

**2020**

DISCOVERY HEALTH MEDICAL SCHEME

# HIV ANTIRETROVIRAL (ARV) MEDICINE LIST (FORMULARY)

## HIV Care Programme 2020

### DISCLAIMER

The information contained in this document may be subject to change.

When you register for the HIV Care programme, you are covered for the care you need. You can be assured of confidentiality at all times. The HIV Care programme and the utilisation of the benefits on the programme is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Scheme rules and the HIV benefit guide are available on [www.discovery.co.za](http://www.discovery.co.za)

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit [www.discovery.co.za](http://www.discovery.co.za) or click on **Find a provider** in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The updated version of this document is available on our website at all times.

### About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Drug Amount (CDA)	Discovery Health Medical Scheme pays up to a monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount does not apply to the Smart and KeyCare plans, on these plans the cost of the lowest formulary listed drug will apply.
ICD-10 code	A clinical code that describes diseases and signs, symptoms, abnormal findings, complaints, social circumstances and external causes of injury or diseases, as classified by the World Health Organisation (WHO).
Prescribed Minimum Benefits	<p>In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> <li>▪ An emergency medical condition</li> <li>▪ A defined list of 270 diagnoses</li> <li>▪ A defined list of 27 chronic conditions.</li> </ul> <p>To access Prescribed Minimum Benefits, there are rules that apply:</p> <ul style="list-style-type: none"> <li>▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit conditions</li> <li>▪ The treatment needed must match the treatments in the defined benefits</li> <li>▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment.</li> </ul> <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>

TERMINOLOGY	DESCRIPTION
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment, where failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.

## HIV antiretroviral (ARV) medicine list (formulary)

NAPPI_6	Product Name	Strength	Form	Medicine Class	2020 Exec CompCore Saver Priority CDA
715992	Adco lamivudine & zidovudine 150mg/300mg		TAB	Antiviral Combinations - Zidovudine and lamivudine	225
707971	Sonke-lamivudine and zidovudine		TAB	Antiviral Combinations - Zidovudine and lamivudine	225
707300	Cipla-duovir		TAB	Antiviral Combinations - Zidovudine and lamivudine	225
715997	Adco emtevir 200mg/300mg		TAB	Antiviral Combinations - Tenofovir disoproxil and emtricitabine	280
718676	Cipla lamivudine & tenofovir 300mg/300mg( Mivuten)		TAB	Antiviral Combinations - Lamivudine and tevofovir disoproxil	230
720428	Atenef		TAB	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	270
721430	Trenvir		TAB	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	270
721720	Rizene		TAB	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	270
723043	Elteno		TAB	Antiviral Combinations - Efavirenz, tenofovir disoproxil and lamivudine	270

NAPPI_6	Product Name	Strength	Form	Medicine Class	2020 Exec CompCore Saver Priority CDA
3000956	Ranega		TAB	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	270
700924	Kaletra		SYR	Antiviral Combinations - Lopinavir and ritonavir 2	380
710028	Aluvia 200mg/50mg		TAB	Antiviral Combinations - Lopinavir and ritonavir 2	380
715433	Aluvia 100mg/25mg		TAB	Antiviral Combinations - Lopinavir and ritonavir 2	380
712932	Adco-efavirenz	200mg	CAP	Antivirals - NNRTI's - Efavirenz	145
715585	Adco-efavirenz	50mg	CAP	Antivirals - NNRTI's - Efavirenz	145
709528	Sonke-efavirenz	600mg	TAB	Antivirals - NNRTI's - Efavirenz	145
709545	Adco-efavirenz	600mg	TAB	Antivirals - NNRTI's - Efavirenz	145
708708	Adco-lamivudine	10mg/1mL	SOL	Antivirals - NRTI's - Lamivudine	60
703378	Sonke-lamivudine	150mg	TAB	Antivirals - NRTI's - Lamivudine	60
707962	Adco-lamivudine	150mg	TAB	Antivirals - NRTI's - Lamivudine	60
710604	Viropon	50mg/5mL	SUS	Antivirals - NNRTI's - Nevirapine	205
707961	Adco-nevirapine	200mg	TAB	Antivirals - NNRTI's - Nevirapine	205
720866	Adco abacavir	20mg/1mL	SOL	Antivirals - NRTI's - Abacavir	645
718160	Kavimun paed	60mg	TAB	Antivirals - NRTI's - Abacavir	645
701174	Aspen stavudine	30mg	CAP	Antivirals - NRTI's - Stavudine	50
715993	Adco tenofovir	300mg	TAB	Antivirals - NRTI's - Tenofovir disoproxil	165
705452	Aspen zidovudine	100mg	CAP	Antivirals - NRTI's - Zidovudine	190
717982	Zidomat	100mg	TAB	Antivirals - NRTI's - Zidovudine	190
708709	Adco-zidovudine	50mg/5mL	SYR	Antivirals - NRTI's - Zidovudine	190
705455	Aspen zidovudine	250mg	CAP	Antivirals - NRTI's - Zidovudine	190
707960	Adco-zidovudine	300mg	TAB	Antivirals - NRTI's - Zidovudine	190
838527	Norvir	400mg/5mL	SYR	Antivirals - Protease Inhibitors	45
721595	Norvir	100mg	TAB	Antivirals - Protease Inhibitors	45

## Contact us

Tel (Members): 0860 99 88 77, Tel (Health partner): 0860 44 55 66, PO Box 784262, Sandton, 2146, [www.discovery.co.za](http://www.discovery.co.za),  
1 Discovery Place, Sandton, 2196.

## Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

### 1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

### 2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

### 3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

### 4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com)  
0861 123 267 | [www.medicalschemes.com](http://www.medicalschemes.com)