



Vitality HealthyFood Studio Discovery People Week competition

Terms and conditions

1. This competition is promoted by Discovery Vitality (Pty) Limited (“Discovery Vitality”).
2. This competition is open only to permanent Discovery employees, who are 18 years or older and work at 1 Discovery Place, Sandton office.
3. The campaign will run from 9 to 12 March 2026.
4. Two employees stand a chance to each win two tickets valued at R750 per ticket.
5. To win two tickets to a Vitality HealthyFood Studio course, employees must:
 - a. Follow the HealthyFood Studio Instagram account @vitality_healthyfoodstudio.
 - b. Send us a DM using the hashtag #DiscoveryPeopleWeek.
 - c. Let us know which course they would like to attend, example Girl's Gourmet Escape in Paris or From Greece, with Love, etc.
6. The prize excludes excludes any special courses taking place at the Vitality HealthyFood Studio.
7. The ticket is non-transferable and cannot be exchanged or redeemed for cash, converted to credit, exchanged for a consideration.

8. The tickets are valid for 6 months from the date of issue to you after which it will expire.
9. The tickets can only be used once and must be redeemed on or before the expiry date.
10. All valid entries will be entered into an independent random draw. The winner will be contacted two weeks after the competition closes through Instagram direct message.
11. The tickets may not be used in conjunction with any other promotion or voucher.
12. Participation in this campaign and acceptance of any prize is subject to your acceptance of the terms and conditions set out herein and, if applicable, the terms and conditions applicable to the Vitality Healthy Food Studio.
13. Discovery will not be responsible for costs incurred by the participants relating to the benefit.
14. Any error or omission that may occur on any material issued by Discovery relating to the campaign or the promotion is subject to correction by Discovery without liability.
15. Discovery reserves the right to change or cancel this prize at any time at its discretion and clients will have no claim against Discovery as a result of such change or cancellation.
16. You agree that your participation in the promotion and your acceptance and/or use of the prize, or any aspect thereof, is voluntary and at your own risk.
17. We are not responsible for any claim, loss, damage, injury or death (“Losses”) that may be incurred or suffered by you or any other person as a result of your participation in this promotion and/or your acceptance of a prize.
18. You agree to indemnify and hold Discovery Vitality and the Discovery Group harmless in respect of any Losses incurred or suffered by Discovery as a result of your participation in the campaign and/or your acceptance of a prize.
19. Standard Vitality HealthyFood Studio [booking T&C's](#) apply for cancellations and refunds.
20. By accepting the prize, you acknowledge that there are inherent risks which accompany use of the products which may result in serious injury or death,

including but not limited to the risk of allergic reactions. You agree that your use of the prize is solely at your own risk. Discovery Vitality and the Discovery Group of Companies shall not be liable for any injuries, damages or health problems that may arise as a result of the redemption of the reward. Participants are required to obtain their own tax advice about any benefit they may get as a result of this campaign. The promoters are not responsible for any tax consequences that may arise.

Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Terms, conditions, and limits apply.