

Dear Healthcare Professional

Discovery Health Premier Plus GP Network

Globally, non-communicable diseases (NCDs) have been identified as a major global health emergency. Healthcare providers recognise the need to improve the treatment of patients with chronic conditions by implementing appropriate patient management programmes. The programmes should bring about a positive change in patient treatment compliance, the ability to monitor conditions, and improve patients' knowledge of their conditions.

Family practitioners are central to coordinating care for the growing number of patients living with chronic conditions to enable not only the best possible quality of care, but also the best health outcomes.

Coordinated patient care through a Premier Plus GP

As a Premier Plus GP, you will have access to enhanced digital tools that will enable you and your patients to actively manage their conditions. Adult members registered on the Chronic Illness Benefit for diabetes, HIV and/or cardiovascular conditions (hypertension, hyperlipidaemia, ischaemic heart disease) are eligible to join these programmes. Using HealthID, you can easily identify, enrol and monitor your patients with these chronic conditions. You will also become your patients nominated GP.

The Care Programmes give members access to additional health benefits as well as access to an engagement programmes that support patient self-management.

In addition, adult members with major depression that meet clinical entry criteria will have access to the Mental Health Care Programme.

Participating GPs benefit from enhanced remuneration

Participating in the Premier Plus GP Network will allow you to enhance your income in the following ways:

- Once a year, your patients registered on the Chronic Illness Benefit for certain chronic conditions can benefit from an extended consultation.
- You will earn a patient management fee of R25 a month per patient enrolled on all relevant Care Programmes to ensure continuous monitoring of patient outcomes and active management of patient chronic condition/s.
 - The patient management fee will continue to be paid to you subject to follow-up consultation with the member over a rolling 12-month period. Where a follow-up consultation has not occurred, the management fee will be discontinued.
- You will earn an additional R50 for every HealthID-engaged consultation with Discovery

Participation in the Premier Plus GP Network is voluntary and the following criteria will apply:

- Your practice must participate in the Discovery Health GP Network
- Your practice must be HealthID-enabled
- You will have to continue participating in the existing Discovery Health GP Network peer- mentoring programme to help maintain the highest quality and efficient standards of care

The initial outcomes of previous programmes of this kind are encouraging and evidence of the power of coordinated care in the management of chronic conditions.

We look forward to partnering with you to develop a better healthcare system in South Africa. These network care coordination programmes are highly adjustable for differing needs and a step towards a system that embraces the vision of quality coordinated care.

Regards



Darren Sweidan

**Head: Health Professional Unit
Discovery Health**

Terms and Conditions

I _____ Practice Number _____ hereby agree to comply with the following participation criteria in order to participate in the Premier Plus GP Network:

1. Your practice need to be on the Discovery GP network
2. Follow the facility accreditation process, unless the process has already been completed by the billing practice
3. Maintain acceptable clinical and ethical standards in accordance with the Health Professions Council of South Africa's code of conduct
4. Participate in the peer-mentoring and management process, and provide the necessary practice information
5. Use HealthID to capture relevant clinical metrics during a consultation with the participating member:
6. Do my best to act in the best interests of the patient, to:
 - a. Comply with the Discovery Health Chronic Illness Benefit formulary
 - b. Encourage the use of generic medicine wherever clinically appropriate
 - c. Support members in engaging in an appropriate screening and prevention programme.
 - d. Refer patients to specialists using the referral tool available in HealthID
7. By ticking the **I agree to terms and conditions** box on HealthID, I confirm my agreement to participate in the Premier Plus GP Network.

Discovery Health reserves the right to review compliance with the above participation criteria annually using the quality scorecard and claims history to address participation in the Premier Plus GP Network going forward.

Either party can cancel their participation in this agreement by providing 30 days' written notice to the other party.

Signature: