



**2021**

DISCOVERY HEALTH MEDICAL SCHEME

CHRONIC ILLNESS BENEFIT

MEDICINE LIST (FORMULARY)

## Chronic Illness Benefit medicine list (formulary) for 2021

DISCLAIMER
<p>The information contained in this document may be subject to change. The Chronic Illness Benefit (CIB) and the utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on <a href="http://www.discovery.co.za">www.discovery.co.za</a> under Medical Aid &gt; About Discovery Health Medical Scheme.</p> <p>Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional. You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit <a href="http://www.discovery.co.za">www.discovery.co.za</a> under Medical Aid &gt; Find a doctor or click on Find a provider in the Discovery app to find providers in our network.</p> <p>Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on <a href="http://www.discovery.co.za">www.discovery.co.za</a> under Medical Aid &gt; Manage your health plan &gt; Find important documents and certificates.</p>

### About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	Discovery Health Medical Scheme pays up to a monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount does not apply to the Smart and KeyCare plans. On these plans we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.
Co-payment	This is an amount that you need to pay towards a healthcare service. The amount can vary by the type of covered healthcare service, place of service or if the amount the service provider charges is higher than the rate we cover.
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment, where failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits (PMBs)	<p>In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> <li>▪ An emergency medical condition</li> <li>▪ A defined list of 270 diagnoses</li> <li>▪ A defined list of 27 chronic conditions.</li> </ul> <p>To access Prescribed Minimum Benefits (PMBs), there are rules that apply:</p> <ul style="list-style-type: none"> <li>▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions</li> <li>▪ The treatment needed must match the treatments in the defined benefits</li> <li>▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate</li> </ul>

TERMINOLOGY	DESCRIPTION
	(DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment. If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.

## The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) medicine list for all plan types

The PMB CDL medicine list applies to all Discovery Health Medical Scheme plans for the 2021 benefit year. The Chronic Drug Amount (CDA) **does not** apply to the KeyCare and Smart plans.

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R110	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R265	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg <b>(Not available on KeyCare plans)</b>
	R265	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg <b>(Not available on KeyCare plans)</b>
					Symbicord turbohaler 120 dose 160/4.5mcg <b>(Not available on KeyCare plans)</b>
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg <b>(Not available on KeyCare plans)</b>
	R265	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
					Beclate 200 dose 50mcg; 100mcg; 200mcg
				Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
					Pulmicort turbuhaler 200 dose 100mcg; 200mcg
R265	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250 <b>(Not available on KeyCare plans)</b>	
				Foxair accuhaler 60 dose 50/500 <b>(Only Executive and Comprehensive plans)</b>	
				Sereflo HFA 120 dose 25/50	
				Sereflo HFA 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>	
				Sereflo HFA synchrobreathe 120 dose 25/50	
				Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>	
R265	R265	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg <b>(Only Executive and Comprehensive plans)</b>	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Bipolar mood disorder	R110	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Recita 20mg

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R110	R140	Anti-depressants: SSRI's	Escitalopram	Accord Escitalopram 10mg; 20mg	
					Dolin 10mg; 20mg	
					Esetam 10mg; 20mg	
					Marprem 20mg	
					Zyescito 10mg; 20mg	
				Fluoxetine	Deprozan 20mg	
					Fluoxetine 20 Oethmaan 20mg	
					Prolax 20mg	
					Zydus Fluoxetine 20mg	
				Sertraline	Dyna Sertraline 50mg; 100mg	
					Serdep 50mg; 100mg <b>(Only Executive and Comprehensive plans)</b>	
					Serlife 50mg; 100mg <b>(Only Executive and Comprehensive plans)</b>	
	R290	R385	Anti-epileptics: Carboxamide derivatives		Carbamazepine	Degranol 200mg
						Tegretol CR 200mg; 400mg
				Zeptol 200mg		
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
					Convulex syrup 250mg/5ml	
					Epilim crushable 100mg	
					Epilim sugar-free syrup 200mg/5ml	
					Eprolep CR 200mg; 300mg; 500mg	
					Navalpro CR 200mg; 300mg; 500mg	
					Valeptic CR 300mg; 500mg	
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
					Epitec 25mg; 50mg; 100mg; 200mg	
Girotec 50mg; 100mg; 200mg						
Serinem 25mg; 50mg; 100mg; 200mg						
R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg		
				Cloment 25mg; 100mg		
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg		
R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg		
				Zolanz 5mg; 10mg		
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg		
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg		
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg		
				Psyquet 25mg; 100mg; 200mg; 300mg		
				Truvalin 25mg; 100mg; 200mg; 300mg		
				Zimbiquet 25mg; 100mg; 200mg; 300mg		
R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg		
				Fluanxol depot 1ml 20mg		
			Zuclopenthixol	Clopixol 2mg; 10mg		

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R560	R650	Anti-psychotics: Thioxanthene derivatives	Zuclopenthixol	Clopixol depot 200mg
	R235	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
	R360	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
					Rispacor 1mg; 2mg; 3mg
					Rispide 0.5mg; 1mg; 2mg
					Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
Zoxadon odt 0.5mg; 1mg; 2mg <b>(Not available on KeyCare plans)</b>					
Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
Cardiac failure	R80	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg <b>(Only Executive and Comprehensive plans)</b>
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
				Vectoryl Plus 4/1.25mg	
	R65	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg <b>(Not available on KeyCare plans)</b>
Circator 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>					
Pearinda 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>					

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R65	R85	ACE inhibitors: Plain	Perindopril	Perindopril Unicorn 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>
					Prexum 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>
					Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>
					Reprex 4mg; 8mg
					Vectoryl 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>
					Zyace 4mg <b>(Not available on KeyCare plans)</b>
					Quinapril
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Zartan co 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
				Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>				
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>
					Losartan
				Ciplazar 50mg; 100mg <b>(Not available on KeyCare plans)</b>	
				Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>	
				Zartan 100mg <b>(Only Executive and Comprehensive plans)</b>	
				Valsartan	Adco-Valsartan 80mg; 160mg <b>(Only Executive and Comprehensive plans)</b>
R100				R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives
	Sandoz Hydralazine 25mg				
R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
				Betacor 5mg; 10mg	
				Bilocor 5mg; 10mg	
				Bisbeta 5mg; 10mg	
				Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
				Bisozyd 5mg; 10mg	
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R20	R40	High-ceiling diuretics	Furosemide	Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Dapril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish K 600mg
					Plenish-K SR 600mg
					Ultipot 600mg
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
Monicor SR 60mg					
R100	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Vaxigrip single dose 0.5ml pre-filled	
R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml	
Cardiomyopathy	R80	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg
					<b>(Only Executive and Comprehensive plans)</b>
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
	Spec-Perindopril Plus 4/1.25mg				
	Vectoryl Plus 4/1.25mg				
	R65	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
Lisinopril				Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
	Liso 5mg; 10mg; 20mg				



Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength		
Cardiomyopathy	R65	R85	ACE inhibitors: Plain	Lisinopril	Sinopren 5mg; 10mg; 20mg		
				Perindopril	Ciplasyl 4mg <b>(Not available on KeyCare plans)</b>		
					Circator 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>		
					Pearinda 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>		
					Perindopril Unicorn 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>		
					Prexum 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>		
					Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>		
					Reprex 4mg; 8mg		
					Vectoryl 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>		
					Zyace 4mg <b>(Not available on KeyCare plans)</b>		
	Quinapril	Accumax 10mg; 20mg <b>(Not available on KeyCare plans)</b>					
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg		
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
					Carvetrend 6.25mg; 12.5mg; 25mg		
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg		
					Losaar Plus 50/12.5mg; 100/25mg		
					Losartan comp Biotech 50/12.5mg; 100/25mg		
					Zartan co 100/25mg		
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>		
				Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>		
R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>			
				Losartan	Annin 50mg; 100mg		
			Ciplazar 50mg; 100mg <b>(Not available on KeyCare plans)</b>				
			Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>				
			Zartan 100mg <b>(Only Executive and Comprehensive plans)</b>				
			Valsartan	Adco-Valsartan 80mg; 160mg <b>(Only Executive and Comprehensive plans)</b>			
			R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
							Sandoz Hydralazine 25mg
			R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
Myoprin 100mg							
R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg			

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R70	R80	Beta blocking agents: Selective	Bisoprolol	Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Bisozyd 5mg;10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Dapril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish K 600mg
					Plenish-K SR 600mg
					Ultipot 600mg
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
Isosorbide mononitrate				Ismo 20mg	
				Monicor SR 60mg	
R100	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Vaxigrip single dose 0.5ml pre-filled	
R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml	
Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R110	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R860	R860	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
R100	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Vaxigrip single dose 0.5ml pre-filled	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R80	R100	ACE inhibitors and diuretics	Lisinopril and diuretics	Enap co 20/12.5mg
					Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg <b>(Only Executive and Comprehensive plans)</b>
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Vectoryl Plus 4/1.25mg
					R65
	Mylan Captopril 25mg; 50mg				
	Enalapril	Alapren 5mg; 10mg; 20mg			
		Enalapril Unicorn 10mg; 20mg			
		Hypace 5mg			
	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg			
		Austell-Lisinopril 10mg; 20mg			
		Liso 5mg; 10mg; 20mg			
		Sinopren 5mg; 10mg; 20mg			
	Perindopril	Ciplasyl 4mg <b>(Not available on KeyCare plans)</b>			
		Circator 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>			
		Pearinda 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>			
		Perindopril Unicorn 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>			
		Prexum 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>			
Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>					
Reprex 4mg; 8mg					
Vectoryl 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>					
Zyace 4mg <b>(Not available on KeyCare plans)</b>					
Quinapril	Accumax 10mg; 20mg <b>(Not available on KeyCare plans)</b>				
R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losartan comp Biotech 50/12.5mg; 100/25mg	
				Zartan co 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R90	R100	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>	
					Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>	
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>	
					Losartan	Annin 50mg; 100mg
						Ciplazar 50mg; 100mg <b>(Not available on KeyCare plans)</b>
						Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>
						Zartan 100mg <b>(Only Executive and Comprehensive plans)</b>
	Valsartan	Adco-Valsartan 80mg; 160mg <b>(Only Executive and Comprehensive plans)</b>				
	R300	R300	Calcium supplements	Calcium carbonate	B-cal	
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Folic acid 5mg	
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg	
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml	
					Rautevene ampoule 5ml 100mg/5ml	
					Zypiron vial 5ml 20mg/1ml	
	R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
					Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	
					Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml	
					Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml	
					Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml	
					Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml	
					Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml	
					Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml	
Erythropoietin				Eprex pre-fill 2000U/0.5ml		
				Eprex pre-fill 4000U/0.4ml		
				Repotin ampoule 1ml 2000U; 4000U		
Methoxy polyethylene glycol-epoetin beta				Mircera pre-filled syringe 0.3ml 50mcg/0.3ml <b>(Not available on KeyCare plans)</b>		
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml <b>(Not available on KeyCare plans)</b>		
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml <b>(Not available on KeyCare plans)</b>		
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml <b>(Not available on KeyCare plans)</b>		
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml <b>(Not available on KeyCare plans)</b>		
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml <b>(Not available on KeyCare plans)</b>		
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml <b>(Not available on KeyCare plans)</b>						
R430	R430	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg		
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength			
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Myoprin 100mg			
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg			
					Purbloka 40mg			
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg			
					B-Block 50mg; 100mg			
					Tenopress 50mg; 100mg			
					Bisoprolol	Adco-Bisocor 5mg; 10mg		
						Betacor 5mg; 10mg		
				Bilocor 5mg; 10mg				
				Bisbeta 5mg; 10mg				
				Bislo 5mg; 10mg				
				R205	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
								Adco-Zildem SR 180mg; 240mg
	Verapamil	Vasomil 40mg; 80mg						
		Verahexal SR 240mg						
	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg			
					Aprate 5mg; 10mg			
					Ciplavasc 5mg; 10mg			
					Gulf Amlodipine 5mg; 10mg			
					Lomanor 5mg; 10mg			
					Pharma Dynamics Amlodipine besylate 5mg; 10mg			
				Felodipine	Felodipine-Hexal 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>			
					Plendil 2.5mg; 5mg <b>(Only Executive and Comprehensive plans)</b>			
Nifedipine					Cipalat Retard 20mg			
					R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate
Isosorbide mononitrate	Sandoz Isosorbide dinitrate 5mg; 10mg							
	Ismo 20mg							
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
					Folic acid 5mg			
	R980	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg			
					Mezavant 1200mg			
					Pentasa 500mg			
					Pentasa suppository <b>(Not available on KeyCare plans)</b> 1000mg			
				Sulfasalazine	Salazopyrin 500mg			
					Salazopyrin EN 500mg			
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema <b>(Only Executive and Comprehensive plans)</b>			

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength			
Crohn's disease	R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg			
					Azathioprine PCH 50mg			
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg			
					R20	R20	Systemic Corticosteroids: Prednisone	Prednisone
								Be-Tabs Prednisone 5mg
	Panafcort 5mg							
Trolic 5mg								
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg			
					Ddavn nasal spray 5ml 0.1mg/1ml			
Diabetes mellitus Type 1	<p><b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b>  <b>The overall monthly limit for Priority, Core and Saver plans is R700.</b>  <b>The overall monthly limit for Executive and Comprehensive plans is R720.</b></p>							
Diabetes mellitus Type 1	R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml <b>(Not available on KeyCare plans)</b>			
				Insulin Glulisine	Apidra - cartridge 3ml			
					Apidra solostar - disposable pen 3ml <b>(Only Executive and Comprehensive plans)</b>			
	Insulin Lispro	Humalog - cartridge 3ml						
		Humalog - kwikpen 3ml <b>(Not available on KeyCare plans)</b>						
		Humalog mix 25 - cartridge 3ml						
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml			
				Insulin Lispro	Humalog mix 25 - kwikpen 3ml <b>(Only Executive and Comprehensive plans)</b>			
					Humalog mix 50 - cartridge 3ml			
					Humalog mix 50 - kwikpen 3ml <b>(Only Executive and Comprehensive plans)</b>			
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml			
				Insulin Glargine	Basaglar - cartridge 3ml <b>(Not available on KeyCare plans)</b>			
					Endulin select - pre-filled pen 3ml			
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg			
					Myoprin 100mg			
R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active <b>(Not available on KeyCare plans)</b>				
				Accu-chek test strip glucose instant <b>(Not available on KeyCare plans)</b>				
				Test strip blood glucose clicks bionime gs550				
				Test strip freestyle optium glucose <b>(Not available on KeyCare plans)</b>				
				Test strip glucocheck <b>(Not available on KeyCare plans)</b>				
				Test strip glucocheck key				
				Test strip glucose caresens n 29g				
				Test strip glucose contour plus <b>(Not available on KeyCare plans)</b>				
				Test strip glucose contour ts <b>(Not available on KeyCare plans)</b>				
Test strip glucose fora diamond blood								

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R200	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose on call plus ez
					Test strip onetouch select plus <b>(Not available on KeyCare plans)</b>
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
					Microlet lancet
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle novofine
Syringes	Syringe insulin 1.0ml with 27g needle				
	Syringe insulin bd microfine 12.7mm 1ml 9g				
	Syringe insulin bd microfine 1ml 8mm 30g				
	Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
					Apex-Metformin 500mg
					Austell-Metformin 500mg; 850mg
					Bigsens 500mg; 850mg; 1000mg
					Diaphage 500mg; 850mg; 1000mg
					Gluconorm 500mg; 850mg
					Metformin XR Accord 500mg
					Mylan Metformin 500mg; 850mg; 1000mg
					Romidab 500mg; 850mg; 1000mg
<p><b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b>  <b>The overall monthly limit for Priority, Core and Saver plans is R700.</b>  <b>The overall monthly limit for Executive and Comprehensive plans is R720.</b></p>					
R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml <b>(Not available on KeyCare plans)</b>	
				Insulin Glulisine	Apidra - cartridge 3ml Apidra solostar - disposable pen 3ml <b>(Only Executive and Comprehensive plans)</b>
			Insulin Lispro	Humalog - cartridge 3ml	
				Humalog - kwikpen 3ml <b>(Not available on KeyCare plans)</b>	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml
					Humalog mix 25 - kwikpen 3ml <b>(Only Executive and Comprehensive plans)</b>
					Humalog mix 50 - cartridge 3ml
					Humalog mix 50 - kwikpen 3ml <b>(Only Executive and Comprehensive plans)</b>
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
				Insulin Glargine	Basaglar - cartridge 3ml <b>(Not available on KeyCare plans)</b>
					Endulin select - pre-filled pen 3ml
					Optisulin - cartridge 3ml
	R160	R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg
					Dyna Gliclazide SR 30mg
					Gliclazide Unicorn MR 30mg
					Glytab MR 30mg
	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
					Pioglitazone hydrochloride Macleods 15mg; 30mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active <b>(Not available on KeyCare plans)</b>
					Accu-chek test strip glucose instant <b>(Not available on KeyCare plans)</b>
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose <b>(Not available on KeyCare plans)</b>
					Test strip glucocheck <b>(Not available on KeyCare plans)</b>
					Test strip glucocheck key
					Test strip glucose caresens n 29g
					Test strip glucose contour plus <b>(Not available on KeyCare plans)</b>
					Test strip glucose contour ts <b>(Not available on KeyCare plans)</b>
					Test strip glucose fora diamond blood
Test strip glucose on call plus ez					
Test strip onetouch select plus <b>(Not available on KeyCare plans)</b>					
R350					R350
	Lancet fora collection needle sterile 30g				
	Lancet fora tender needle sterile 33g				
	Lancet freestyle test				
	Lancet glucocheck novicheck				
	Lancet solus v2				
	Lancet unilet sterile 28g				
	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
	Microlet lancet				



Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	R350	Surgical item	Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle novofine
				Syringes	Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
Syringe insulin bd microfine 8mm demi 0.3ml 30g					
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg <b>(Not available on KeyCare plans)</b>
					Tambocor CR 100mg; 200mg <b>(Not available on KeyCare plans)</b>
				Propafenone	Rythmol 150mg; 300mg <b>(Not available on KeyCare plans)</b>
	R400	R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg <b>(Only Executive and Comprehensive plans)</b>
					Bio-Amiodarone 200mg
					Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
					Purbloka 40mg
				Sotalol	Sotahexal 80mg; 160mg
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilacor 5mg; 10mg
Bisbeta 5mg; 10mg					
Bislo 5mg; 10mg					
Bisoprolol Unicorn 5mg; 10mg					
Bisozyd 5mg; 10mg					
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R205	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
				Verahexal SR 240mg	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R185	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R110	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
Levetiracetam				Dyna Levetiracetam 250mg; 500mg; 750mg	
	Epikepp 250mg; 500mg; 750mg				
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
Glaucoma	R185	R215	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
					Trusopt 5ml owi 2% <b>(Only Executive and Comprehensive plans)</b>
	R235	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01% <b>(Only Executive and Comprehensive plans)</b>
					Latanoprost
				Spersatan 2.5ml 50mcg/1ml	
				Xalatan 2.5ml 50mcg/1ml <b>(Only Executive and Comprehensive plans)</b>	
				Tafluprost	
				Travoprost	Travatan 2.5ml 0.004% <b>(Only Executive and Comprehensive plans)</b>
	R205	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
					Brimoct 5ml 2mg/1ml
	R105	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
					Timoptol-xe 2.5ml 0.5%
	R250	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
					Co-Atana 2.5ml
Combigan 5ml 2mg/5mg					
Cosopt 5ml 0.5% <b>(Only Executive and Comprehensive plans)</b>					

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R250	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Duotrav 2.5ml <b>(Only Executive and Comprehensive plans)</b>
					Ganfort 3ml
					Glauamide-co 5ml
					Glauopt co 5ml <b>(Not available on KeyCare plans)</b>
					Ocudor co 5ml
					Xalacom 2.5ml <b>(Only Executive and Comprehensive plans)</b>
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
					Adco-Prolief 500mg
					Cetapon 500mg
					Painogesic 500mg
	R245	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
					Octanine F vial 30ml 250U; 500U; 1000U
				Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
					Octanate vial 5ml 250U
	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
Ddavp nasal spray 5ml 0.1mg/1ml					
Hyperlipidaemia	R335	R335	Lipid modifying agent combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R300	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
					Sandoz Bezafibrate 400mg
	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
					Aspavor 10mg; 20mg; 40mg
					Astor 10mg; 20mg; 40mg; 80mg
					Dezzolip 10mg; 20mg; 40mg; 80mg
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
					Austell-Simvastatin 10mg; 20mg; 40mg
					Choleste 10mg; 20mg <b>(Only Executive and Comprehensive plans)</b>
					Choleste 40mg
					Cipla-Simvastatin 10mg; 20mg; 40mg
	Simvacor 10mg; 20mg <b>(Only Executive and Comprehensive plans)</b>				
Simvacor 40mg					
Hypertension	R165	R185	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg <b>(Not available on KeyCare plans)</b>
	R80	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
Lisozide 10/12.5mg; 20/12.5mg					

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R80	R100	ACE inhibitors and diuretics	Perindopril and diuretics	Bioprexum Plus 10/2.5mg <b>(Only Executive and Comprehensive plans)</b>
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Vectoryl Plus 4/1.25mg
	R190	R210	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg <b>(Not available on KeyCare plans)</b>
	R65	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
					Lisinopril
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
				Perindopril	Ciplasyl 4mg <b>(Not available on KeyCare plans)</b>
					Circator 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>
					Pearinda 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>
					Perindopril Unicorn 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>
					Prexum 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>
					Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>
					Reprex 4mg; 8mg
					Vectoryl 4mg; 8mg <b>(Only Executive and Comprehensive plans)</b>
					Zyace 4mg <b>(Not available on KeyCare plans)</b>
					Quinapril
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
Carvedilol Unicorn 6.25mg; 12.5mg; 25mg					
Carvetrend 6.25mg; 12.5mg; 25mg					
R175	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Copalial 5/160mg; 10/160mg <b>(Only Executive and Comprehensive plans)</b>	
R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losartan comp Biotech 50/12.5mg; 100/25mg	
				Zartan co 100/25mg	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
				Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>
					Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>
	R190	R225	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg <b>(Only Executive and Comprehensive plans)</b>
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>
					Losartan
				Valsartan	Ciplazar 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Zartan 100mg <b>(Only Executive and Comprehensive plans)</b>
				Adco-Valsartan 80mg; 160mg <b>(Only Executive and Comprehensive plans)</b>	
	R190	R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
					Urodoxa 4mg
	R170	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
					Mylan Methyldopa 250mg
	R35	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
					Sandoz Hydralazine 25mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
					Purbloka 40mg
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
B-Block 50mg; 100mg					
Tenopress 50mg; 100mg					
Bisoprolol				Adco-Bisocor 5mg; 10mg	
				Betacor 5mg; 10mg	
				Bilocor 5mg; 10mg	
				Bisbeta 5mg; 10mg	
				Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
Bisozyd 5mg; 10mg					
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
				Furobe 40mg	
				Mylan Furosemide 40mg	
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Catexan 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish K 600mg
					Plenish-K SR 600mg
					Ultipot 600mg
	R205	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
					Adco-Zildem SR 180mg; 240mg
				Verapamil	Vasomil 40mg; 80mg
					Verahexal SR 240mg
	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
					Aprate 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Gulf Amlodipine 5mg; 10mg
					Lomanor 5mg; 10mg
					Pharma Dynamics Amlodipine besylate 5mg; 10mg
				Felodipine	Felodipine-Hexal 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>
Plendil 2.5mg; 5mg <b>(Only Executive and Comprehensive plans)</b>					
Nifedipine	Cipalat Retard 20mg				
Hypothyroidism	R35	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	R95	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
					Sandoz Amitriptyline 25mg
					Trepiline 10mg
	R225	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
					Oxyrest 5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
					Peginterferon Beta-1A
	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Parkinson's disease	R295	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Parkinson's disease	R570	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
					Pexasp 0.125mg; 0.25mg; 1mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R700	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
				Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
	Indomethacin	Betacin 25mg			
		Gulf Indomethacin 25mg			
		Methocaps 25mg			
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
				Piroxicam	Pyrocaps 20mg
	Roxifen 20mg				
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
					Betaprofen FC 400mg
					Bren 400mg
Ibucine 200mg; 400mg					
Ibunate 200mg					
Ibusor 200mg					
Naproxen				Mylan Naproxen 250mg	
Naproscript 250mg					
R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
R980	R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
				Salazopyrin EN 500mg	
R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength		
Rheumatoid arthritis	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Trolic 5mg		
Schizophrenia	R110	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg		
					Citalopram 20 Oethmaan 20mg		
					Depramil 20mg		
					Recita 20mg		
				Escitalopram	Accord Escitalopram 10mg; 20mg		
					Dolin 10mg; 20mg		
					Esetam 10mg; 20mg		
					Marprem 20mg		
				Fluoxetine	Zyescito 10mg; 20mg		
					Deprozan 20mg		
					Fluoxetine 20 Oethmaan 20mg		
					Prolax 20mg		
				Sertraline	Zydus Fluoxetine 20mg		
					Dyna Sertraline 50mg; 100mg		
					Serdep 50mg; 100mg <b>(Only Executive and Comprehensive plans)</b>		
					Serlife 50mg; 100mg <b>(Only Executive and Comprehensive plans)</b>		
			R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
							Tegretol CR 200mg; 400mg
							Zeptol 200mg
			R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
Cloment 25mg; 100mg							
R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg			
				Zolanz 5mg; 10mg			
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg			
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg			
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg			
				Psyquet 25mg; 100mg; 200mg; 300mg			
				Truvalin 25mg; 100mg; 200mg; 300mg			
				Zimbiquet 25mg; 100mg; 200mg; 300mg			
R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg			
				Fluanxol depot 1ml 20mg			
			Zuclopenthixol	Clopixol 2mg; 10mg			
R235	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Clopixol depot 200mg			
				Abipip 5mg; 10mg; 15mg			
R360	R440	Other anti-psychotics: Risperidone	Risperidone	Arizofy 5mg; 10mg; 15mg			
				Risnia 0.5mg; 1mg; 2mg; 3mg			
				Rispacor 1mg; 2mg; 3mg			
				Rispide 0.5mg; 1mg; 2mg			
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg							



Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R360	R440	Other anti-psychotics: Risperidone	Risperidone	Zoxadon odt 0.5mg; 1mg; 2mg <b>(Not available on KeyCare plans)</b>
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
	Methocaps 25mg				
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
				Piroxicam	Pyrocaps 20mg
					Roxifen 20mg
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
					Betaprofen FC 400mg
					Bren 400mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
					Ibusor 200mg
Naproxen				Mylan Naproxen 250mg	
				Naproscript 250mg	
R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
				Topivate cream 0.1%	
				Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Folic acid 5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Mezavant 1200mg
					Pentasa 500mg
				Sulfasalazine	Pentasa suppository <b>(Not available on KeyCare plans)</b> 1000mg
					Salazopyrin 500mg
					Salazopyrin EN 500mg
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema <b>(Only Executive and Comprehensive plans)</b>
	R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	

## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for all plan types

The PMB CDL Enhanced medicine list applies to all Discovery Health Medical Scheme plans for the 2021 benefit year. The Chronic Drug Amount (CDA) **does not** apply to the KeyCare and Smart plans.

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Asthma	R260	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Lumont 4mg; 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>
					Sintrine 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Topraz 4mg; 5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>
	R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
			Fluticasone	Flomist 120 dose 50mcg <b>(Not available on KeyCare plans)</b>	
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R265	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg <b>(Not available on KeyCare plans)</b>
	R265	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg <b>(Not available on KeyCare plans)</b>
					Symbicord turbohaler 120 dose 160/4.5mcg <b>(Not available on KeyCare plans)</b>
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg <b>(Not available on KeyCare plans)</b>
	R265	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R545	R545	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
R265	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250 <b>(Not available on KeyCare plans)</b>	
				Foxair accuhaler 60 dose 50/500 <b>(Only Executive and Comprehensive plans)</b>	
				Sereflo HFA 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>	
				Sereflo HFA synchrobreathe 120 dose 25/50	
				Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>	
R265	R265	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg <b>(Only Executive and Comprehensive plans)</b>	
Chronic renal disease	R255	R255	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvox b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel Unicorn 75mg <b>(Only Executive and Comprehensive plans)</b>

Chronic Disease List condition	CDA for Priority, Core and Saver plans	CDA for Executive and Comprehensive plans	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Pharma Dynamics Clopidogrel 75mg <b>(Only Executive and Comprehensive plans)</b>
					Plagrol 75mg
					Zyklot 75mg <b>(Only Executive and Comprehensive plans)</b>
Diabetes mellitus Type 2	R225	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg <b>(Not available on KeyCare plans)</b>
	R710	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R160	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg <b>(Not available on KeyCare plans)</b>
Rheumatoid arthritis	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg <b>(Not available on KeyCare plans)</b>
					Coxleon 100mg; 200mg <b>(Not available on KeyCare plans)</b>
Systemic lupus erythematosus (SLE)	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg <b>(Not available on KeyCare plans)</b>
					Coxleon 100mg; 200mg <b>(Not available on KeyCare plans)</b>

## Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1

Chronic Disease List condition	Monthly limit amount	Medicine class
Diabetes mellitus Type 1	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors <b>(Only Executive and Comprehensive plans)</b>
	R1 170 (for members > 18 years)	
	R1 170 (for members < 18 years)	Continuous glucose monitoring sensors <b>(Only Priority, Saver, Smart and Core plans)</b>
	R780 (for members > 18 years)	
R1 500	Insulin pump reservoirs and infusion sets <b>(Only Executive and Comprehensive plans)</b>	

## Chronic Drug Amounts for the Executive and Comprehensive plans covered for Additional Disease List (ADL) conditions.

The Chronic Drug Amounts (CDAs) below apply to the Executive and Comprehensive plans, except the Classic Smart Comprehensive Plan, for ADL conditions.

Additional Disease List (ADL) condition	Chronic Drug Amount (CDA)	Medicine class or medicine
Ankylosing spondylitis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R850	Selective immunosuppressive agents - Leflunomide
	R270	Systemic Corticosteroids - Betamethasone
Behcet's disease	R360	Alkylating agents - Nitrogen mustard analogues
	R775	Other immunosuppressive agents - Azathioprine
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Cystic fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R345	Anti-bacterial agents, Systemic
	R515	Anti-fungal agents, Systemic
	R7 296	Digestive enzymes
	R300	Drugs for constipation
	R245	Mucolytics
	R650	Nutritional supplements
	R110	Other plain vitamin preparations
	R110	Potassium supplements
	R100	Sodium Chloride for nebulisation
	R270	Systemic Corticosteroids - Betamethasone
	R430	Vitamin D and analogues
Delusional disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R500	Other anti-depressants - Augmenters - Trazodone
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine

Additional Disease List (ADL) condition	Chronic Drug Amount	Medicine class or medicine
Delusional disorder	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors – Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Dermatopolymyositis	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Generalised anxiety disorder	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R500	Other anti-depressants - Augmenters - Trazodone
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Huntington's disease	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R285	Anti-epileptics - Benzodiazepine derivatives
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R500	Other anti-depressants - Augmenters - Trazodone
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors – Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Isolated growth hormone deficiency in children under 18 years	R11 850	Anterior Pituitary hormones - Somatropin and somatropin agonists

Additional Disease List (ADL) condition	Chronic Drug Amount	Medicine class or medicine
Major depression	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R440	Anti-psychotics - Benzamides
	R345	Anti-psychotics - Lithium
	R650	Anti-psychotics - Thioxanthene derivatives
	R500	Other anti-depressants - Augmenters - Trazodone
	R270	Other anti-depressants - Melatonergic agents - Agomelatine
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	
R480	Other anti-depressants - Vortioxetine	
Motor neurone disease	R95	Anti-depressants - Tricyclics
	R285	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R6 230	Other nervous system drugs
Muscular dystrophy and other inherited myopathies	R285	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Myasthenia gravis	R360	Alkylating agents - Nitrogen mustard analogues
	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R1 990	Parasympathomimetics - Anticholinesterases
	R110	Potassium supplements
	R2 460	Selective immunosuppressive agents - Mycophenolic acid
	R270	Systemic Corticosteroids - Betamethasone
Obsessive compulsive disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents



Additional Disease List (ADL) condition	Chronic Drug Amount	Medicine class or medicine
Obsessive compulsive disorder	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R500	Other anti-depressants - Augmenters - Trazodone
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
R480	Other anti-depressants - Vortioxetine	
Osteoporosis	R575	Anti-parathyroid agents - Calcitonin preparations
	R300	Drugs treating bone disorders - Bisphosphonates
	R310	Other drugs treating bone disorders
	R730	Selective estrogen receptor modulators
Paget's disease	R300	Drugs treating bone disorders - Bisphosphonates
Panic disorder	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R500	Other anti-depressants - Augmenters - Trazodone
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	
R480	Other anti-depressants - Vortioxetine	
Polyarteritis nodosa	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Post traumatic stress disorder	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R500	Other anti-depressants - Augmenters - Trazodone
	R715	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R690	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R445	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R285	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	

Additional Disease List (ADL) condition	Chronic Drug Amount	Medicine class or medicine
Psoriatic arthritis	R480	Other anti-depressants - Vortioxetine
	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Pulmonary interstitial fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R360	Alkylating agents - Nitrogen mustard analogues
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R260	Inhaled anticholinergics - Ipratropium bromide
	R190	Inhaled Glucocorticoids
	R980	Intestinal anti-inflammatories - Aminosalicic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
	Sjogren's syndrome	R60
R40		Anti-inflammatory agents - Butylpyrazolidines
R220		Anti-inflammatory agents - Coxibs
R60		Anti-inflammatory agents - Fenamates
R60		Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
R60		Anti-inflammatory agents - Oxicams
R45		Anti-inflammatory agents - Propionic acid derivatives
R110		Anti-rheumatic agents - Chloroquine
R110		Other immunosuppressive agents - Methotrexate
R100		Other urologicals
R270		Systemic Corticosteroids - Betamethasone
Systemic sclerosis		R360
	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids

Additional Disease List (ADL) condition	Chronic Drug Amount	Medicine class or medicine
Systemic sclerosis	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R2 185	Anti-metabolites - Purine analogues
	R110	Anti-rheumatic agents - Chloroquine
	R1 300	Anti-rheumatic agents - Penicillamine and similar agents
	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R190	Proton pump inhibitors
	R100	Selective calcium channel blockers with mainly vascular effects
	R270	Systemic Corticosteroids - Betamethasone
Wegener's granulomatosis	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone

## Contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66

Go to [www.discovery.co.za](http://www.discovery.co.za) to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

## Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

### 1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

### 2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

### 3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

### 4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) 0861 123 267 | [www.medicalschemes.co.za](http://www.medicalschemes.co.za)