

**2020**

DISCOVERY HEALTH MEDICAL SCHEME

# INTERNATIONAL CLINICAL REVIEW SERVICES

Cleveland Clinic MyConsult® online medical second opinion programme

## Overview

Discovery Health Medical Scheme promises to deliver the best care to all of our members. We recognise that South African specialists offer exceptional quality of care through their high levels of expertise and knowledge. Our experience tells us that there are times when a specialist may want to collaborate with other experts in a certain field of medicine, especially when their patients are facing life-threatening and life-changing conditions, and when this involves the use of new treatment modalities.

In some cases, a patient may ask their specialist to assist them in obtaining a second opinion for these conditions. To make this possible, Discovery Health Medical Scheme has collaborated with Cleveland Clinic, an international medical centre in the United States, recognised as a worldwide leader in healthcare.

Through this partnership, all Discovery Health Medical Scheme members have the opportunity to get an online second opinion from a Cleveland Clinic physician specialist.

## More about Cleveland Clinic and the service it offers through MyConsult®

Cleveland Clinic is a non-profit, multi-speciality academic and medical centre. The clinic integrates clinical and hospital care with research and education, which achieves optimal outcomes in the treatment of rare and complex conditions. They are recognised as leaders in providing second opinions, especially in cases where there is limited expertise.

### You can get a second opinion for more than 1 200 diagnoses

Cleveland Clinic MyConsult® offers online medical second opinions for more than 1 200 diagnoses. These diagnoses include conditions that affect a person's quality of life, or more serious life-threatening conditions, including inborn errors of metabolism like Pompe disease, nephroblastoma, and unusual conditions in children like insulinoma.

### The top 15 most requested diagnoses in the MyConsult® programme include:

1. Coronary artery disease
2. Atrial fibrillation
3. Prostate cancer
4. Aortic stenosis
5. Mitral regurgitation
6. Lumbar disc herniation
7. Kidney tumour
8. Lumbar canal stenosis
9. Breast cancer (medical management review)
10. Degenerative disc disease
11. Spinal stenosis with degenerative spondylolisthesis
12. Cardiomyopathy
13. Aortic regurgitation
14. Congestive heart failure
15. Lung cancer

### The MyConsult® online second opinion service is for confirmation of diagnosis

The MyConsult® service is for when a Discovery Health Medical Scheme member faces a life-threatening diagnosis or one that affects quality of life. The second opinion provides either a confirmation of, or alternative to, the diagnosis and treatment recommendations. This service does not include the actual treatment.

### Discovery Health (Pty) Ltd will coordinate the online second opinion process for you

Discovery Health (Pty) Ltd, as the administrator of the Scheme will oversee the second opinion process on behalf of you and your treating doctor. From the initial case creation, a dedicated case manager will facilitate all the interactions between your treating doctor in South Africa and Cleveland Clinic MyConsult®.

## These are the steps involved for you to access the second opinion service

### Your treating doctor will request an online second opinion from a Cleveland Clinic's physician specialist on your behalf

For more information and details on how a treating doctor can request an online second opinion, please go to [www.discovery.co.za](http://www.discovery.co.za) > Medical Aid > Need a doctor.

### **You need to pay Discovery Health Medical Scheme within 10 days, for the second opinion process to start**

The cost for an online second opinion from Cleveland Clinic is **\$565**. If a pathology review is required to complete the consultation, there will be an additional charge of **\$180**. Review by more than one specialist may only be possible for selected, complex cases and will incur an additional cost of **\$500** for each consultation.

You need to pay the relevant amount that applies to your case within 10 days after your case is opened, and send the proof of payment to [CLEVELAND\\_PAYMENTS@discovery.co.za](mailto:CLEVELAND_PAYMENTS@discovery.co.za). As soon as the final medical report from Cleveland Clinic is received, Discovery Health Medical Scheme will pay 100% of the amount on the Executive Plan and 50% of the amount on other plans. This amount does not affect your day-to-day benefits as the Scheme pays this amount. If you are on the Executive Plan you will not need to pay upfront as the consultation is covered in full by the Scheme.

### **You must send signed consent forms when you send your proof of payment**

Both Discovery Health Medical Scheme and Cleveland Clinic require consent forms to be completed. The case manager will send you the consent forms, Cleveland Clinic's terms and conditions and a cover letter that will assist you when completing the form.

If we do not receive proof of payment and the completed consent forms within 10 days after the case has been logged on our system, the case will be closed.

### **We will send the case details to a Cleveland Clinic MyConsult® physician specialist**

Once the case manager receives the required documents, the details of the case will be sent to a physician expert at Cleveland Clinic. The expert specialist at Cleveland Clinic will review the case and provide the case manager with a detailed second opinion report including treatment recommendations.

The case manager will give the report to your doctor who will share the report and discuss the Cleveland Clinic physician's recommendations with you.

## Contact us

Tel (Members): 0860 99 88 77, Tel (Health partner): 0860 44 55 66, PO Box 784262, Sandton, 2146, [www.discovery.co.za](http://www.discovery.co.za),  
1 Discovery Place, Sandton, 2196.

## Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

### 1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

### 2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

### 3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

### 4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com)  
0861 123 267 | [www.medicalschemes.com](http://www.medicalschemes.com)