

IMPROVE YOUR HEALTH



Join South Africa's favourite running and cycling club - Team Vitality



Enjoy 24 free workout sessions with Vitality Fitness



Get 75% off your monthly local club membership fees at Virgin Active or Planet Fitness



Measure your VO₂ max and Vitality Cardio Fitness Level.



Find out your Vitality Age and complete a Vitality Health Check



Download the Discovery app

START



KNOW YOUR HEALTH



Get 20% off padel bookings and up to 50% off padel gear



Get up to 25% off sports gear and equipment



Get up to 50% off a new fitness device



Fully fund your Apple Watch



Get up to 50% off the latest Nike performance footwear and apparel



Get up to 50% back on baby items



Get up to 50% back on sunscreen, toothpaste and first-aid and more at Clicks or Dis-Chem



Get up to 75% back on HealthyFood items in-store or delivered to your door



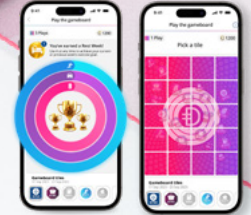
Get a personalised HealthyWeight programme from a qualified dietitian



Earn even more rewards with Vitality Drive from Discovery Insure



Get up to 50% of your premiums back every five years with Discovery Life



Earn a coffee or game-board play when completing your weekly Vitality Active Rewards exercise goals



Enjoy up to 50% off movies (plus free movies for kids!)



Get up to 75% off local and international flights



Get up to 25% off local accommodation



Get up to 15% off every day when shopping with your Discovery Miles in-store and online.



Save up to 25% on car hire

GET REWARDED



Get boosted rewards for managing your money well with Discovery Bank

Earn a Vitality Health status