



# Smoking policy



## 1. Rationale

The rationale says why the policy is needed and why it is relevant to your school.

Tobacco use is a danger to everyone, capable of killing and disabling both those who use the product and those who are exposed to others' use. It has life-threatening effects for those who have asthma and other respiratory illnesses. Tobacco is so dangerous that health policies now ban smoking in public areas.

## 2. The policy

The policy is the detail of what the school wants to achieve.

(Insert name of school) \_\_\_\_\_ will:

- 1) **Prohibit all use.** The school will prohibit the use of any tobacco product in all school-related situations, by any person, at any time, in any location, and at any event.
  - a) "Any tobacco product" includes spit tobacco, cigarettes, cigars, or any other kind of tobacco product.
  - b) "Any person" includes learners, staff, visitors, all groups using school property, and any other persons.
  - c) "Any time" means 24 hours a day, seven days a week, and 365 days a year.
  - d) "Any location" includes the school's property, grounds, buildings, and vehicles, even when school is out of session or the event is sponsored by another organisation.
  - e) "Any event" includes all school-sponsored events, on or off school property.

- 2) **Prohibits tobacco advertising or promotion.** Studies suggest that tobacco advertising influence tobacco use. So tobacco advertising or promotion is prohibited on the school grounds:
- On signs.
  - On clothing (T-shirts, caps, or bags).
  - Through sponsorship of school events.
- 3) **Identifies the responsibility of the school administrator to:**
- Communicate this policy verbally to learners, staff, family members, and visitors, at school events, through signage, and in the student code of conduct.
  - Develop and implement procedures for consistent and fair enforcement.
  - Develop educational alternatives to suspension.
  - Treat violators (learners or staff) with disciplinary action in the same magnitude and manner as violations of other school policies.
  - Make sure visitors or contractors who violate the policy discontinue using the tobacco product or leave the premises.
- 4) **Encourages and helps learners and staff to quit using tobacco.** Nearly 50 percent of learners who are smokers have tried to quit smoking in the past year. Without help to quit, nearly three-quarters of young people who are daily smokers will try smokers five years later. The school will provide access to developmentally-appropriate cessation programmes and/or information about community cessation programmes.

### 3. Scope of the smoking policy

The scope of this policy specifies what settings in the school are affected (eg, classroom, sports fields, special events, etc) and who it applies to (eg, teachers, volunteers) or any restrictions.

- Staff members will get a copy of the policy
- Parents will get information on this the school newsletter and website
- Staff members will inform visitors, new learners and new staff as appropriate

The Smoking policy will take place over: (Insert school year) \_\_\_\_\_.

### 4. Monitoring and review

The School Smoking Policy Committee will monitor the policy every year including principal and school council. It is reviewed and, if necessary, revised every two years.

Signed: Principal

Date: \_\_\_\_\_