

2020

DISCOVERY HEALTH MEDICAL SCHEME

KEYCARE ACUTE MEDICINE LIST (FORMULARY)

KeyCare acute medicine 2020

DISCLAIMER

The information contained in this document may be subject to change.

The KeyCare acute medicine benefit and the utilisation of the benefits and programmes associated with the KeyCare acute medicine benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on www.discovery.co.za

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za or click on **Find a provider** in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on www.discovery.co.za under Medical Aid > Find a document.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.

KeyCare acute medicine list (formulary)

This medicine list (formulary) contains medicines for acute (short term) use only.

We have set the quantity of medicine for each medicine sub-category according to a specified number of days. For example, a member can claim up to a maximum of 30 Moxymax 250mg capsules once every 120 days or 200ml Augmaxcil S suspension once every 120 days.

Please note: A prescription may only include one medicine from each medicine sub-category in the specified time period. For example: a prescription may not include Aspirin and Paracetamol within 120 days of each other, because both medicines are in the same medicine sub-category.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days	
Analgesics	Analgesics and anti-pyretics	Syrup	792101	Actamol red (boxed)	120mg/5ml	200ml	120	
			704093	Actamol red (un-boxed)	120mg/5ml			
			894281	Adco-Paracetamol	120mg/5ml			
			703820	Feverpain	120mg/5ml			
			863742	Feverpain (boxed)	120mg/5ml			
			895199	Go-Pain P	120mg/5ml			
			889772	Painblok (plastic bottle)	120mg/5ml			
			704450	Painogestic	120mg/5ml			
			707583	Paracetamol elixir SAD (alcohol free)	120mg/5ml			
			758558	Pyralen	120mg/5ml			
	Tablet			745707	Adco-Napacod	500mg/10mg	30	120
				745723	Adco-Napamol	500mg		
				757403	Adco-Prolief	500mg		
				805467	Antalgic	500mg		
				787043	Codorol	500mg/8mg		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Analgesics	Analgesics and anti-pyretics	Tablet	719662	Cogesic	500mg/8mg	30	120
			720577	Disprin	300mg		
			707910	Painamol plus			
			704465	Painogesic	500mg		
			713688	Varipan Co	500mg/8mg		
Anti-histamines	Oral anti-histamines	Syrup	702145	Allergex	2mg/5ml	100ml	180
			736244	Lenazine	5mg/5ml		
			757373	Prohist	5mg/5ml		
		Tablet	703162	Rhineton	4mg	30	180
Anti-microbials	Anti-protozoals	Suspension	726338	Flagyl	200mg/5ml	200ml	120
		Tablet	742872	Adco-Metronidazole	200mg	60	120
			702148	Amzole	400mg		
			715866	Anaerobyl	400mg		
			821705	Bemetrazole	200mg		
			788708	Bemetrazole	400mg		
			707241	Bio-Metronidazole	200mg		
			707242	Bio-Metronidazole	400mg		
			793159	Metazol	200mg		
			793167	Metazol	400mg		
			779822	Metrazole	400mg		
			772216	Trichazole	200mg		
			Beta-lactams	Capsule	704443		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days		
Anti-microbials	Beta-lactams	Capsule	704444	Allmox	500mg	30	120		
			714184	Abyn	500mg				
			707499	Austell-Amoxicillin	250mg				
			705637	Austell-Amoxicillin	500mg				
			806579	Moxymax	250mg				
			806587	Moxymax	500mg				
			808741	Promoxil	250mg				
			808768	Promoxil	500mg				
			830909	Ranceph	250mg				
			837253	Ranceph	500mg				
			809632	Cloxin	250mg			40	120
			809640	Cloxin	500mg				
		Suspension	899097	Adco-Amoclav S	156mg/5ml	200ml	120		
			714179	Allmox S	125mg/5ml				
			714180	Allmox SF	250mg/5ml				
			707186	Amoclan S	156mg/5ml				
			707187	Amoclan SF	312mg/5ml				
			714182	Abyn S	125mg/5ml				
			714183	Abyn SF	250mg/5ml				
			716611	Athlone Phenoxymethyl - penicillin	125mg/5ml				
861952	Augmaxcil S		156mg/5ml						
861960	Augmaxcil SF		312mg/5ml						

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Anti-microbials	Beta-lactams	Suspension	829358	Betamox S	125mg/5ml	200ml	120
			865540	Bio-Amoksiklav S	156mg/5ml		
			842524	Clamentin S	156mg/5ml		
			897892	CPL Alliance Cephalexin	125mg/5ml		
			705832	Curam BD	457mg/5ml		
			830275	Moxymax S	125mg/5ml		
			830291	Moxypen S	125mg/5ml		
			830488	Promoxil S	125mg/5ml		
			830496	Promoxil SF	250mg/5ml		
			860603	Ranceph	125mg/5ml		
			860611	Ranceph	250mg/5ml		
			894123	Ranclav	156mg/5ml		
			894125	Ranclav Forte	312mg/5ml		
			830542	Saltermox SF	250mg/5ml		
			878782	Sandoz Co-Amoclav SF	312mg/5ml		
			705471	Sandoz Co-Amoxyclav BD SF	457mg/5ml		
			878774	Sandoz Co-Amoxyclav S	156mg/5ml		
			708396	Zalox	125mg/5ml		
			708395	Zalox	250mg/5ml		
			830739	Zoxil S	125mg/5ml		
		Tablet	893218	Adco-Amoclav	375mg	30	120

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Anti-microbials	Beta-lactams	Tablet	707184	Amoclan	375mg	30	120
			707663	Apex-Clavutin	375mg		
			707665	Apex-Clavutin	625mg		
			861936	Augmaxcil	375mg		
			861944	Augmaxcil	625mg		
			713381	Auro-Amoxiclav	375mg		
			713382	Auro-Amoxiclav	625mg		
			707407	Austell-Co-Amoxiclav	375mg		
			707408	Austell-Co-Amoxiclav	625mg		
			716124	Bindoclav	375mg		
			716125	Bindoclav	625mg		
			865532	Bio-Amoksiklav	375mg		
			865524	Bio-Amoksiklav	625mg		
			701736	Sandoz Co-Amoxiclav	625mg		
			878766	Sandoz Co-Amoxyclav	375mg		
			719283	Sandoz Co-Amoxyclav	625mg		
	Combinations of penicillins	Capsule	797561	Macropen	500mg	30	120
			797553	Apen	500mg	40	120
		Suspension	829250	Apen S	250mg/5ml	200ml	120
			830208	Macropen S	250mg/5ml		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Anti-microbials	Flucloxacillin	Capsule	781231	Sandoz Flucloxacillin	250mg	40	120
	Lincosamides	Capsule	849960	Clindahexal	150mg	40	120
	Macrolides	Capsule	780561	Adco-Erythromycin	250mg	40	120
			758388	Purmycin	250mg		
			824682	Xeramel	250mg		
		Granule	716627	Claren granules	125mg/5ml	180ml	120
			716628	Claren granules	250mg/5ml		
		Suspension	793329	Betamycin	125mg/5ml	100ml	120
			787108	Erymycin P	125mg/5ml		
			787086	Erymycin PF	250mg/5ml		
			758396	Purmycin	125mg/5ml		
			758418	Purmycin	250mg/5ml		
			823570	Xeramel S	125mg/5ml		
			848409	Xeramel SF	250mg/5ml		
		Tablet	720976	Klaribin	250mg	20	120
			720977	Klaribin	500mg		
			704464	Klarithran	500mg		
	716675		Klaryvid	250mg			
	719921		Klaryvid	500mg			
	Tablet	710310	Eryko	250mg	40	120	
Tablet	718711	Azithromycin Zydus	500mg	2	180		
	705975	Zithrogen	500mg				

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Anti-microbials	Oral anti-fungals	Suspension	701100	Candacide	100 000u/1ml	40ml	120
			835056	Canstat oral	100 000u/1ml		
			835285	Nystacid	100 000u/1ml		
	Quinolones	Tablet	704353	Austell Ciprofloxacin	250mg	20	120
			704351	Austell Ciprofloxacin	500mg		
			713792	Biotech Ciprofloxacin	250mg		
			713793	Biotech Ciprofloxacin	500mg		
			892147	Cifran	500mg		
			703043	Ciprogen	250mg		
			703045	Ciprogen	500mg		
			704777	Ciprol	250mg		
			704775	Ciprol	500mg		
			700284	CPL Alliance Ciprofloxacin	250mg		
			700287	CPL Alliance Ciprofloxacin	500mg		
			720331	Flopro	500mg		
713362	Loxip	500mg					
701210	Orpic	500mg					
Sulphonamides	Suspension	894842	Doctrim	240mg/5ml	200ml	120	
		705259	Ilvitrim	240mg/5ml			

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Anti-microbials	Sulphonamides	Suspension	758221	Purbac	240mg/5ml	200ml	120
		Tablet	704095	Ilvitrim	480mg	40	120
			735698	Lagatrim	480mg		
			867977	Nucotrim	480mg		
			715609	Triazole	480mg		
	Tetracyclines	Capsule	893402	A-Lennon Doxycycline HCl	100mg	40	120
			716944	Cyclidox	100mg		
			809667	Doxycyl	100mg		
			714192	Doxytet	100mg		
			884167	Nucotet	250mg		
703224			Pharmatet (yellow/orange)	250mg			
Central nervous system	Anti-migraine preparations	Tablet	743283	Migril		30	180
	Anxiolytics	Tablet	708062	Betapam	5mg	30	180
			721174	Doval	5mg		
			753173	Pax	5mg		
Circulatory system	Iron preparations	Tablet	877832	Ferrous sulphate	30mg	120	120
			756571	Pregamal			
Corticosteroids	Glucocorticoids	Syrup	716381	Adco Prednisolone	15mg/5ml	100ml	120
			714552	Aspelone	15mg/5ml		
		Tablet	788783	Be-Tabs Prednisone	5mg	40	90
			752304	Panafcort	5mg		
			818267	Trolic	5mg		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Corticosteroids	Topical corticosteroids	Cream	827290	Adco-Betamethasone	0,1%	20g	120
			807834	Biocort (stx)	1%		
			800163	Lenovate	0,1%		
			754064	Persivate	0,1%		
			882934	Repivate	0,1%		
			833037	Topivate	0,1%		
			701138	Vari-Betamethasone	0,1%		
			700445	Vari-Hydrocortisone	1%		
Dermatologicals	Anti-fungals	Cream	824011	Canex topical	1%	20g	180
			878421	Clomadern	1%		
			846422	Fungispor	1%		
	Anti-microbial/ Anti-septics	Ointment	717217	Barrs Povidone-Iodine		25g	180
			821713	Septadine antiseptic			
	Anti pruritics	Cream	800511	Allergex Mepyramine		25g	180
			Lotion	717243	Calamine - Alchemist		
		705561	Calamine lotion BP				
		715602	Calamine lotion - Darol				
		712969	Clicks Calamine				
	Scabicides	Lotion	700205	Alpha Benzyl benzoate application	25%	100ml	180

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Dermatologicals	Scabicides	Lotion	707716	App Benzyl benz bpc	25%	100ml	180
		Scalp Lotion	885588	App Benzyl benz - Allied	25%	100ml	180
	Topica anti-virals	Cream	873551	Acitop	5%	1	180
			824674	Adco-Acyclovir	5%		
Gastrointestinal system	Antacids	Suspension	703640	Alumag D		500ml	30
			700771	Amgel			
			702725	Dicyclomine Co gel			
			892654	Magasil			
			740551	Mayogel			
			740683	Medigel			
			757675	Propan gel S			
			765538	Spasmogel			
	Anthelmintics	Suspension	845698	Wormstop	100mg/5ml	60ml	180
		Tablet	703063	Adco-Wormex	100mg	12	180
	Anti-emetics	Syrup	783064	Adco-Contromet	5mg/5ml	100ml	120
			723037	Emetrol			
			784346	Emex			
			792845	Medazine-S	12,5mg/5ml		
			820571	Nauzine S	12,5mg/5ml		
		Tablet	715875	Adco-Contromet	10mg	20	120
			717891	Bio Metoclopramide	10mg		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Gastrointestinal system	Anti-emetics	Tablet	700712	Clomax	10mg	20	120
			809322	Covamet	50mg		
			744182	Mitil	5mg		
			799424	Nauzine	50mg		
	Anti-diarrhoeals	Tablet	791768	Adco-Prodium	2mg	12	90
			796697	Norimode	2mg		
	Anti-haemorrhoidals	Ointment	756849	Preparation H	OIN	25g	120
	Anti-spasmodics	Syrup	707213	Hyospasmol	5mg/5ml	100ml	120
			703383	Scopex syrup	5mg/5ml		
		Tablet	731951	Hyospasmol	10mg	20	120
	Biltricides	Tablet	717169	Cysticide	500mg	100	360
	Electrolyte replacement	Syrup	762873	Scriptolyte		200ml	180
	H2-Receptor blockers	Tablet	811459	Adco-Cimetidine	200mg	90	180
			800252	Adco-Cimetidine	400mg		
			886978	Bio-Cimetidine	200mg		
			887003	Bio-Cimetidine	400mg		
			854247	Cimlok	200mg		
			854255	Cimlok	400mg		
			736260	Lenamet	400mg		
	Laxatives	Syrup	708722	Aculax	3300mg/5ml	150ml	120
797723			Lacson	3300mg/5ml			

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Gastrointestinal system	Laxatives	Tablet	868078	Soflax	13,5mg	48	120
Genito-Urinary System	Urinary alkalinisers	Granule	712312	Medi Soda Effervescent		500g	30
		Suspension	805130	Mist Pot Cit simplex	416,6mg/5ml	500ml	30
	Vaginal anti-fungals	Vaginal cream	831913	Canex Vag	1%	50g	120
			846341	Fungispor (1 applicator)	1%		
Musculo-skeletal	Anti-gout preparations	Tablet	715271	Colchicine	0,5mg	30	180
	Non-steroidal anti-inflammatorys (NSAIDs)	Capsule	701891	Amdocin	25mg	30	120
			787833	Betacin	25mg		
			868213	Gulf Indomethacin	25mg		
		Suspension	875643	Adco-Mefenamic Acid	50mg/5ml	200ml	120
			797014	Fenamin	50mg/5ml		
			700315	Ibucine (was Ibumax)	100mg/5ml		
			704781	Ibugesic	100mg/5ml		
			793264	Ponac	50mg/5ml		
			756156	Ponstan	50mg/5ml		
			Tablet	788597	Adco-Diclofenac		
		893390		A-Lennon Diclofenac	25mg		
		893391		A-Lennon Diclofenac	50mg		
		787426		Betaprofen	200mg		
		701975		Betaprofen FC	400mg		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Musculo-skeletal	Non-steroidal anti-inflammatory (NSAIDs)	Tablet	708290	Bren	400mg	30	120
			718479	Diclofenac Biotech	25mg		
			853240	Diclohexal	25mg		
			700316	Ibucine (was Ibumax)	200mg		
			700318	Ibucine (was Ibumax)	400mg		
			868221	Ibunate	200mg		
			708536	Ibusor	200mg		
			733741	Inza	200mg		
			733768	Inza	400mg		
			786012	Mylan Diclofenac	25mg		
			786020	Mylan Diclofenac	50mg		
			752398	Panamor AT	50mg		
			824852	Ranfen	200mg		
			701654	Ranfen	400mg		
Ophthalmics	Eye Drops	Eye Drops	728608	Gemini 15ml		2	120
			702935	Octin ophthalmic drops 5ml	0,3%		
			894605	Stop allerg 13,5ml			
	Eye ointment	Eye ointment	713759	Chlorcol 3.5g	1%	2	120
			713872	Chlornicol 3.5g	1%		
			817201	Chlorphen 3.5g	1%		
			767360	Sulphacetamide 3.5g			

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Broad medicine category	Medicine sub-category	Dosage form	NAPPI code*	Medicine name	Medicine strength	Maximum allowable quantity	Per number of days
Respiratory system	Flu preparations	Cough/ Mucolytic syrup	787078	Adco-Mucolinct	250mg/5ml	200ml	180
			701742	Alcophyllex			
			701750	Alcophyllin	26,67mg/5ml		
			708151	Betaphlem	250mg/5ml		
			710520	Bronchette	250mg/5ml		
			779814	Co-Flem	250mg/5ml		
			789739	Flemgo	250mg/5ml		
			737798	Lessmusec	250mg/5ml		
			770388	Theophen	80mg/15ml		
			700238	Theophen Compound elixir			
	Decongestant syrup	703853	Acuflu P (alcohol and sugar free)		200ml	180	
		806218	Adco-Flupain				
	Nasal spray/ Nasal drop	702618	Drinasal Paediatric 10ml	0,025%	1	180	
		746126	Nazene Z 20ml	0,05%			
	Tablet	822744	Sinuend		20	120	
	Nasal corticosteroids	Nasal spray	820709	Beclate aquanase 150 dose	50mcg	1	180
			897937	Clenil aqueous 200 dose	50mcg		

*NAPPI code: This is a unique identifier for a given ethical, surgical or consumable product.

Contact us

Tel (Members): 0860 99 88 77, Tel (Health partner): 0860 44 55 66, PO Box 784262, Sandton, 2146, www.discovery.co.za,
1 Discovery Place, Sandton, 2196.

Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on www.discovery.co.za or by emailing principalofficer@discovery.co.za.

3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.com
0861 123 267 | www.medicalschemes.com