

HealthID

ADVANCED CONVENIENCE. ENHANCED CARE.



COMPLETING A PHQ9 ASSESSMENT

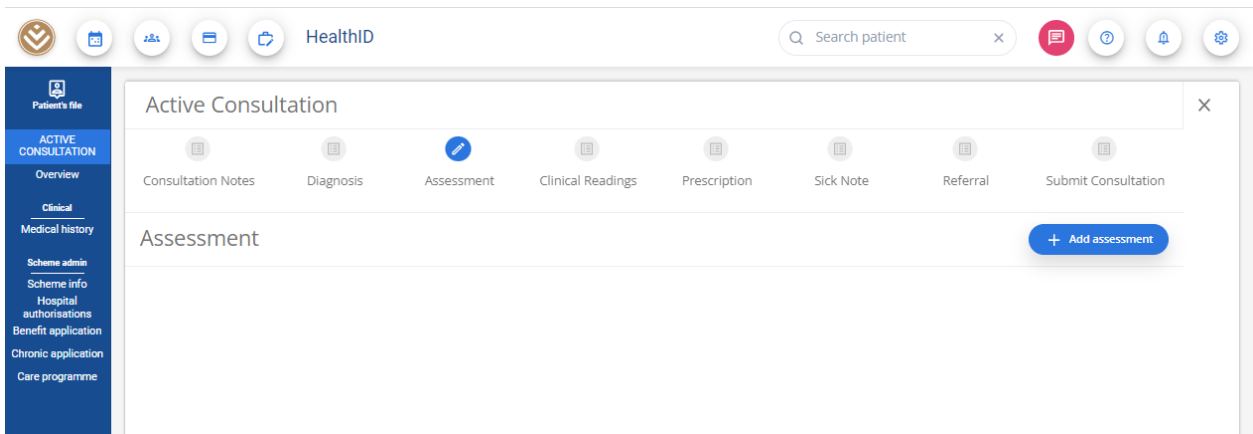
DISCOVERY HEALTH
2023



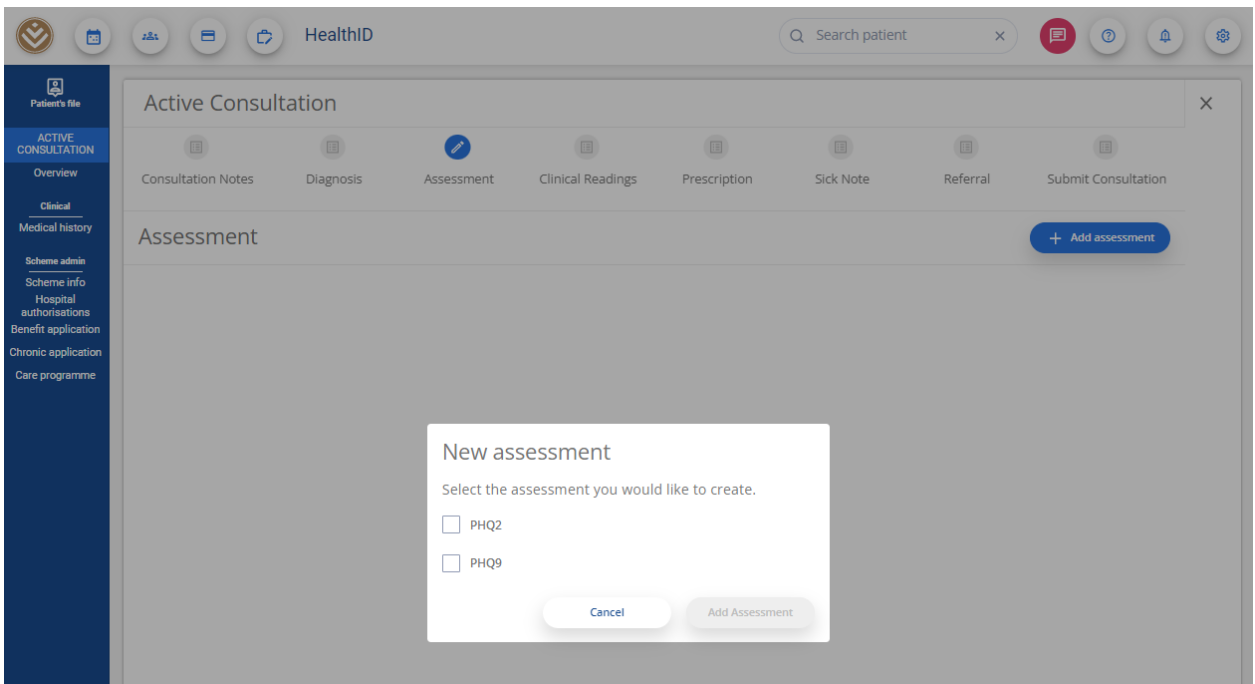


How to complete a PHQ9 assessment

- Within an active consultation (in-person, or virtual), navigate to the “Assessment” tab

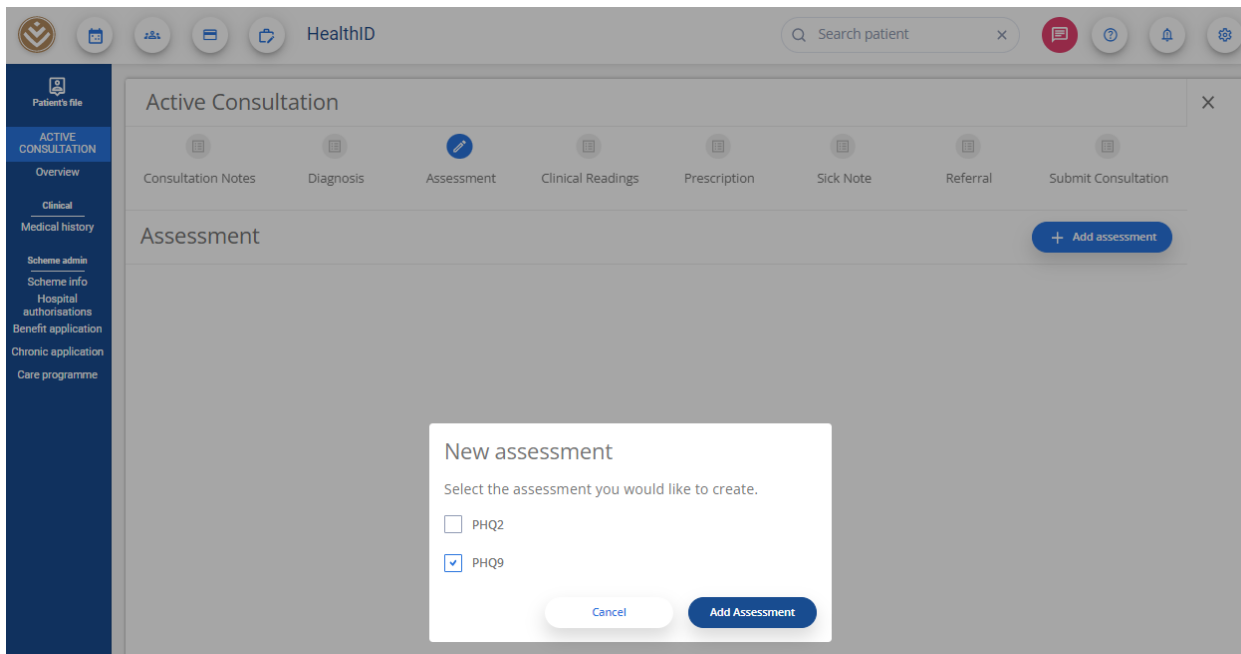


- Click “Add assessment” to view the list of available assessments to complete

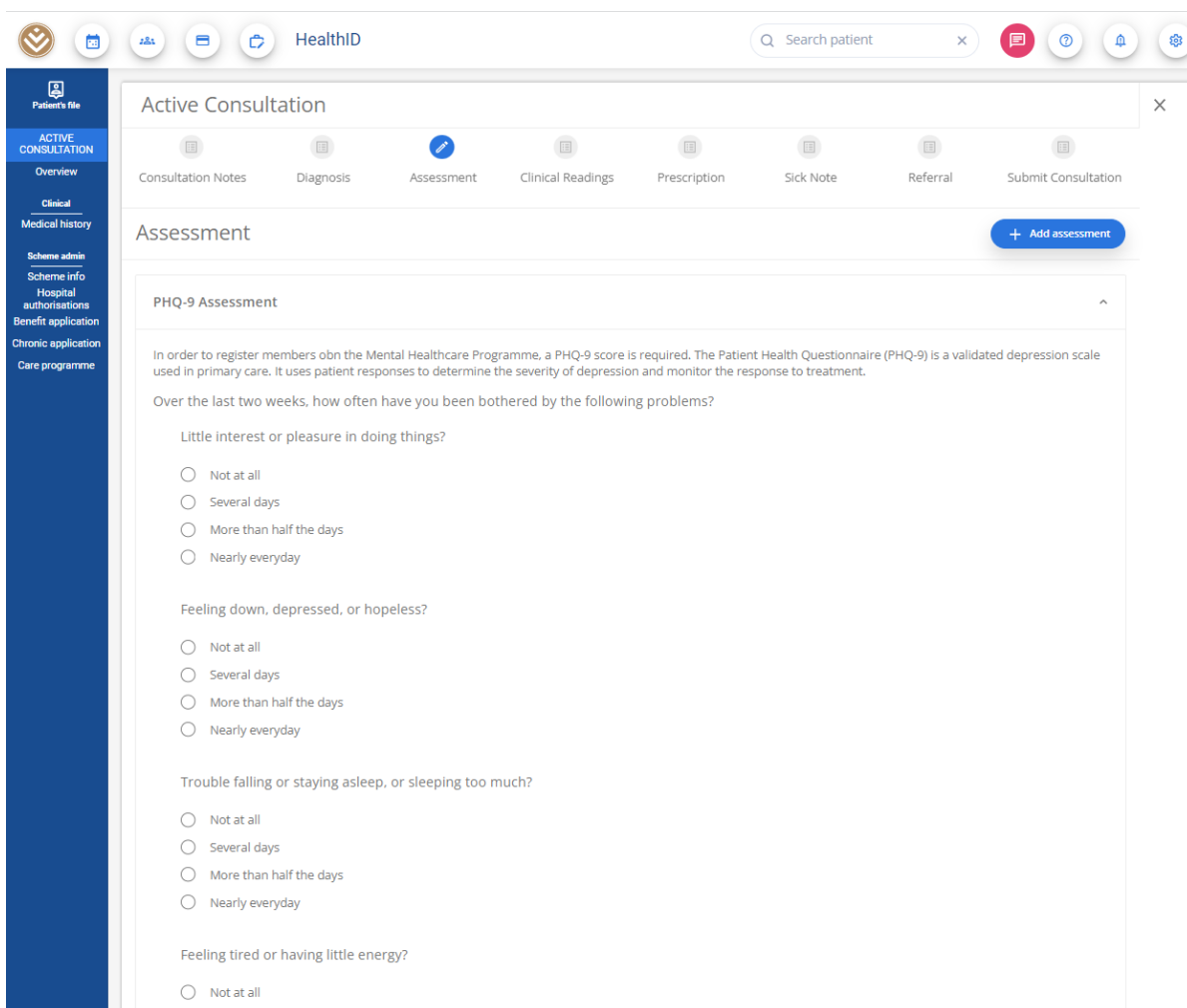




- For Select the PHQ9 assessment item, then click “Add Assessment”



- The PHQ9 assessment questions will populate on the screen





- Engage with the patient to answer each question. Once complete, click the “Submit assessment” button to submit the assessment to Discovery and receive the test outcome

HealthID

Q Search patient

Patient's file

ACTIVE CONSULTATION

Overview

Clinical

Medical history

Scheme admin

Scheme info

Hospital authorisations

Benefit application

Chronic application

Care programme

Poor appetite or overeating?

Not at all

Several days

More than half the days

Nearly everyday

Feeling bad about yourself - or that you are a failure or have let yourself or your family down?

Not at all

Several days

More than half the days

Nearly everyday

Trouble concentrating on things, such as reading the newspaper or watching television?

Not at all

Several days

More than half the days

Nearly everyday

Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual?

Not at all

Several days

More than half the days

Nearly everyday

Thoughts that you would be better off dead, or of hurting yourself in some way?

Not at all

Several days

More than half the days

Nearly everyday

Submit assessment

- Once the score has been calculated, it will display on the PHQ9 assessment's accordion

HealthID

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Active Consultation

Consultation Notes

Diagnosis

Assessment

Clinical Readings

Prescription

Sick Note

Referral

Submit Consultation

Assessment

+ Add assessment

PHQ-9 Assessment

19 points - Outcome: Your score reflects that you are currently experiencing considerable symptoms of depression. It is not healthy to continue living with such symptoms. You are strongly encouraged to get some support.



- You can open the accordion to review the answers that were submitted

The screenshot displays the 'Active Consultation' interface in HealthID. The top navigation bar includes a search bar for 'Search patient' and several utility icons. A left-hand sidebar lists various menu items under 'Patient's file', 'ACTIVE CONSULTATION', 'Clinical', and 'Care programme'. The main content area is titled 'Active Consultation' and features a horizontal menu with options: Consultation Notes, Diagnosis, Assessment (highlighted with a pencil icon), Clinical Readings, Prescription, Sick Note, Referral, and Submit Consultation. Below this menu, the 'Assessment' section is active, showing a 'PHQ-9 Assessment' with a score of 19 points. The outcome text reads: '19 points - Outcome: Your score reflects that you are currently experiencing considerable symptoms of depression. It is not healthy to continue living with such symptoms. You are strongly encouraged to get some support.' Below the outcome, there is explanatory text about the PHQ-9 scale and a question: 'Over the last two weeks, how often have you been bothered by the following problems?'. Three sub-questions are listed, each with four radio button options: 'Little interest or pleasure in doing things?', 'Feeling down, depressed, or hopeless?', and 'Trouble falling or staying asleep, or sleeping too much?'. In each case, the option 'More than half the days' is selected.