



## Vitality HealthyDining – #NowThatsSelfCare

### Win a R2 500 Frozen for You or UCOOK voucher

#### Competition terms and conditions

From 01 February to 28 February 2022, Vitality HealthyDining members who purchase HealthyDining meals from Frozen for You or UCOOK stand to win a R2 500 voucher.

1. The promoter of this competition is Discovery Vitality (Pty) Ltd ('Discovery Vitality').
2. The competition is limited to Vitality Health members over the age of 18 with Vitality HealthyDining activated, and will run from 01 February 2022, 00:01 until 28 February 2022, 23:59. The closing date of the competition is 28 February 2022, 23:59.
3. We will not consider any activities made before or after these dates and times.
4. To stand a chance to win either a Frozen for You or UCOOK voucher valued at a R2 500 each, you will need to:
  - a. **Step 1:** Make sure you've activated [Vitality HealthyDining](#) on the latest version of the Discovery app.
  - b. **Step 2:** Link Vitality to your Frozen for You or UCOOK account.

- **FROZEN FOR YOU:**

- For Frozen for You, you'll need to log in to Frozen for You or sign up for a Frozen for You account on <https://frozenforyou.co.za/>.
- Under your profile settings, enter your ID or passport number for a once off activation to verify your Vitality account. This applies to an existing profile or if you are creating a new profile.
- **UCOOK:**
  - For UCOOK orders, log in to UCOOK or sign up for a UCOOK account on [www.ucook.co.za](http://www.ucook.co.za).
  - Under your UCOOK profile settings or at check out, enter your ID or passport number for a once off activation to verify your Vitality account. This applies to existing profiles or if you are creating a new profile.
- c. **Step 3:** Select meals and meal-kits with the Vitality HealthyDining indicator and add them to your cart:



- d. **Step 4:** Place your order.
5. Each order containing HealthyDining meals counts as entry into the draw:
    - a. in order to be eligible for the UCOOK prize, you must make sure that you purchase from UCOOK within the competition period; each transaction constitutes an entry to the competition;
    - b. in order to be eligible for the Frozen for You prize, you must make sure that you purchase from Frozen For You within the competition period; each transaction constitutes an entry to the competition;
  6. At the end of the competition period, all eligible participants will be entered into the random draw where two winners will be chosen.
  7. Each winner is entitled to one prize only.
  8. The prizes are subject to additional terms and conditions from UCOOK and Frozen For You.
  9. The winners will be selected by 14 March 2022, and contacted via email by 21 March 2022. Should either of the winners not respond within 5 (five) days, alternative winners will be chosen.
  10. The competition is limited to eligible participants that reside in South Africa.
  11. Discovery Vitality will not be responsible for costs incurred by the winner relating to the prize.
  12. The prize is non-transferable and cannot be exchanged for cash and/or any other consideration.
  13. With regards to any of our promotional material and communications, the promoters will not be held responsible for any misrepresentation caused by:
    - a. An unintentional copy error

- b. A typing error
  - c. An omission that may occur.
14. The promoters reserve the right to revise, alter or end the competition at their discretion. In such an event, all participants will:
- a. Waive any rights which they may have against the promoters, their affiliates or associated companies
  - b. Acknowledge that they have no recourse or claim of any nature against Discovery Vitality or any entity of the Discovery Group of Companies.
  - c. If we choose to alter or end the competition early, we will let the participants know beforehand.
15. If required as a result of legislation or other legal reasons, the promoters reserve the right to end this competition immediately. If we end the competition, all participants:
- a. Agree to waive any rights that they may have in terms of this offer
  - b. Acknowledge that they will have no recourse against the promoters or their agents.
16. The promoters do not take any responsibility and will not be held liable for any loss, injury or damage of any nature caused as a result of the participant's use of the abovementioned prize.
17. Any personal data relating to the participants will be used in accordance with the Protection of Personal Information Act 04 of 2013 ("POPI") and our privacy statement. The data that shall be used for the purposes of the competition will be based on the completion of the eligibility steps referred to above. Participants who wish to object to the processing of their personal data for purposes of this competition may email their Vitality membership and the date range of the competition to [KVHRCpetition@discovery.co.za](mailto:KVHRCpetition@discovery.co.za) during the competition period.
18. You agree that your participation in the competition and your acceptance and/or use of a prize, or any aspect thereof, is voluntary and at your own risk.
19. Any violation or attempt to violate any of the competition rules set out herein will result in immediate disqualification of the participant.
20. We are not responsible for any claim, loss, damage, damages, injury or death ("Losses") that may be incurred or suffered by your or any other person as a result of your participation in a competition and/or your acceptance of a prize.
21. You agree to indemnify and hold Discovery Vitality and the Discovery Group harmless in respect of any Losses incurred or suffered as a result of your participation in the competition and/or your acceptance of a prize.

22. By participating in this competition, you agree to the terms and conditions set out in this document, as well as the Vitality HealthyDining benefit rules, Vitality Main Rules and [Vitality's Privacy Statement](#).
23. Employees of Vitality and Discovery Group are not eligible to enter this competition; this includes individuals who are directors, partners, employees, agents of, or consultants to the Promoters or any of the Discovery Group of companies or any other similarly connected individual.
24. Participants can get a copy of the [Vitality HealthyDining benefit guide](#), [Vitality Main Rules](#) or [Vitality's Privacy Statement](#) on our website.

Keep up to date with the latest news from Vitality:

- Download the [Discovery app](#).
- Follow Discovery Vitality on [Facebook](#), [Twitter](#) and [Instagram](#).
- Not a Vitality member? Visit <https://www.discovery.co.za/vitality/join-today> to join.