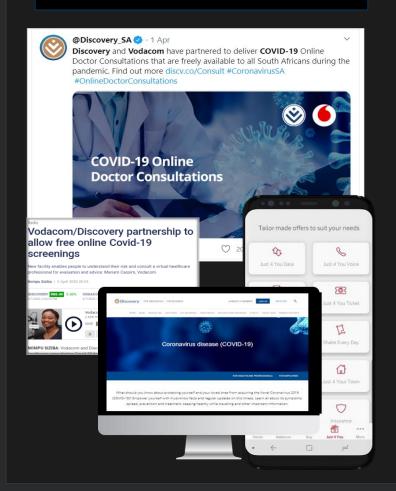




### Contribution to national fight against COVID-19



## Free virtual healthcare platform for all South Africans with Vodacom



## Support and involvement in the Solidarity Fund



R10.0m Discovery CSI Fund donation

**R5.0m** Discovery Foundation donation

**R3.7m** Director salary sacrifices

R1.0m Top-up donation

**R0.6m** Staff contributions

R0.2m DiscoveryMoveToGive

**R20.5m** 

## Development of SA's official contract-tracing app





### Meaningful contribution to the National vaccination effort



>800,000

Vaccinations delivered to members of Discovery Health administered schemes to-date

420,000

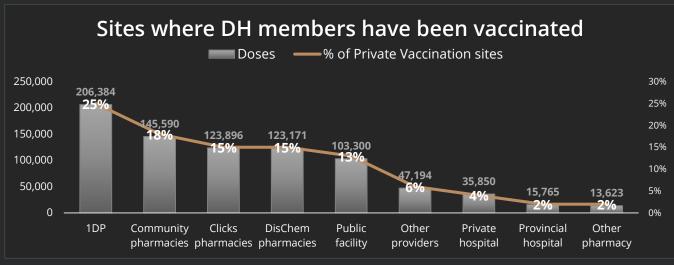
Vaccinations delivered across Discovery Health vaccination sites to-date



Vaccinations / day / site

Number of sites







Vaccine navigator on Discovery Connected Care supports end-to-end vaccination journey



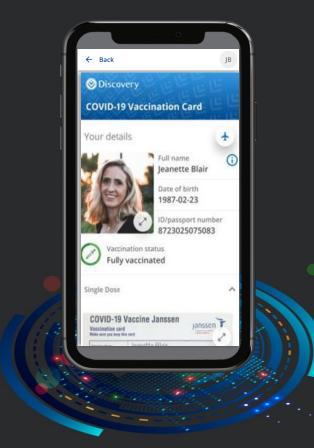
Access accurate information

- COVID-19 Information Hub
- Vaccination preparation guides
- Post-vaccination guides

Registration and booking of a vaccination appointment

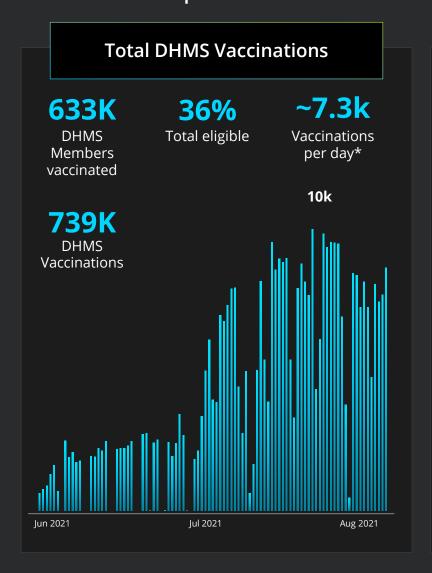
Identification on arrival, tracking and reminders for second doses, and follow-up

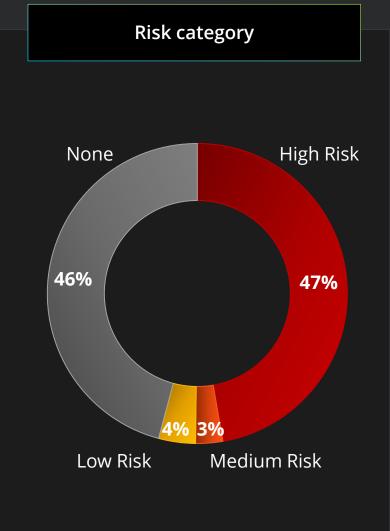
Digital copy of vaccine certificate

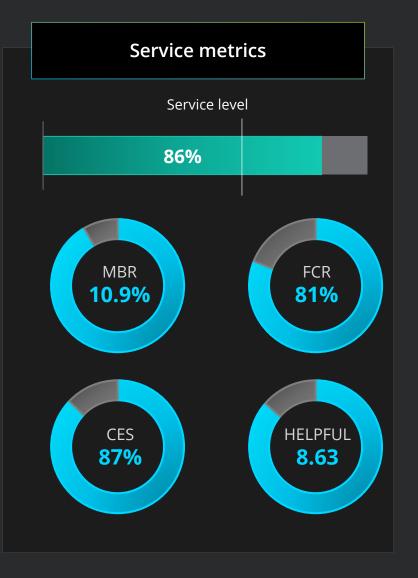


## Ensuring seamless DHMS member journey throughout COVID-19 vaccination process









<sup>\*</sup> August vaccination rate

## Publishing world leading analytics on vaccine safety and efficacy



#### Discovery Health insights hub



#### **Research with Medical Research Council**

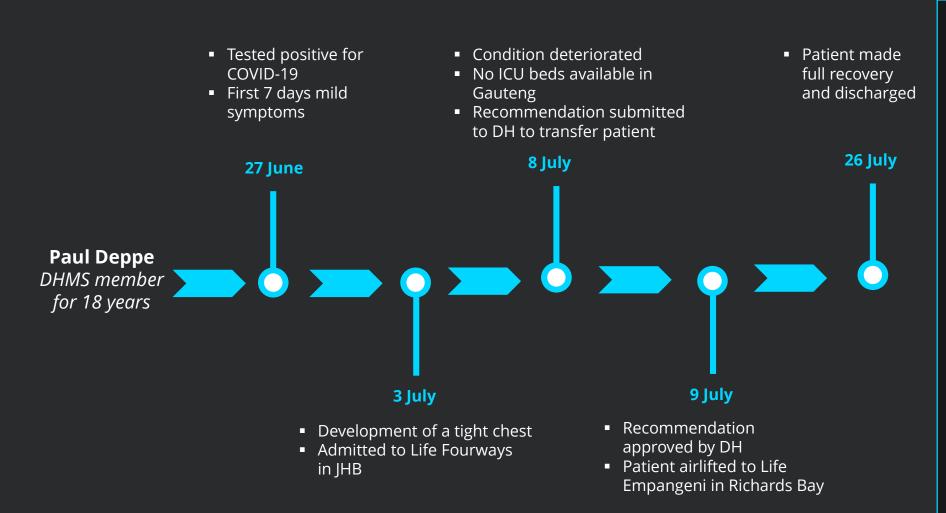


#### Webinars and media engagements



### Extending care in extreme circumstances to save every life possible





"I am a survivor today because of the treatment I received at the Life Hospitals and the quick decision made by Discovery to approve my transfer from Johannesburg to Richards Bay. For this I am eternally grateful.

Discovery have also provided excellent service handling all my queries both while in hospital and after my discharge.

I must also commend Life Fourways and Life Empangeni for the professional medical and support services provided during my ordeal.

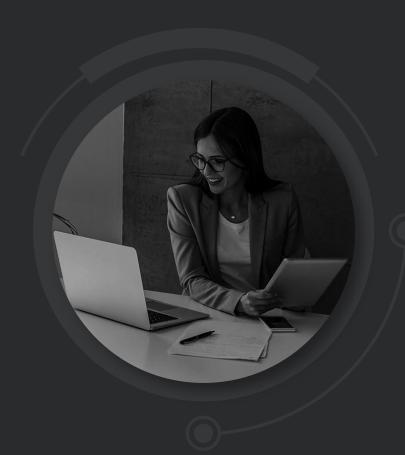
This was a traumatic experience for me and my family and I am grateful for the service and support provided by Discovery Medical Aid.

Thank you for saving my life!"

## Discovery Health Brand Video











Review of past performance Member support throughout COVID-19

Trends impacting healthcare in 2021 and beyond

## Emerging healthcare trends





Impact of Long COVID and importance of Wellness for resilience



Emphasis on population healthcare to improve the wellbeing of the chronically ill

Healthcare global and local trends emerging



Spotlight on equitable and affordable health access



Focus on quality through Value Based Care



Continued expansion of remote care and digital healthcare

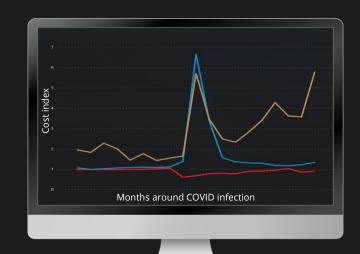


## Long COVID trends are beginning to emerge

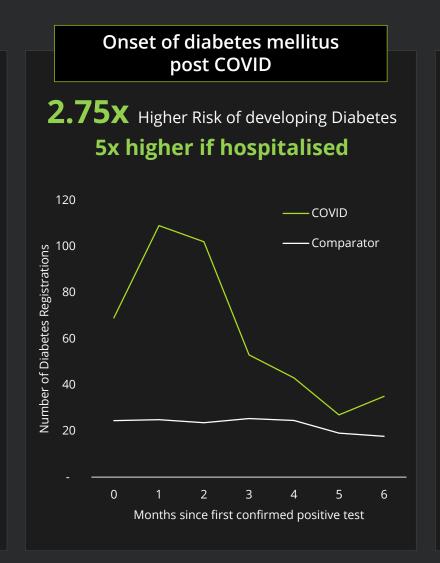


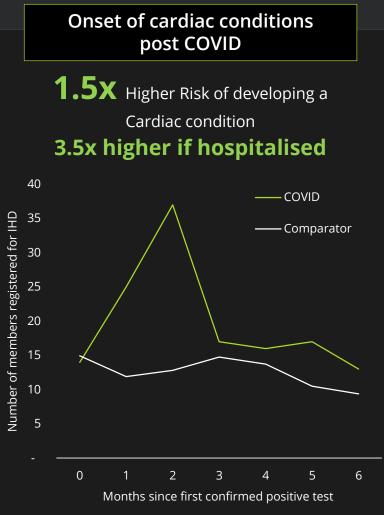
## Evidence of Long COVID emerging in healthcare claims

- Claim data post initial COVID suggest a lagging, extended COVID effect
- Those with poorer pre-existing health status are more at risk



- Cost for non-COVID positive
- Cost for members with single COVID infection
- Cost for members with reinfection



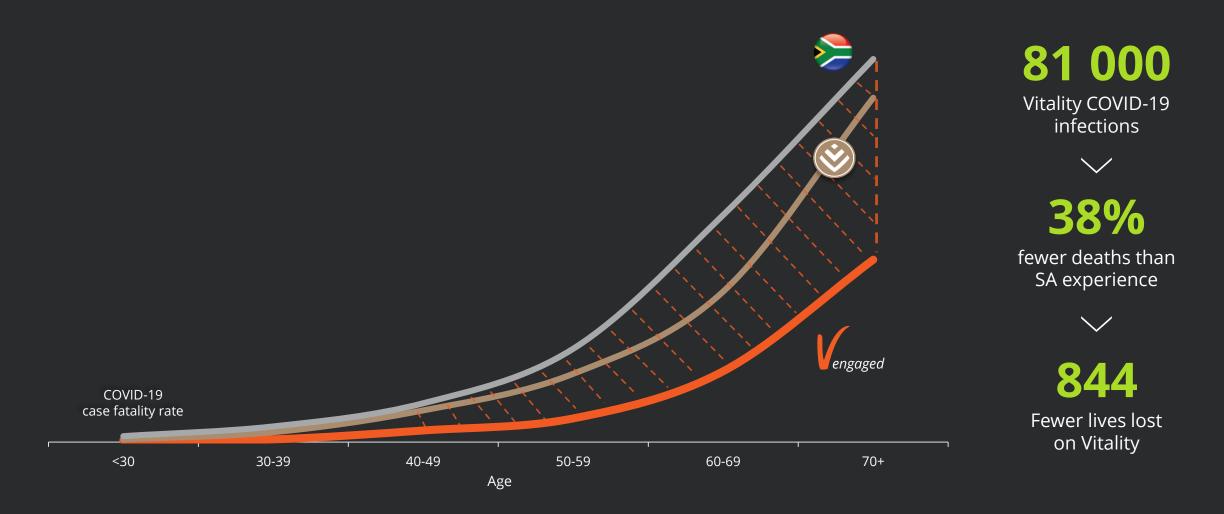




### Vitality Engagement has limited the impact of COVID-19



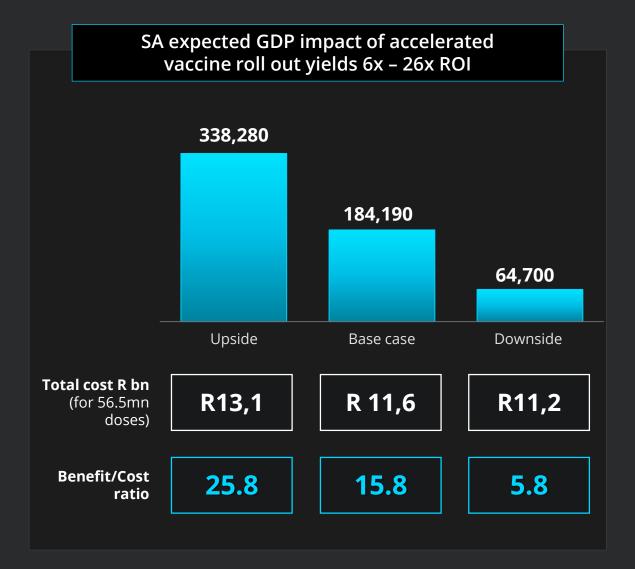
Engaged Vitality population experienced substantially lower COVID-19 mortality impact than rest of SA

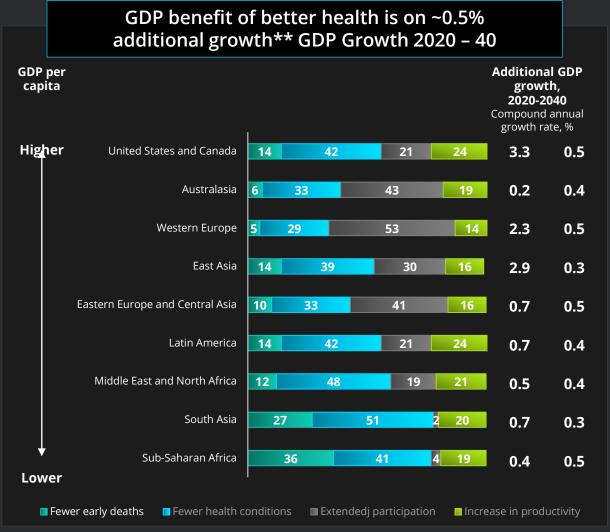










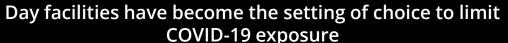


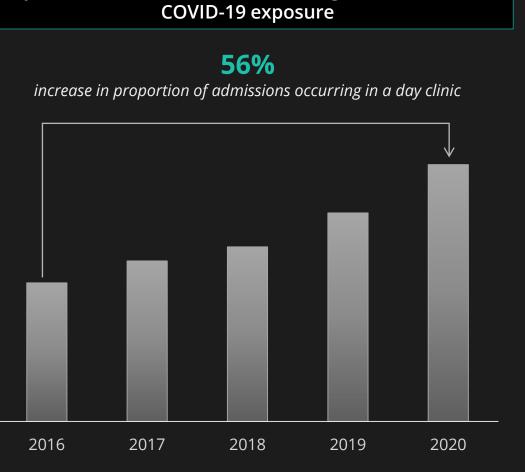


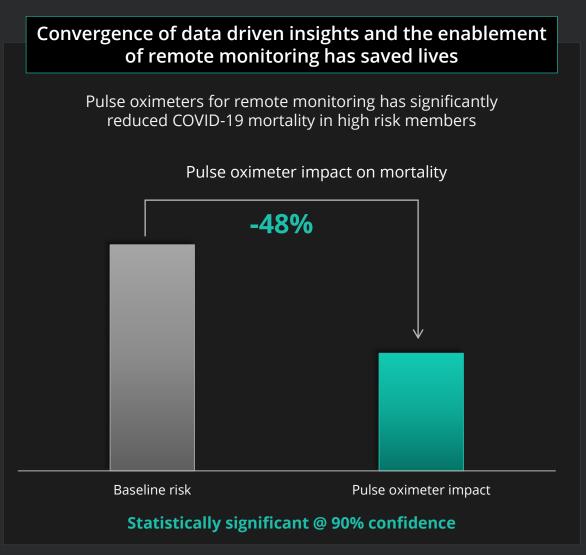
## C

# Healthcare delivery in unconventional settings has become a safe and viable alternative for care









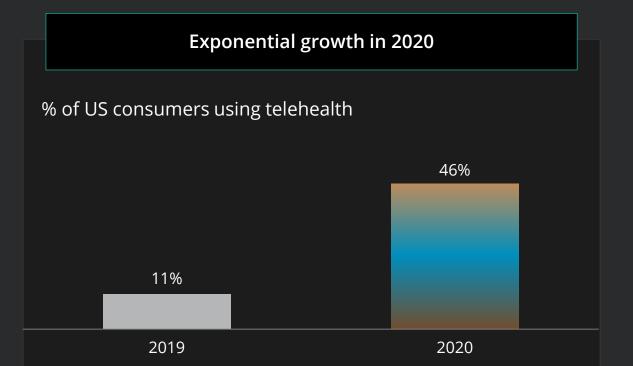
Above results are not for external distribution beyond this presentation





### Telehealth sky rocketed in 2020 and continues to grow, supported by COVID-19 dynamics





Growth in provider remote consults 2019 to 2020  $\sim 50 - 175 \times 10^{-5}$ 

#### **Accelerating COVID-19 factors**



#### Regulatory

In US, 80 new services were approved by CMS (regulatory) with supporting changes to payer re-imbursement



#### **Providers**

Providers are now 64% more comfortable with using telehealth than before the pandemic



#### Consumers

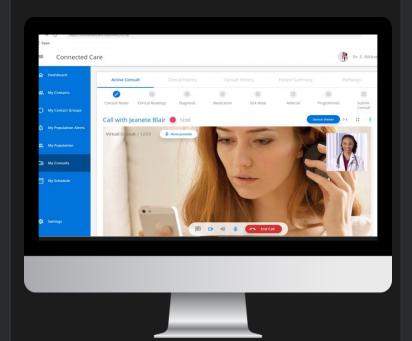
Consumer interest grew from 11% using telehealth in 2019 to 76% now interested



# Enabling on-demand healthcare delivery at home through Connected Care for Home

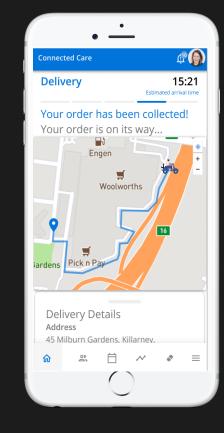


Detailed medical examinations and advanced virtual consultations



24/7 doctor support Discovery TytoCare Dr Network Find a Healthcare Q 1 = DORINGKLOOF + Add To Care Tean

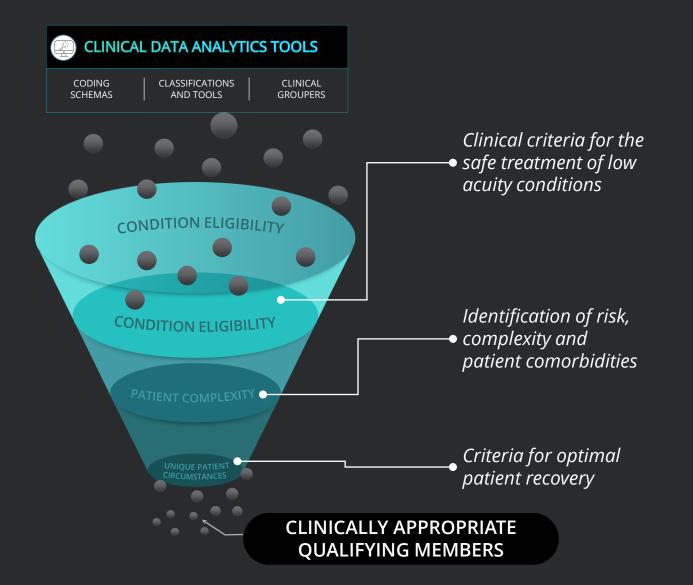
End-to-end digital experience Including e-scripting, same-day medicine delivery and automatic EHR updates





# Convergence of clinical and data insights to offer high quality care at home





#### **Enables**

1

Home-based care for members who are at risk of re-admission post hospital discharge

2

Home-based care for members who are discharged early from hospital

3

Home-based acute care for members in lieu of hospitalisation

4

Home-based acute care for end of life palliative care



### Hospital @ Home COVID-19 ward positively impacting members during the 3<sup>rd</sup> wave



Ensuring access to hospital level-care from the comfort of your home



#### **CLINICAL RECOMMENDATION**

- While in hospital, the patient's condition improves
- Treating doctor recommends continued care at home through Discovery's Hospital @Home programme



#### **PATIENT ELIGIBILITY & REGISTRATION**

- An assessment in done on discharge to open support baskets and register into the programme
- The doctor confirms member eligibility and service requirements



#### HOME **SET-UP**

- A nurse visits patient at home to set up and explain their treatment and care plan
- All equipment and consumables are delivered. EG. IV and oxygen



#### **ON-GOING CLINICAL CARE**

Virtual consults with doctor / nurse



24-hour remote monitoring



Face-to-face consults Physiotherapy with doctor / nurse

consults





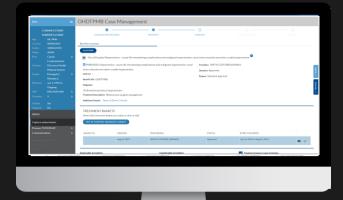


# Sustained investment in leading technology to improve operational capabilities



>R1bn investment in upgraded admin and managed care systems over last 5 years

#### **BMS**



New claims system deployed over 5 years

R370m
Now in production

### Billing engine



New billing system developed over 2 years

**R150m**Goes live in Q4 2021

### **Discovery E-Volve**



New CRM system that integrates data models and machine learning at service agent front-end.

**R70m**Goes live in Q4 2021



# Investment in technologies to optimise operational efficiency and service levels



#### **Smart View SMS**

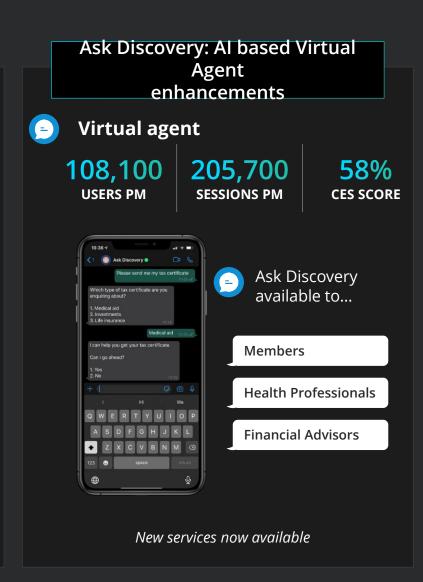
# Replace plastic cards and paper packs with digital cards and member certificates

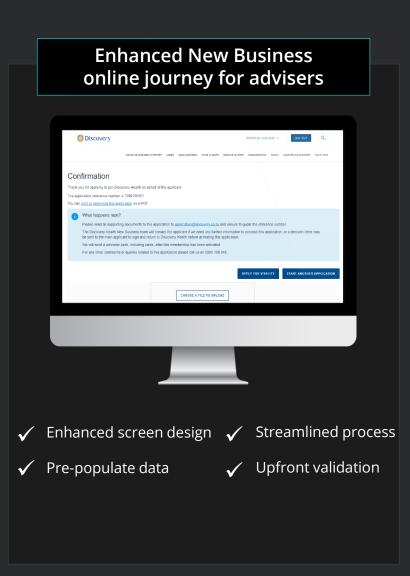
Trend away from plastic cards globally and in SA Reduce paper footprint (3.6Tons of paper used in 2020)





Allow member opt-in for physical card







## D

# Move to value accelerates in 2021, following shortcomings of Fee For Service during pandemic underutilisation



#### Learnings through the pandemic

Expected trends for 2022



Strengthened payer – provider relationships

Acceleration of acceptance of and migration to VBC arrangements

Building of care management capabilities (multidisciplinary care teams, tools)



COVID underscored strengths in VBC (vs FFS)

Greater use of global capitation arrangements

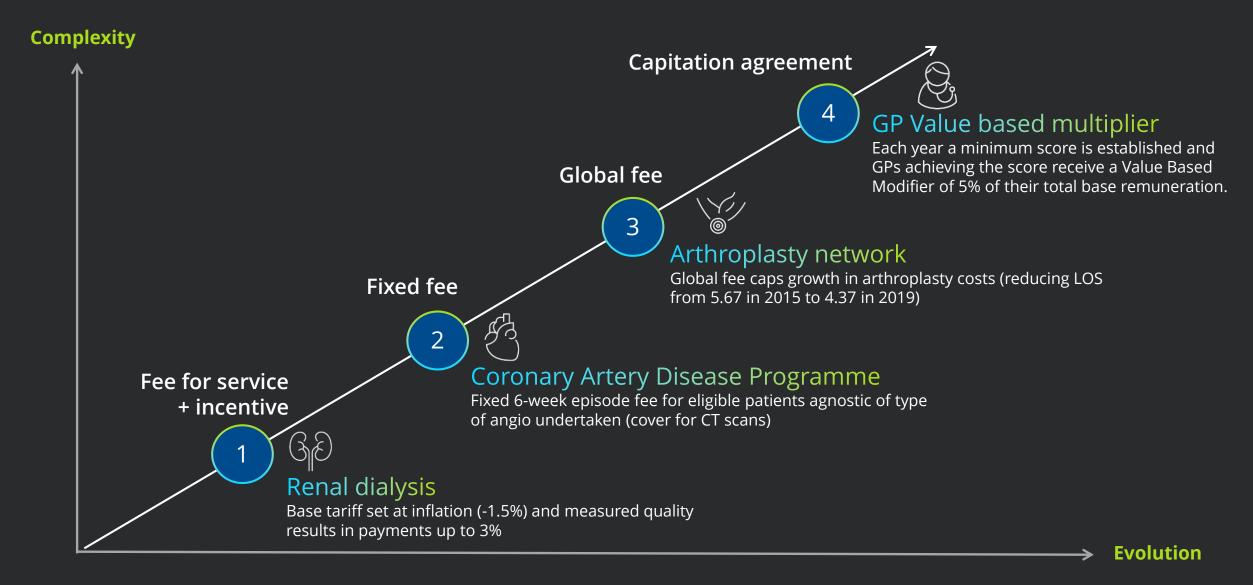
Growth in data-driven tools to support physician decision making



D

### Multiple value based provider contracting models







# D Hospital Health Tracker: Insights that empower patient decision making and nudge to higher quality, at lower cost





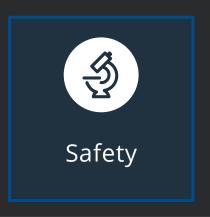
Pass + [Mortality + Readmission] + [Negative Incidents +HAIs]

CPE









Patient experience surveys

Optimising cost, case mix and admissions

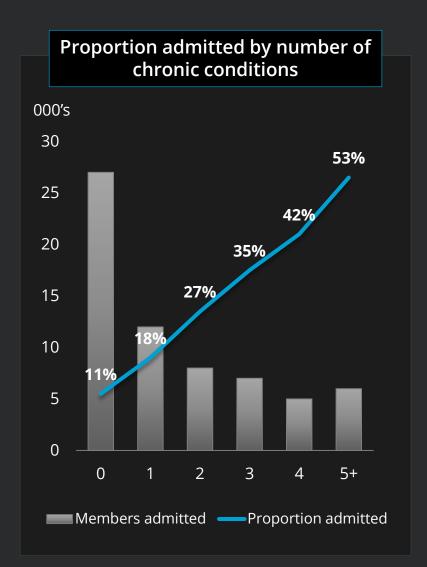
Monitoring mortality and readmission for common conditions

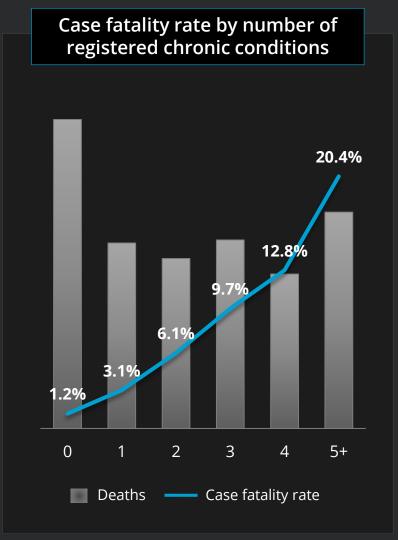
Measurement and self-reporting of negative incidents

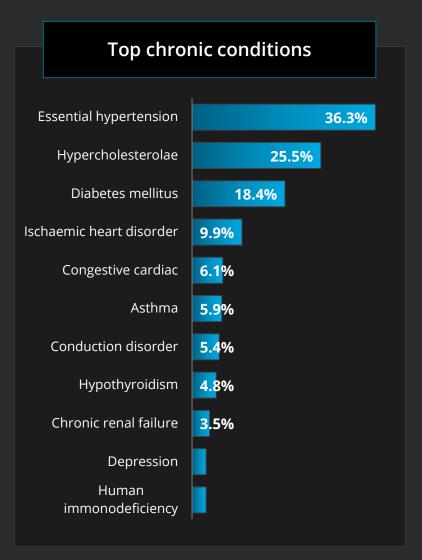


# COVID-19 Morbidity and mortality risk grows with number of chronic conditions







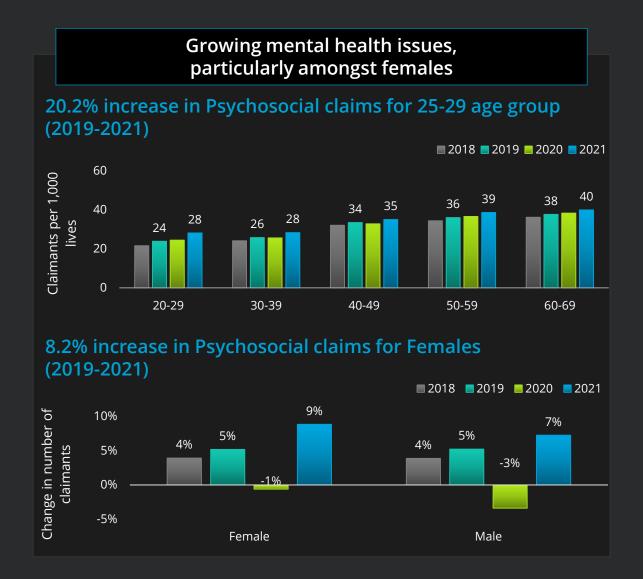


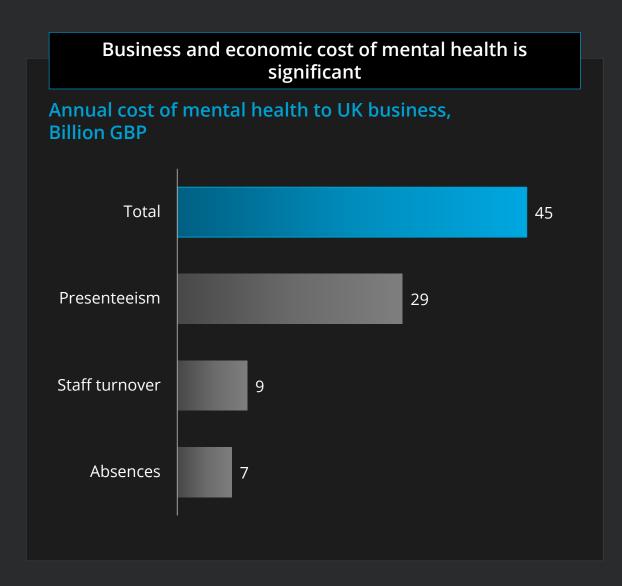




### Growing mental health issues are creating a burning platform







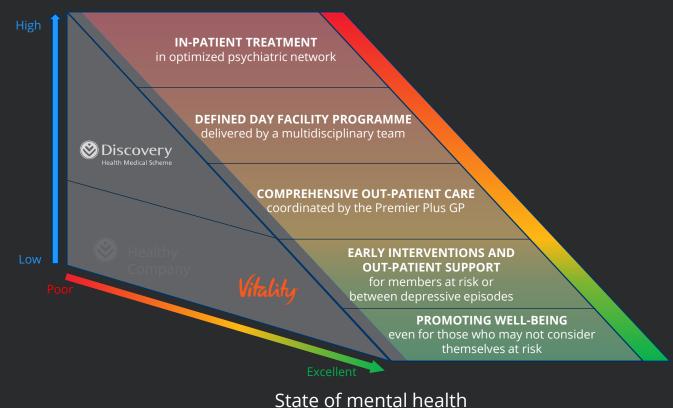


## E

# Enhanced support for mental health leads to increased enrollment and relapse prevention



### Intensity of intervention



#### **Key enhancements**

- New Relapse Prevention Programme to identify and support members who are at risk of relapse or recurrence
- Enhanced out-patient benefits to monitor and manage acute and/or episodic major depression
- Free access to Personal Health Goals on Vitality
   Active Rewards for those who are at risk or
   diagnosed with major depression

12x Increase in Mental Health programme enrollments

**~400** Monthly enrollments on the Mental Health programme

>160 Relapse Prevention programme enrollments since March 2020





### Discovery Health Coaches reducing cardiac re-admissions



#### **Health Coaches**

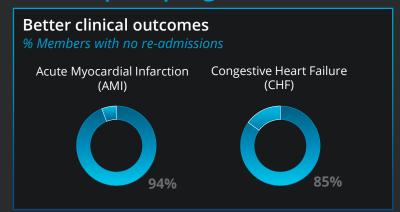


~560

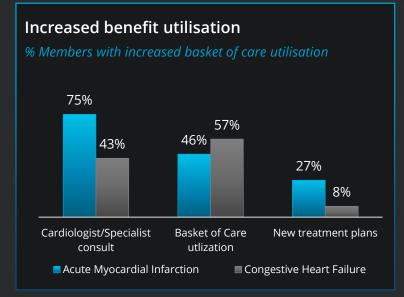
members enrolled in pilot programme

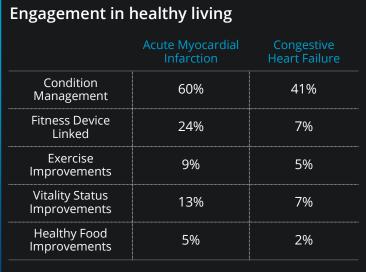
Support for behavioral and lifestyle coaching and interventions

#### Cardiac pilot programme









### Discovery Health's strategic response to healthcare trends





Investment in care maintenance organisation for improved health

**Healthcare** global and local trends emerging



Spotlight on equitable and affordable health access

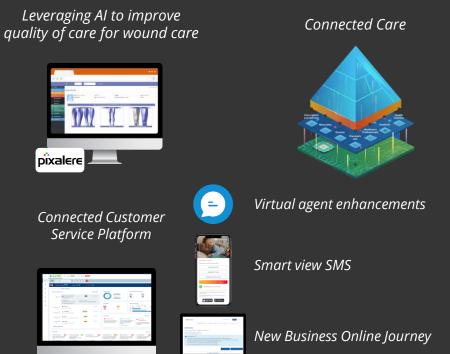




Continued expansion of remote care and digital healthcare

D Focus on quality

through Value Based Care





@ discovery.co.za



## DHMS ANNUAL GENERAL MEETING

CEO Discovery Health | Dr Ryan Noach August 2021