

Vitality Active Rewards for Kids Benefit Guide

Vitality Active Rewards for Kids is a programme exclusively designed to get our younger members aged 2 – 13 healthy by offering them age-appropriate rewards for engaging in healthy activities such as eating well, getting active and reducing screen time.

Activating Vitality Active Rewards for Kids:

Main members can activate Vitality Active Rewards for Kids for their child in the *Kids and Teens* section on Vitality Active Rewards in the Discovery app. Then, your child can start earning Discovery Miles for completing relevant health checks, getting active and completing weekly challenges. Children can spend their Discovery Miles at exciting reward partners like **Nando's**, **Steam**, **Sony PlayStation**, **Toys R Us**, **Sportsmans Warehouse** and more – with your supervision, of course.

We will not activate the child's account, or the Vitality Active Rewards for Kids programme, without parental / legal guardian consent.

Vitality Active Rewards for Kids is an app-based programme that tracks physical activity and incentivises kids to exercise and make healthy choices to earn rewards. The app will be run off the parent's / guardian's mobile phone.

Kids can achieve their goals and earn Discovery Miles through the following:

- Kids on Vitality Active Rewards for Kids can select two dynamic weekly challenges and earn up to 50 Discovery Miles per week for completing weekly challenges on the Pixar challenge board.
- For completing relevant health checks, kids can earn up to 200 Discovery Miles per check per calendar year

- By getting active through partner workouts (at Virgin Active or Planet Fitness gyms, parkrun and myrun) and outdoor race events, kids can earn up to 25 Discovery Miles per activity, capped at 200 Miles per month

All children on their parents' or guardians' full Vitality policy that are equal to or older than 2 years old or younger than 14 years old qualify for the Vitality Active Rewards for Kids benefit. This benefit is not available to members on Vitality Active, KeyFIT, GlencoreFIT and Balance.

Kids participating in Vitality Active Rewards for Kids will not have access to Vitality Drive, Vitality Money or any Vitality booster benefits or leaderboards.

Kids will only be able to spend their Discovery Miles on rewards offered within the relevant Vitality Active Rewards for Kids programme.

For a comprehensive view of the terms and conditions relating to the Vitality Active Rewards for Kids benefit, [click here](#). These additional terms and conditions set out the rules of use of the programme and create a binding contract between You and Discovery Vitality. Please read these terms and conditions carefully.

How to confirm completion of a challenge?

Challenges are based on Vitality pillars:

- Physical activity
- Nutrition
- Personal health
- Mental wellbeing
- Digital wellness

Parents / guardians will be asked to commit to an honesty pledge each time they confirm on the Vitality Active Rewards for Kids programme that the child has completed the challenge.

Kids can complete up to 2 challenges per week.

Parent and legal guardian's consent

As the legal guardian, you can monitor your child's Vitality Active Rewards for Kids profile. In accordance with privacy statement rules, you need to be the main member on your policy in order to access the child's profile. This includes the exercise activities they are participating in, the rewards they choose and their Discovery Miles balance. Please be aware that your child will not be able to add friends to their profile. Parents or legal guardians on the policy need to contact servicing on 0860 99 88 77 Monday to Friday between 8am and 5pm to conduct any servicing interactions on behalf of their child.

As the parents / guardian, you need to give consent for the [following](#) before your child can start participating in Vitality Active Rewards for Kids:

- That your child may participate in Vitality Active Rewards for Kids

- That neither Discovery Limited nor Discovery Vitality are liable for any injury, allergic reactions of other conditions your child may develop while on the Vitality Active Rewards programme
- That Discovery Vitality may share with its contracted third parties data obtained from our fitness partners only for the purpose of administering the benefit. Find out more about data sharing [here](#).
- Vitality processes personal information in accordance with the privacy statement in the [Vitality main rules](#).
- How your child can earn and spend rewards on Vitality Active Rewards
- That Discovery may communicate with your child within the Discovery app for marketing purposes.

You will also be able to view your child's activity history by logging into the points monitor on the Discovery website.

Self – Servicing

Answers to all questions related to Vitality Active Rewards for Kids can be found on the website. If, for some reason your child needs to contact Discovery Vitality, they need to ask the main member to do so on their behalf. Discovery Vitality servicing will not be able to service minors.

Enjoying the rewards

Vitality Kids have access to selected rewards from Vitality reward partners. Get a full breakdown of the rewards kids can earn and the rules associated with them [here](#). Main members participating on Vitality Active Rewards have access to the Vitality Active Rewards for Kids Reward Mall.

Once the child turns 14, they will be able to participate in [Vitality Active Rewards for Teens](#) and have access to all the rewards available on Vitality Active Rewards.

When does this benefit end?

Once a teen turns 14, they will be able to gain access to Vitality Active Rewards for Teens and will be able to select and enjoy the full range of rewards available on Vitality Active Rewards. The main member will receive communication alerting them to the Vitality Active Rewards for Teens programme that the child has become eligible for, which will include the steps to activate the programme. If the child is no longer on a Vitality policy, they will no longer have access to Vitality Active Rewards for Kids.

Find out more






If you have any questions or need more information about the Vitality Kids benefit, go to www.discovery.co.za. You will also find a full set of Vitality rules. If, for any reason, there is a conflict between rules in this benefit guide and the Vitality Main Rules – the Vitality Main Rules will apply at all times.

Stay in touch

If you have any questions or need more information about this benefit, please visit www.discovery.co.za

Keep up to date with the latest news from Vitality: visit www.discovery.co.za, download the Discovery app, follow Discovery Vitality on (@Discovery_SA) and (DiscoverySA).

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