

External Medical Items Extender Benefit application form 2026

Executive and Comprehensive Plans only
(incl. Classic Smart Comprehensive Plan)



Who we are

Discovery Health Medical Scheme, registration number 1125, is a not-for-profit organisation registered with the Council for Medical Schemes, and is the medical scheme that you are a member of.

Discovery Health (Pty) Ltd, registration number 1997/013480/07, is a separate company and an authorised financial services provider and is the administrator and managed care organisation for Discovery Health Medical Scheme and takes care of the administration of your membership.

Contact details

Tel (members): **0860 99 88 77**, Tel (health partners): **0860 44 55 66**, www.discovery.co.za, PO Box 784262, Sandton, 2146,
1 Discovery Place, Sandton, 2196.

Purpose of the form

This form is to apply for the External Medical Items Extender Benefit (EMI). Please make sure you are using the most up-to-date form. Download the latest version of all forms from www.discovery.co.za > Medical Aid > Find documents and certificates.

What you must do

- Fill in the form in black ink and print clearly, or complete the form digitally. You can view the list of approved digital signature providers on www.discovery.co.za, under Medical Aid > Find documents and certificates > Application forms.
- All relevant sections must be signed by the patient and or treating doctor. The patient and or treating doctor must sign and date any changes.
- Member must complete and sign section 1 of the application form.
- Take the application form to your treating doctor to complete sections 2, 5, 6 and 7, and sign section 8.
- The application form must be sent together with an assessment report from an occupational therapist or physiotherapist and a quotation for the required external medical equipment.
- Email the completed application form to clinicalhelp@discovery.co.za, or post it to Discovery Health Medical Scheme, PO Box 784262, Sandton 2146.

1. Patient information (to be completed by the member)

Title	<input type="text"/>	Initials	<input type="text"/>
Surname	<input type="text"/>		
First name(s)	<input type="text"/>		
Membership number	<input type="text"/>		
ID or passport number	<input type="text"/>		
Telephone (H)	<input type="text"/>	Telephone (W)	<input type="text"/>
Cellphone	<input type="text"/>		
Email	<input type="text"/>		

The outcome of this application will be sent to you by email.

Patient's signature	<input type="text"/>	Date	<input type="text"/>
(if patient is a minor, main member or legal guardian to sign)			

2. Doctor's details

First name(s)	<input type="text"/>		
Surname	<input type="text"/>		
BHF practice number	<input type="text"/>	Speciality	<input type="text"/>
Telephone	<input type="text"/>		
Email	<input type="text"/>		

3. Notes to remember

I give permission for my healthcare professional to provide Discovery Health Medical Scheme and Discovery Health (Pty) Ltd (as administrator) with my diagnosis and other relevant clinical information required to review my application for the External Medical Items Extender Benefit (EMI).

I understand that:

- 3.1. Funding from the EMI Extender Benefit is subject to meeting benefit entry requirements as determined by Discovery Health Medical Scheme.
- 3.2. The EMI Extender Benefit only covers a defined list of external medical items as determined by Discovery Health Medical Scheme.
- 3.3. The External Medical Items Extender Benefit will only be applicable after the annual External Medical Items Benefit or the Above Threshold Limit has been depleted and the funded medical equipment will be paid up to 100% of the Discovery Health Rate.
- 3.4. Funding from the EMI Extender Benefit will only be effective from when Discovery Health Medical Scheme approved the application.
- 3.5. I will need to send an updated or new application form, if I need additional medical equipment in the same benefit year.
- 3.6. Consent for processing my personal information:
 - 3.6.1. I give the Scheme and the administrator consent to have access to and process all information (including general, personal, medical or clinical information) that is relevant to this application.
 - 3.6.2. I understand that this information will be used for the purposes of applying for and assessing this application.
 - 3.6.3. I understand that by applying for the EMI Extender Benefit my condition may be subject to benefit parameters and guidelines as determined by the relevant professional body, disease management interventions and periodic review for clinical evidence and cost-effectiveness which requires access to my medical records. I consent to Discovery Health Medical Scheme and the administrator accessing these records/information as long as the records/information are always kept confidential.
 - 3.6.4. I consent to the Scheme and the administrator disclosing, from time to time, information supplied to them (including general, personal, medical or clinical information) to my healthcare professional, to administer the EMI Extender Benefit.

4. Entry criteria for the External Medical Items Extender Benefit

- 4.1. If you are on an Executive or a Comprehensive Plan (including Classic Smart Comprehensive Plan) you may qualify for cover from the External Medical Items Extender Benefit if your annual External Medical Items (EMI) Benefit has been depleted.
- 4.2. All cases will be reviewed on individual merit and on case-by-case basis with severity of the condition and disability taken into consideration.
- 4.3. The decisions made will not set a precedent, determine future benefits or affect Discovery Health Medical Scheme in any way.
- 4.4. The defined list of external medical items applicable to this benefit should be obtained from a preferred supplier. Items not on the defined list will not be covered from the EMI Extender Benefit.
- 4.5. The external medical items frequency limits applicable to the EMI Benefit will also apply to the EMI Extender Benefit.

List of qualifying conditions:

- Hemiplegia and paraplegia
- Quadriplegia (tetraplegia)
- Cerebral palsy
- Motor neuron Disease
- Parkinson's disease (and other movement disorders of the basal ganglia)
- Connective tissue disorder
- Severe injuries resulting in severe disabilities
- Spinal-muscular atrophy
- Multiple sclerosis (and other demyelinating CNS disorders)
- Muscular dystrophy

Product categories funded through the External Medical Items Extender Benefit

- Standard wheelchairs
- Lightweight wheelchairs
- Motorised wheelchairs
- Other specialised appliances such as activity chairs, customised wheelchairs, gait trainers etc.
- Wheelchair accessories e.g. cushions, arm rest, foot rests, side panels etc.
- Hoists
- Standing frames
- Scooters
- Breathing Devices (CPAP/APAP and BIPAP machines)

Preferred suppliers: Mobility Devices

- CE Mobility - **086 023 6624**
- Chairmain Industries - **011 624 122/3/4**
- Medop - **011 827 5893**
- ShonaQuip - **021 797 8239**

Preferred suppliers:Breathing Devices :

- Ecomed - 011 955 5710
- VitalAire - 086 111 4578
- SSEM Mthembu - 011 430 7000
- Resmed - is operating through the following distributors:
- Sleep Easy Equipment - 011 465 7351/6939 (Johannesburg)
- SleepNet - 021 551 0325 (Cape Town / Durban / Johannesburg)
- Fountains Circle Medical - 012 362 4142/6009 (Johannesburg)
- Jan Le Roux Pieterse - 083 324 9151 (Bloemfontein)
- Garden Route Sleep Lab - 083 262 2307
- The CPAP Shop / CPAP Essentials - 012 346 0309
- ResQbreeze - 083 510 5179 (Johannesburg)
- Netcocare - 0861 275 337 (Cape Town)
- SK & A Medical - 084 707 0008 (Mpumalanga)
- Maries CPAP Solutions - 033 394 6456
- Medisleep Solutions - 082 572 9899 (Bloemfontein)
- Easybreathe - 083 716 7495 (Pretoria)
- SleepQuip - 064 535 7935 (Free State)
- HomeHealth Solutions- 084 578 802 (Free State)
- Sleepcare - 083 299 8099 (Eastern Cape)
- Oxygen and General - 011 234 7373
- Airo Health Care - 011 463 2361
- Healthysleep - 012 492 6275
- Berien - 074 744 2288
- HRI Medical Supplies T/A Redmark - 081 534 7353

5. Condition (to be completed by doctor)

ICD-10	Diagnosis description	Date when condition was first diagnosed							
		Y	Y	Y	Y	M	M	D	D
		Y	Y	Y	Y	M	M	D	D
		Y	Y	Y	Y	M	M	D	D
		Y	Y	Y	Y	M	M	D	D
		Y	Y	Y	Y	M	M	D	D

6. Additional clinical information (to be completed by doctor)

7. External medical item required (to be completed by doctor)

NAPPI or SAOPA code	Description

8. Notes to doctor

- 8.1. The doctor's fee for completion of this form will be reimbursed on code 0199, on submission of a separate claim. Payment of the claim is from the day-to-day benefits (if applicable to the member's plan type), subject to Scheme rules and availability of funds and where the member is a valid and active member at the service date of the claim.
- 8.2. In line with legislative requirements, please ensure that when using code 0199, you submit the ICD-10 diagnosis code(s). As per industry standards, the appropriate ICD-10 code(s) to use for this purpose would be those reflective of the actual chronic condition(s) for which the form was completed. If funding for multiple chronic conditions were applied for, then it would be appropriate to list all the relevant ICD-10 codes.
- 8.3. Email the completed form to clinicalhelp@discovery.co.za.

Signature of doctor

Date

D	D	M	M	Y	Y	Y	Y
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Please only sign if information is true, complete and correct.