

**2020**

DISCOVERY HEALTH MEDICAL SCHEME

TREATMENT BASKETS FOR THE  
PRESCRIBED MINIMUM BENEFIT  
CHRONIC DISEASE LIST CONDITIONS

## Treatment baskets for the Prescribed Minimum Benefit Chronic Disease List

### Overview

The Prescribed Minimum Benefit Chronic Disease List is a list of conditions which all registered medical schemes in South Africa need to cover on all the plans they offer to their members. This cover includes funding for the diagnosis, treatment and ongoing care for the listed conditions.

Read further to understand what procedures, investigations and consultations are covered for both the diagnosis and ongoing management for each condition.

Discovery Health Medical Scheme plans are structured in such a way as to maximise cover no matter which plan members choose. Some plans cost more but offer more comprehensive benefits while others have lower contributions with fewer benefits. Regardless of this, all our plans cover more than just the minimum benefits required by law.

### About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Designated service provider (DSP)	A healthcare provider (for example doctor, specialist, pharmacist or hospital) who we have an agreement with to provide treatment or services at a contracted rate. Visit <a href="http://www.discovery.co.za">www.discovery.co.za</a> or click on find a provider on the Discovery app to view the full list of DSPs.
Discovery Health Rate (DHR)	This is a rate set by us. We pay for healthcare services from hospitals, pharmacies and healthcare professionals at this rate.
Day-to-day benefits	These are the available funds allocated to the Medical Savings Account and Above Threshold Benefit, where applicable.
ICD-10 code	A clinical code that describes diseases and signs, symptoms, abnormal findings, complaints, social circumstances and external causes of injury or diseases, as classified by the World Health Organisation (WHO).
Prescribed Minimum Benefits (PMBs)	<p>In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> <li>▪ An emergency medical condition</li> <li>▪ A defined list of 270 diagnoses</li> <li>▪ A defined list of 27 chronic conditions.</li> </ul> <p>To access Prescribed Minimum Benefits, there are rules that apply:</p> <ul style="list-style-type: none"> <li>▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit conditions</li> <li>▪ The treatment needed must match the treatments in the defined benefits</li> <li>▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment.</li> </ul> <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>

TERMINOLOGY	DESCRIPTION
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment, where failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Waiting period	A waiting period can be general (up to 3 months) or condition-specific (up to 12 months) and means that the member has to wait for a set time before he or she can claim from their chosen plan's cover.

### We pay Prescribed Minimum Benefit Chronic Disease List claims if your condition has been approved on the Chronic Illness Benefit

Claims for procedures and consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets will be paid from the Chronic Illness Benefit. The number of tests and consultations allowed for the ongoing management of a condition are pro-rated based on the **date of approval** of your chronic condition. Where you have cover for the same procedure or test in more than one basket, we limit payment to the number of procedures or tests in the basket that has the highest number. For more information on the PMB Chronic Disease List conditions, and how to register, visit [www.discovery.co.za](http://www.discovery.co.za) and search under Medical Aid > Find a document.

### How we pay for tests to diagnose your condition

If you have been recently diagnosed with and approved for cover for a Chronic Disease List condition, we will pay for the tests and procedures in the diagnostic basket in full. We will also pay in full for the consultation with the Healthcare provider who made the diagnosis. We will only pay for these tests, procedures and consultation provided that you were an active and valid member of the Scheme at the time of the diagnosis.

### How we pay for GP and specialist consultations and ongoing management related to your condition

We pay claims from the treatment baskets for the ongoing management of your condition from healthcare professionals such as pathologists, radiologists, dieticians and podiatrists in full.

HOW WE PAY GP CONSULTATIONS RELATED TO YOUR CONDITION	
Executive, Comprehensive, Priority & Saver Plans	We pay for four (4) consultations a year that are related to your approved condition at a GP who is a designated service provider. If you choose to use a GP who is not a designated service provider, we will pay up to a maximum of the Discovery Health Rate. You must pay any difference between what is charged and what we pay.
Smart Plans	We pay for four (4) consultations a year that are related to your approved condition at a GP in the Smart Network. If you choose to use any other GP, we will pay up to 80% of the Discovery Health Rate. You must pay any difference between what is charged and what we pay.
Core Plans	We pay for four (4) consultations a year that are related to your approved condition at a GP who is a designated service provider. If you use any other GP, we will pay up to a maximum of 80% of the Discovery Health Rate. You must pay any difference between what is charged and what we pay.
KeyCare Plus	We pay for four (4) consultations a year that are related to your approved condition at your chosen primary or secondary GP in the KeyCare GP Network. If you use any other GP, we will pay up to a maximum of 80% of the Discovery Health Rate. You must pay any difference between what is charged and what we pay.

HOW WE PAY GP CONSULTATIONS RELATED TO YOUR CONDITION	
KeyCare Core Plans	We pay for four (4) consultations a year that are related to your approved condition at a GP in the KeyCare GP Network. If you choose to use any other GP, we will pay up to a maximum of 80% of the Discovery Health Rate. You must pay any difference between what is charged and what we pay.
Keycare Start	We pay for four (4) consultations a year that are related to your approved condition at your chosen GP in the KeyCare Start Network. If you use any other GP, we will pay up to a maximum of 80% of the Discovery Health Rate. You must pay any difference between what is charged and what we pay.

HOW WE PAY SPECIALIST CONSULTATIONS RELATED TO YOUR CONDITION	
Executive, Comprehensive, Priority & Saver Plans	Depending on your condition, we pay for a specific number of consultations with a specialist, as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider up to the agreed rate. We pay up to a maximum of the Discovery Health Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.
Smart Plans	Depending on your condition, we pay for a specific number of consultations with a specialist, as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider up to the agreed rate. We pay up to a maximum of 80% of the Discovery Health Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.
Core Plans	Depending on your condition, we pay for a specific number of consultations with a specialist, as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider up to the agreed rate. We pay up to a maximum of 80% of the Discovery Health Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.
KeyCare Plus and Core plans	Depending on your condition, we pay for a specific number of consultations with a specialist in the KeyCare Specialist Network. We pay up to a maximum of 80% of the Discovery Health Rate for consultations with any other specialist. You must pay any difference between what is charged and what we pay.
Keycare Start	Depending on your condition, we pay for a specific number of consultations with a specialist who is in your Network pathway. We pay up to a maximum of 80% of the Discovery Health Rate for consultations with any other specialist. You must pay any difference between what is charged and what we pay.

To find the closest GP or specialist on our network, go to Find a healthcare professional on our website.

### Please make sure your claims have the appropriate ICD-10 code

All claims must have the appropriate ICD-10 codes (diagnostic codes) so we can identify them and pay them from the Chronic Illness Benefit. Please include the ICD-10 codes (diagnosis codes) when referring your patient to the pathologist or radiologist. This will enable the pathologists and radiologists to share this information with us and allow us to comply with legislation by paying Prescribed Minimum Benefits (PMB) claims correctly.

### We may pay claims from your day-to-day benefits if these requirements are not met

We will pay claims from your available day-to-day benefits if:

- The claims are submitted without the relevant ICD-10 codes.
- You have exceeded the frequency limit on consultations or tests.

## Treatment Baskets for Chronic Disease List conditions

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Addison's disease</b>	U & E only	4171	1	U & E only	4171	3	1
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	3	
	Cortisol level	4499	1				
	ACTH stimulation testing	4523	1				
<b>Asthma</b>	Flow volume test	1188 or 1186	1	Flow volume test	1188 or 1186	1	1
	Peak flow	1192	1	Peak flow	1192	3	
<b>Bipolar mood disorder</b>	AST – Aspartate aminotransferase	4130	1	AST – Aspartate aminotransferase	4130	2	2
	ALT – Alanine aminotransferase	4131	1	ALT – Alanine aminotransferase	4131	2	
	Thyrotropin (TSH)	4507	1	Thyrotropin (TSH)	4507	1	
	U & E only	4171	1	U & E only	4171	2	
				Lithium – flame ionisation	4067	2	
				Drug level in biological fluid	4081 or 4370 or 4493	3	
				Creatinine	4032 or 4221 or 4223	2	
<b>Bronchiectasis</b>	Sputum MC&S – sputum analysis for infection	3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924	1	Sputum MC&S – sputum analysis for infection	3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924	4	1
	Flow volume test	1188 or 1186	1	Flow volume test	1186	1	
	Peak flow	1192	1	Peak flow	1192	2	
	X-ray of the chest two views, PA and lateral	30110	1				
<b>Cardiac failure</b>	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	3	2
					1233 or 1234 or 1235 or 1236	1	
	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	2	
	U & E only	4171	1	U & E only	4171	4	

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
Cardiac failure	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	B-Type natriuretic peptide	4488	1	B-Type natriuretic peptide	4488	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1	
	Troponin isoforms	4161	1	Drug level in biological fluid	4081 or 4370 or 4493	3	
	Glucose –random/ fasting	4057	1				
	C-reactive protein	3947	1				
	Full blood count	3755	1				
	Thyrotropin (TSH)	4507	1				
Total cholesterol	4027	1					
Cardiomyopathy	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	1232 or	3	2
					1233 or 1234 or 1235 or 1236	1	
	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	2	
	U & E only	4171	1	U & E only	4171	4	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	B-Type natriuretic peptide	4488	1	B-Type natriuretic peptide	4488	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1	
	Glucose – random/fasting	4057	1	Prothrombin index (PI)	3805	24	
	C-reactive protein	3947	1	Therapeutic drug level: Dosage	3806	24	
	Full blood count	3755	1	Drug level in biological fluid	4081 or 4370 or 4493	3	
	Thyrotropin (TSH)	4507	1				
	Total cholesterol	4027	1				

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Chronic obstructive pulmonary disease (COPD)</b>	Flow volume test	1188 or 1186	1	Flow volume test	1186	1	1
	X-ray of the chest two views, PA and lateral	30110	1	Peak flow	1192	2	
	Alpha-1-antitrypsin	4005	1	Drug level in biological fluid	4081 or 4370 or 4493	2	
<b>Chronic renal disease</b>	ECG – Electrocardiogram	1232 or 1233 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1236	2	2
	Full blood count	3755	1	Full blood count	3755	4	
	U & E only	4171	1	U & E only	4171	4	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	Serum calcium	4016 or 4017 or 4375 or 4376	1	Serum calcium	4016 or 4017 or 4375 or 4376	4	
	Serum phosphates	4109 or 4313	1	Serum phosphates	4109 or 4313	4	
	Serum parathyroid hormone (PTH)	4512	1	Serum parathyroid hormone (PTH)	4512	2	
	Protein: Quantitative	4213	1	Protein: Quantitative	4213	1	
				Platelet count	3797	1	
				Urine analysis (dipstick)	4188	4	
				Iron	4071	2	
Transferrin				4144	2		
Ferritin	4528	2					
<b>Coronary artery disease</b>	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	2	2
	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	2	
	U & E only	4171	1	U & E only	4171	2	
	Glucose – random/fasting	4057	1	Glucose – random/fasting	4057	1	



Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Coronary artery disease</b>	Total cholesterol	4027	1	Total cholesterol	4027	1	
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	Triglycerides	4147	1	Triglycerides	4147	1	
	C-reactive protein	3947	1				
	Urine analysis (dipstick)	4188	1				
	Full blood count	3755	1				
	Thyrotropin (TSH)	4507	1				
	X-ray of the chest two views, PA and lateral	30110	1				
	Platelet count	3797	1				
<b>Crohn's disease</b>	Colonoscopy	1653 or 1656	1	Colonoscopy	1653 or 1656	1	3
	Erythrocyte sedimentation rate or C-reactive	3743 or 3947	1	C-reactive protein	3947	2	
	Full blood count	3755	1	Full blood count	3755	2	
	Histology	4567 & 4571 or 4582 & 4584	3				
<b>Diabetes insipidus</b>	U & E only	4171	1	U & E only	4171	3	1
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	3	
	Osmolality: Serum or urine	4093	1	Osmolality: Serum or urine	4093	1	
<b>Diabetes type 1</b>	ECG – Electrocardiogram	1232 or 1233 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1236	1	1 (Ophthalmologist)  4 (Other Specialist)
	Microalbuminuria	4261 or 4262	1	Microalbuminuria	4261 or 4262	2	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	Total cholesterol	4027	1	Total cholesterol	4027	1	
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	Triglycerides	4147	1	Triglycerides	4147	1	
	U & E only	4171	1	U & E only	4171	1	
	Serum creatinine	4032 or 4223	1	Serum creatinine	4032 or 4223	1	
	Urine creatinine	4221	1	Urine creatinine	4221	1	
	Glucose – random/fasting	4057	1	HBA1c	4064	4	



Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
Diabetes type 1	Two-hour glucose-OGTT	4049	1	Tonometry	3014	1	
				Basic capital equipped in own rooms by ophthalmologists	3009	1	
				Fundus examination	3003 or 3004 or 3027	1	
				Podiatrist	68301 or 68302 or 68303 or 68304	1	
				Dietician	84200 or 84201 or 84202 or 84203 or 84204 or 84205	1	
Diabetes type 2	ECG – Electrocardiogram	1232 or 1233 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1236	1	1 (Ophthalmologist)
	Microalbuminuria	4261 or 4262	1	Microalbuminuria	4261 or 4262	2	1 (Other Specialist)
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	Total cholesterol	4027	1	Total cholesterol	4027	1	
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	Triglycerides	4147	1	Triglycerides	4147	1	
	U & E only	4171	1	U & E only	4171	1	
	Serum creatinine	4032 or 4223	1	Serum creatinine	4032 or 4223	1	
	Urine creatinine	4221	1	Urine creatinine	4221	1	
	Glucose – random/fasting	4057	1	HBA1c	4064	4	
	Two-hour glucose-OGTT	4049	1	Tonometry	3014	1	
				Basic capital equipped in own rooms by ophthalmologists	3009	1	
Fundus examination				3003 or 3004 or 3027	1		
Podiatrist				68301 or 68302 or 68303 or 68304	1		

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Diabetes type 2</b>				Dietician	84200 or 84201 or 84202 or 84203 or 84204 or 84205	1	
<b>Dysrhythmia</b>	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	3	2
					1232 or 1233 or 1234 or 1235 or 1236	1	
	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	
	U & E only	4171	1	U & E only	4171	2	
	Magnesium: Spectro-photometric	4094	1	Magnesium: Spectro-photometric	4094	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	1	
	C-reactive protein	3947	1	Prothrombin index (PI)	3805	24	
	Thyrotropin (TSH)	4507	1	Therapeutic drug level: Dosage	3806	24	
	24 Hour ambulatory ECG monitoring (holter)	1238 & 1239	1	Drug level in biological fluid	4081 or 4370 or 4493	2	
Serum calcium	4016 or 4017 or 4375 or 4376	1					
<b>Epilepsy</b>	EEG – Electro-encephalography	2711 & 2712	1	EEG – Electro-encephalography	2711 & 2712	1	3
	EEG with special activation	75133	1	Drug level in biological fluid	4081 or 4370 or 4493	3	
<b>Glaucoma</b>	Tonometry	3014	1	Tonometry	3014	3	3
	Fundus examination	3003 or 3004	1	Fundus examination	3003 or 3004	3	
	Gonioscopy	3002	1	Gonioscopy	3002	3	
	Basic capital equipped in own rooms by ophthalmologists	3009	1	Basic capital equipped in own rooms by ophthalmologists	3009	3	
	Visual fields	3016 or 3017	1	Visual fields	3016 or 3017	2	

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Glaucoma</b>	Disc and nerve fibre layer analysis or Disc photography	3026 or 3027	1	Disc and nerve fibre layer analysis or Disc photography	3026 or 3027	1	
	Optical Coherent Tomography (OCT) of Optic nerve or macula	3028	2 (1 per eye)	Optical Coherent Tomography (OCT) of Optic nerve or macula	3028	2 (1 per eye)	
	Central corneal thickness measurement	3020	2 (1 per eye)	Retinal threshold trend evaluation	3018	1	
<b>Haemophilia</b>	Factor VIII or Factor IX antigen or Coagulation factors	3758 or 3757	1	Factor VIII or Factor IX inhibitors	3724	1	2
	Full blood count	3755	1	Full blood count	3755	1	
	Platelet count	3797	1	Platelet count	3797	1	
	Fibrinogen titre	3825	1				
	PTT - Partial thromboplastin	3837	1				
	Prothrombin index (PI)	3805	1				
	Therapeutic drug level: Dosage	3806	1				
	Bleeding time	3713	1				
<b>Hyperlipidaemia</b>	Thrombin time	3841	1				
	Total cholesterol	4027	1	Total cholesterol	4027	1	0
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	Triglycerides	4147	1	Triglycerides	4147	1	
	Thyrotropin (TSH)	4507	1	AST - Aspartate aminotransferase	4130	1	
<b>Hypertension</b>				ALT - Alanine aminotransferase	4131	1	
	ECG - Electrocardiogram	1232 or 1233	1	ECG - Electrocardiogram	1232 or 1233	1	1
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	1	
	Glucose - random / fasting	4057	1	Glucose - random/fasting	4057	1	
	Total cholesterol	4027	1	Total cholesterol	4027	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	1	
	24 Hour ambulatory blood	1237	1	Potassium	4113	1	
U & E only	4171	1					

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Hypothyroidism</b>	Thyrotropin (TSH)	4507	1	Thyrotropin (TSH)	4507	2	0
	Free thyroxine	4482	1	Free thyroxine (FT4)	4482	2	
	Total cholesterol	4027	1				
<b>Multiple sclerosis</b>	MR of the brain pre and post contrast or uncontrasted	10430 or 10410	1	MR of the brain pre and post contrast or uncontrasted	10430 or 10410	1	2
	MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted	51420 or 51410 or 51400	1	MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted	51420 or 51410 or 51400	1	
	MR of the thoracic spine pre and post contrast or uncontrasted	52420 or 52410 or 52400	1	MR of the thoracic spine pre and post contrast or uncontrasted	52420 or 52410 or 52400	1	
	MR of the lumbar spine pre and post contrast or uncontrasted	53420 or 53410 or 53400	1	MR of the lumbar spine pre and post contrast or uncontrasted	53420 or 53410 or 53400	1	
	Visual evoked potentials (VEP): Unilateral	2681	1	AST – Aspartate aminotransferase	4130	1	
	Visual evoked potentials (VEP): Bilateral	2682	1	ALT – Alanine aminotransferase	4131	1	
	<b>Parkinson's disease</b>	No diagnostic or monitoring tests apply as the diagnosis of this condition remains a clinical one					
<b>Rheumatoid arthritis</b>	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	1	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	4	4
	Full blood count	3755	1	Full blood count	3755	2	
	Platelet count	3797	1	Platelet count	3797	2	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	AST – Aspartate aminotransferase	4130	1	AST – Aspartate aminotransferase	4130	4	
	ALT – Alanine aminotransferase	4131	1	ALT – Alanine aminotransferase	4131	4	
	Anti-CCP	4600	1	Anti-CCP	4600	1	
	X-ray of the right hand	65105	1	X-ray of the right hand	65105	1	
	X-ray of the left hand	65100	1	X-ray of the left hand	65100	1	
	X-ray of the right foot	74125	1	X-ray of the right foot	74125	1	

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Rheumatoid arthritis</b>	X-ray of the left foot	74120	1	X-ray of the left foot	74120	1	
	X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1	
	Rheumatoid	3959	1				
	ANF	3934	1				
<b>Schizophrenia</b>				AST – Aspartate aminotransferase	4130	2	4
				ALT – Alanine aminotransferase	4131	2	
				U & E only	4171	2	
				Creatinine	4032 or 4221 or 4223	2	
				Drug level in biological fluid	4081 or 4370 or 4493	3	
<b>Systemic lupus erythematosus</b>	Full blood count	3755	1	Full blood count	3755	4	4
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	U & E only	4171	1	U & E only	4171	4	
	Platelet count	3797	1	Platelet count	3797	1	
	X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1	
	Complement fixation test	3963 or 4182	1	Complement fixation test	3963 or 4182	2	
	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	1	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	4	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	Skin biopsy	4567 & 0233 & 0234 & 0235 & 0237	1	Total cholesterol	4027	1	
	Kidney biopsy	1841	1	Creatinine kinase	4152 or 4153	2	
	Extractable nuclear antigens	3934 or 3948	1	Antiglobulin test (Coombs)	3709	2	
	Urine microscopy	3867	1	AST – Aspartate aminotransferase	4130	4	
	ANF	3934	1	ALT – Alanine aminotransferase	4131	4	
DNA antibodies	4529 or 3948	1					

Condition	Diagnostic basket			Ongoing management basket			
	Procedure or test description	Procedure or test code	Number of procedures or tests we cover	Procedure or test description	Procedure or test code	Number of procedures or tests we cover each year	Number of specialist consultations we cover each year
<b>Systemic lupus erythematosus</b>	Histology	4567 & 4571 or 4582 & 4584	3				
<b>Ulcerative colitis</b>	Colonoscopy	1653 or 1656	1	Colonoscopy	1653 or 1656	1	3
	C-reactive protein	3947	1	C-reactive protein	3947	2	
	Full blood count	3755	1	Full blood count	3755	2	
	Histology	4567 & 4571 or 4582 & 4584	3	Histology	4567 & 4571 or 4582 & 4584	1	
				Flexible sigmoidoscopy	1676	1	

## Contact us

Tel (Members): 0860 99 88 77, Tel (Health partner): 0860 44 55 66, PO Box 784262, Sandton, 2146, [www.discovery.co.za](http://www.discovery.co.za), 1 Discovery Place, Sandton, 2196.

## Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

### 1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

### 2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

### 3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

### 4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com) 0861 123 267 | [www.medicalschemes.com](http://www.medicalschemes.com)