

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

DISCOVERY HEALTH MEDICAL SCHEME
2022





Chronic Illness Benefit medicine list (formulary) for 2022

DISCLAIMER

The information contained in this document may be subject to change. The Chronic Illness Benefit (CIB) and the utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on www.discovery.co.za under Medical Aid > About Discovery Health Medical Scheme.

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional. You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za under Medical Aid > Find a doctor or click on Find a provider in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on www.discovery.co.za under Medical Aid > Manage your health plan > Find important documents and certificates.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	Discovery Health Medical Scheme pays up to a monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount does not apply to the Smart and KeyCare plans. On these plans we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.
Co-payment	This is an amount that you need to pay towards a healthcare service. The amount can vary by the type of covered healthcare service, place of service or if the amount the service provider charges is higher than the rate we cover.
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits (PMBs)	In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of: <ul style="list-style-type: none"> An emergency medical condition A defined list of 271 diagnoses A defined list of 27 chronic conditions. To access Prescribed Minimum Benefits (PMBs), there are rules that apply:



TERMINOLOGY	DESCRIPTION
Prescribed Minimum Benefits (PMBs)	<ul style="list-style-type: none">▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions.▪ The treatment needed must match the treatments in the defined benefits.▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However, even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment. <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>



The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) medicine list for all plan types

The PMB CDL medicine list applies to all Discovery Health Medical Scheme plans for the 2022 benefit year. The Chronic Drug Amount (CDA) does not apply to the KeyCare and Smart plans.

Medicine marked with an asterisk (*) will soon be removed from the medicine list (formulary)

CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Addison's disease	R215	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg	
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg	
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose	
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose *	100mcg
					Glenbute 200 dose	100mcg
					Ventimax CFC free 200 dose	100mcg
	R110	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg	
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans)	
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose	320/9mcg (Only Executive and Comprehensive plans)
					Symbicord turbohaler 60 dose	160/4.5mcg
					Symbicord turbohaler 120 dose	160/4.5mcg (Only Executive and Comprehensive plans)
					Vannair 120 dose	80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg	
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose	50mcg
					Beclate 200 dose	50mcg; 100mcg; 200mcg
Beclomethasone Glenmark 200 dose					50mcg; 100mcg; 200mcg	
Budesonide			Budesonide	Budeflam HFA 300 dose	100mcg; 200mcg	
				Pulmicort turbuhaler 200 dose	200mcg	
				Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg (Not available on KeyCare plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Asthma	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 (Not available on KeyCare plans)
					Foxair accuhaler 60 dose 50/500 (Only Executive and Comprehensive plans)
					Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyCare plans)
					Sereflo HFA 120 dose 25/50
					Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans)
					Sereflo HFA synchrobreathe 120 dose 25/50
					Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans)
	R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Executive and Comprehensive plans)
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Bipolar mood disorder	R110	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Recita 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Esetam 10mg; 20mg
					Espradep * 10mg
					Zyescito * 10mg; 20mg
					Fluoxetine
				Fluoxetine 20 Oethmaan 20mg	
				Prolax 20mg	
				Sertraline	Dyna Sertraline 50mg; 100mg
					Serlife 50mg; 100mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
					Clozapine Oethmaan 25mg; 100mg
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
					Olexar 5mg; 10mg
					Zolanz 5mg; 10mg
Zylena 5mg; 10mg					
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
				Dopaquel 25mg; 100mg; 200mg; 300mg	
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
				Psyquet 25mg; 100mg; 200mg; 300mg	
				Truvalin 25mg; 100mg; 200mg; 300mg	
				Zimbiquet 25mg; 100mg; 200mg; 300mg	
R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R235	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Abipip ODT 10mg; 15mg
					Apripent 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Aridus 10mg; 15mg
					Aripiprazole Mylan 5mg; 10mg; 15mg
					Aripiprazole Teva 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
	Priptrin 10mg; 15mg				
	R360	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
					Rispacor 0.5mg; 1mg; 2mg; 3mg
					Rispide 0.5mg; 1mg; 2mg
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg					
Zoxadon ODT 0.5mg; 1mg; 2mg					
Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose * 100mcg
					Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Lisinopril and diuretics
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
				Lisoretic 10/12.5mg; 20/12.5mg	
				Lisozide 10/12.5mg; 20/12.5mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Bioprexum Plus (Not available on KeyCare plans)	10/2.5mg
					Ciplasyl Plus	4/1.25mg
					Circator Plus	4/1.25mg
					Pearinda Plus	4/1.25mg; 8/2.5mg
					Perindopril co Unicorn	4/1.25mg
					Prexum Plus	5/1.25mg
					Spec-Perindopril Plus	4/1.25mg
					Trexeva Plus	5/1.25mg
					Vectoryl Plus	4/1.25mg
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril	25mg
					Mylan Captopril	25mg; 50mg
				Enalapril	Alapren	5mg; 10mg; 20mg
					Enalapril Unicorn	5mg; 10mg; 20mg
					Hypace	5mg
				Lisinopril	Adco-Zetomax	5mg; 10mg; 20mg
					Austell-Lisinopril	10mg; 20mg
					Liso	5mg; 10mg; 20mg
					Lizro	5mg; 10mg; 20mg
					Sinopren	5mg; 10mg; 20mg
				Perindopril	Ciplasyl (Not available on KeyCare plans)	4mg
					Circator (Not available on KeyCare plans)	4mg; 8mg
					Pearinda (Not available on KeyCare plans)	4mg; 8mg
					Perindopril Unicorn (Not available on KeyCare plans)	4mg; 8mg
					Prexum (Not available on KeyCare plans)	10mg
					Ran-Perindopril (Not available on KeyCare plans)	4mg
					Reprex	4mg; 8mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R65	R75	ACE inhibitors: Plain	Perindopril	Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Rubitrend 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Valsartan and diuretics
	R75	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
Losartan Accord 50mg; 100mg (Not available on KeyCare plans)					
Zaario 50mg; 100mg (Not available on KeyCare plans)					
Zartan 50mg; 100mg (Only Executive and Comprehensive plans)					
Valsartan				Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)	
				Regoval 80mg; 160mg (Only Executive and Comprehensive plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Valheft * 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor * 5mg; 10mg
					Bilocor * 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo * 5mg; 10mg
					Bisoprolol Unicorn * 5mg; 10mg
					Bisozyd * 5mg; 10mg
					Emcor 5mg; 10mg
	Presicard 5mg; 10mg				
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
				Dapril * 2.5mg	
				Mylan Indapamide * 2.5mg	
R120	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
	R135	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
					Influvac tetra single dose 0.5ml pre-filled syringe
					Vaxigrip tetra single dose 0.5ml pre-filled syringe
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml
					Pneumovax 23 single dose vial 0.5ml *
	Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics
Lisinopril and diuretics					Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
Perindopril and diuretics					Bioprexum Plus 10/2.5mg (Not available on KeyCare plans)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
Trexeva Plus 5/1.25mg					
Vectoryl Plus 4/1.25mg					
R65		R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
	Lisinopril			Adco-Zetomax 5mg; 10mg; 20mg	
Austell-Lisinopril 10mg; 20mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiomyopathy	R65	R75	ACE inhibitors: Plain	Lisinopril	Liso	5mg; 10mg; 20mg
					Lizro	5mg; 10mg; 20mg
					Sinopren	5mg; 10mg; 20mg
				Perindopril	Ciplasyl	4mg
					(Not available on KeyCare plans)	
					Circator	4mg; 8mg
					(Not available on KeyCare plans)	
					Pearinda	4mg; 8mg
					(Not available on KeyCare plans)	
	Perindopril Unicorn	4mg; 8mg				
	(Not available on KeyCare plans)					
	Prexum	10mg				
	(Not available on KeyCare plans)					
	Ran-Perindopril	4mg				
	(Not available on KeyCare plans)					
	Reprex	4mg; 8mg				
	Vectoryl	4mg; 8mg				
	(Not available on KeyCare plans)					
	Zyace	4mg				
(Not available on KeyCare plans)						
R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc	6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn	6.25mg; 12.5mg; 25mg	
				Carvetrend	6.25mg; 12.5mg; 25mg	
				Rubitrend	12.5mg; 25mg	
R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co	50/12.5mg	
				Co-Normoten	50/12.5mg; 100/25mg	
				Losaar Plus	50/12.5mg; 100/25mg	
				Losartan comp Biotech	50/12.5mg; 100/25mg	
				Sartoc-co	50/12.5mg; 100/25mg	
				Zartan co	50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Telpres Plus	40/12.5mg; 80/12.5mg	
				(Not available on KeyCare plans)		
				Tesar co	40/12.5mg; 80/12.5mg	
(Not available on KeyCare plans)						
Ticarda Plus	40/12.5mg; 80/12.5mg					
(Not available on KeyCare plans)						



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R90	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans)
	R75	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg (Not available on KeyCare plans)
					Zaario 50mg; 100mg (Not available on KeyCare plans)
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Valheft * 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor * 5mg; 10mg
					Bilocor * 5mg; 10mg
Bisbeta 5mg; 10mg					
Bislo * 5mg; 10mg					
Bisoprolol Unicorn * 5mg; 10mg					
Bisozyd * 5mg; 10mg					
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
					Dapril * 2.5mg
					Mylan Indapamide * 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
Isosorbide mononitrate				Ismo 20mg	
				Monicor SR 60mg	
R135	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Influvac tetra single dose 0.5ml pre-filled syringe	
				Vaxigrip tetra single dose 0.5ml pre-filled syringe	
R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
				Pneumovax 23 single dose vial 0.5ml *	
Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose * 100mcg
					Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R110	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Chronic obstructive pulmonary disease (COPD)	R886	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
					Panafcort 5mg	
					Trolic 5mg	
	R135	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
					Influvac tetra single dose 0.5ml pre-filled syringe	
					Vaxigrip tetra single dose 0.5ml pre-filled syringe	
	Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
						Lisinopril and diuretics
Lisinopril co Unicorn 10/12.5mg; 20/12.5mg						
Lisoretic 10/12.5mg; 20/12.5mg						
Lisozide 10/12.5mg; 20/12.5mg						
Perindopril and diuretics					Bioprexum Plus 10/2.5mg (Not available on KeyCare plans)	
					Ciplasyl Plus 4/1.25mg	
					Circator Plus 4/1.25mg	
					Pearinda Plus 4/1.25mg; 8/2.5mg	
					Perindopril co Unicorn 4/1.25mg	
					Prexum Plus 5/1.25mg	
					Spec-Perindopril Plus 4/1.25mg	
Trexeva Plus 5/1.25mg						
Vectoryl Plus 4/1.25mg						
R65		R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
					Mylan Captopril 25mg; 50mg	
				Enalapril	Alapren 5mg; 10mg; 20mg	
					Enalapril Unicorn 5mg; 10mg; 20mg	
					Hypace 5mg	
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
					Austell-Lisinopril 10mg; 20mg	
	Liso 5mg; 10mg; 20mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R65	R75	ACE inhibitors: Plain	Lisinopril	Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyCare plans)
					Circator 4mg; 8mg (Not available on KeyCare plans)
					Pearinda 4mg; 8mg (Not available on KeyCare plans)
					Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)
					Prexum 10mg (Not available on KeyCare plans)
					Ran-Perindopril 4mg (Not available on KeyCare plans)
					Reprex 4mg; 8mg
					Vectoryl 4mg; 8mg (Not available on KeyCare plans)
	Zyace 4mg (Not available on KeyCare plans)				
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)					
Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)					
R75	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg	
				Austell Losartan 50mg; 100mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R75	R110	Angiotensin II antagonists: Plain	Losartan	Losartan Accord 50mg; 100mg (Not available on KeyCare plans)
					Zaario 50mg; 100mg (Not available on KeyCare plans)
					Zartan 50mg; 100mg (Only Executive and Comprehensive plans)
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Valheft * 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
				R300	R300
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
					Equifer ampoule 5ml 100mg/5ml
					Rautevene ampoule 5ml 100mg/5ml
Zypiron vial 5ml 20mg/1ml					
R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml	
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml	
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml	
				Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml	
			Erythropoietin	Eporex pre-fill 2000U/0.5ml	
				Eporex pre-fill 4000U/0.4ml	
Repotin ampoule 1ml 2000U; 4000U					



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R3 340	R3 340	Other anti-anaemic preparations	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 75mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 100mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 120mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 150mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 200mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 250mcg/0.3ml (Not available on KeyCare plans)
	R365	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor * 5mg; 10mg
					Bilocor * 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo * 5mg; 10mg
					Bisoprolol Unicorn * 5mg; 10mg
	Bisozyd * 5mg; 10mg				
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					
R205	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
			Verapamil	Vasomil 40mg; 80mg	
				Verahexal SR 240mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Coronary artery disease	R205	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verapamil 40 Oethmaan 40mg
	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
					Amlodac 5mg; 10mg
					Amlodipine Unicorn 5mg; 10mg
					Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Besyloc 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Gulf Amlodipine * 5mg; 10mg
					Lomanor 5mg; 10mg
				Felodipine	Felodipine Kiara 5mg; 10mg (Only Executive and Comprehensive plans)
				Nifedipine	Cipalat Retard 20mg
			Cipalat XR 30mg, 60mg (Not available on KeyCare plans)		
			Fedaloc SR 30mg, 60mg (Not available on KeyCare plans)		
			Fidocare XL 30mg, 60mg (Not available on KeyCare plans)		
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
Isosorbide mononitrate				Ismo 20mg	
				Monicor SR 60mg	
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Asacol suppository (Not available on KeyCare plans) 500mg
					Mezavant 1200mg
				Pentasa 500mg	
				Pentasa suppository (Not available on KeyCare plans) 1000mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Crohn's disease	R980	R980	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R1 940	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema	0.02mg/1ml (Only Executive and Comprehensive plans)
	R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
					Imuran (Only Executive and Comprehensive plans)	50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp	0.1mg; 0.2mg
					Ddavp nasal spray 5ml	0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.					
	R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	(Not available on KeyCare plans)
					Novorapid - penfill 3ml	(Not available on KeyCare plans)
				Insulin Glulisine	Apidra - cartridge 3ml	
					Apidra solostar - disposable pen 3ml	(Only Executive and Comprehensive plans)
				Insulin Lispro	Humalog - cartridge 3ml	
					Humalog - kwikpen 3ml	(Not available on KeyCare plans)
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyl 30/70 - cartridge 3ml	
					Humulin 30/70 - cartridge 3ml	
				Insulin Lispro	Humalog mix 25 - cartridge 3ml	
Humalog mix 25 - kwikpen 3ml					(Only Executive and Comprehensive plans)	
Humalog mix 50 - cartridge 3ml						



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Diabetes mellitus Type 1	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 50 - kwikpen 3ml (Only Executive and Comprehensive plans)	
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Basaglar - cartridge 3ml * (Not available on KeyCare plans)	
					Optisulin - cartridge 3ml	
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
					Myoprin	100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active (Not available on KeyCare plans)	
					Accu-check test strip glucose instant (Not available on KeyCare plans)	
					Glucocheck key test strip	
					Glucocheck test strip (Not available on KeyCare plans)	
					Onetouch select plus test strips	
					Test strip blood glucose clicks bionime gs550	
					Test strip freestyle optimum glucose (Not available on KeyCare plans)	
					Test strip glucose caresens n 29g	
					Test strip glucose contour plus (Not available on KeyCare plans)	
					Test strip glucose contour ts (Not available on KeyCare plans)	
					Test strip glucose fora diamond blood	
					Test strip glucose on call plus ez	
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris	
					Lancet fora collection needle sterile 30g	
Lancet fora tender needle sterile 33g						
Lancet freestyle test						
Lancet glucocheck novicheck						
Lancet solus v2						
Lancet unilet sterile 28g						



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH				
Diabetes mellitus Type 1	R350	R350	Surgical item	Lancets	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
					Microlet lancet				
				Needles	BD micro fine plus pen needle 30g 8mm				
					BD micro fine plus pen needle 31g				
					BD micro fine plus pen needle 32g 4mm				
					Droplet pen needle 8mm 31g				
					Needle insulin fora pen 31g 5mm				
					Needle insulin fora pen 31g 8mm				
					Needle insulin fora pen 32g 4mm				
					Needle insulin fora pen 32g 6mm				
					Needle insulin pen verifine 4mmx10cmx15cm 32g				
					Needle insulin pen verifine 4mmx10cmx15cm 33g				
					Needle novofine				
				Syringes	Syringe insulin 1.0ml with 27g needle				
					Syringe insulin bd microfine 12.7mm 1ml 9g				
					Syringe insulin bd microfine 1ml 8mm 30g				
					Syringe insulin bd microfine 8mm demi 0.3ml 30g				
				Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
									Apex-Metformin 500mg
Austell-Metformin 500mg; 850mg									
Bigsens * 1000mg									
Diaphage 500mg; 850mg; 1000mg									
Gluconorm 500mg; 850mg									
Mylan Metformin 500mg; 850mg; 1000mg									
Romidab 500mg; 850mg; 1000mg									
<p>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.</p>									
R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Not available on KeyCare plans)					
				Novorapid - penfill 3ml (Not available on KeyCare plans)					
			Insulin Glulisine	Apidra - cartridge 3ml					



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Diabetes mellitus Type 2	R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra solostar - disposable pen 3ml (Only Executive and Comprehensive plans)	
				Insulin Lispro	Humalog - cartridge 3ml	
					Humalog - kwikpen 3ml (Not available on KeyCare plans)	
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml	
					Humulin 30/70 - cartridge 3ml	
				Insulin Lispro	Humalog mix 25 - cartridge 3ml	
					Humalog mix 25 - kwikpen 3ml (Only Executive and Comprehensive plans)	
					Humalog mix 50 - cartridge 3ml	
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Basaglar - cartridge 3ml * (Not available on KeyCare plans)	
						Optisulin - cartridge 3ml
	R160	R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR	60mg
					Diaran MR	30mg
					Dyna Gliclazide SR	30mg
					Gliclazide MR Austell	30mg; 60mg
					Gliclazide Unicorn MR	30mg
					Glytab MR	30mg
	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone	15mg; 30mg
				Pioglitazone hydrochloride Macleods	15mg; 30mg	
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg	
				Myoprin	100mg	
R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active (Not available on KeyCare plans)		
				Accu-check test strip glucose instant (Not available on KeyCare plans)		
				Glucocheck key test strip		
				Glucocheck test strip (Not available on KeyCare plans)		



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R200	R280	Blood glucose monitoring agents	Glucose strips	Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose (Not available on KeyCare plans)
					Test strip glucose caresens n 29g
					Test strip glucose contour plus (Not available on KeyCare plans)
					Test strip glucose contour ts (Not available on KeyCare plans)
					Test strip glucose fora diamond blood
					Test strip glucose on call plus ez
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet	
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
BD micro fine plus pen needle 32g 4mm					
Droplet pen needle 8mm 31g					
Needle insulin fora pen 31g 5mm					
Needle insulin fora pen 31g 8mm					
Needle insulin fora pen 32g 4mm					
Needle insulin fora pen 32g 6mm					
Needle insulin pen verifine 4mmx10cmx15cm 32g					
Needle insulin pen verifine 4mmx10cmx15cm 33g					
Needle novofine					
Syringes	Syringe insulin 1.0ml with 27g needle				



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R350	R350	Surgical item	Syringes	Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
					Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg (Not available on KeyCare plans)
					Tambocor CR 100mg; 200mg (Not available on KeyCare plans)
	R400	R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone * 200mg
					Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Sotalol	Sotahexal 80mg; 160mg
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor * 5mg; 10mg
					Bilocor * 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo * 5mg; 10mg
					Bisoprolol Unicorn * 5mg; 10mg
					Bisozyd * 5mg; 10mg
	Emcor 5mg; 10mg				
Presicard 5mg; 10mg					
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
R205	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
				Verahexal SR 240mg	
				Verapamil 40 Oethmaan 40mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R185	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
					Rivotril * 0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R110	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
				Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
					Epikepp 250mg; 500mg; 750mg
Levetiracetam Unicorn 250mg; 750mg					
Redilev 250mg; 500mg; 750mg					
Topiramate				Epimate 25mg; 50mg; 100mg; 200mg	
				Toplep 25mg; 50mg; 100mg; 200mg	
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
Glaucoma	R205	R220	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
					Trusopt 5ml owi (Only Executive and Comprehensive plans) 2%



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Glaucoma	R235	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01% (Only Executive and Comprehensive plans)
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml * 50mcg/1ml (Only Executive and Comprehensive plans)
				Taf luprost	Saflutan single dose container 0.3ml 15mcg/1ml (Only Executive and Comprehensive plans)
	Travoprost	Travatan 2.5ml 0.004% (Only Executive and Comprehensive plans)			
	R205	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
					Brimoct 5ml 2mg/1ml
	R105	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
					Timoptol-xe 2.5ml 0.5%
	R250	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
					Co-Atana 2.5ml
					Combigan 5ml 2mg/5mg
					Cosopt 5ml 0.5% (Only Executive and Comprehensive plans)
					Duotrav 2.5ml
					Ganfort 3ml
					Glaumide-co 5ml
					Glauropt co 5ml (Not available on KeyCare plans)
					Ocudor co 5ml
Xalacom 2.5ml (Only Executive and Comprehensive plans)					
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco- napamol bucket 500mg
					Adco- Prolief 500mg
					Cetapon 500mg
	R245	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
					Octanate vial 5ml 250U



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Haemophilia	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Octanate vial 10ml 500U; 1000U	
				Coagulation factor IX	Haemosolvex IX 500U	
					Octanine F vial 30ml 250U; 500U; 1000U	
	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg	
					Ddavp nasal spray 5ml 0.1mg/1ml	
	Hyperlipidaemia	R335	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
R300		R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
					Sandoz Bezafibrate 400mg	
R45		R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg	
					Aspavor 10mg; 20mg; 40mg	
					Astor 10mg; 20mg; 40mg	
					Astor * 80mg	
					Cholmin 10mg; 20mg; 40mg	
					Dezzolip 10mg; 20mg; 40mg; 80mg	
					Dynator 10mg; 20mg; 40mg; 80mg	
					Lipogen 10mg; 20mg; 40mg; 80mg	
					Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
						Austell-Simvastatin 10mg; 20mg; 40mg
						Choleste 10mg; 20mg; 40mg
						Cipla-Simvastatin 10mg; 20mg; 40mg
	Simvacor 10mg; 20mg; 40mg					
Simvotin 10mg; 20mg; 40mg						
Hypertension	R165	R175	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg	
					Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg	
					Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
					Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
						Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg		



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH		
Hypertension	R80	R90	ACE inhibitors and diuretics	Lisinopril and diuretics	Lisozone	10/12.5mg; 20/12.5mg	
					Perindopril and diuretics	Bioprexum Plus	10/2.5mg (Not available on KeyCare plans)
						Ciplasyl Plus	4/1.25mg
						Circator Plus	4/1.25mg
						Pearinda Plus	4/1.25mg; 8/2.5mg
						Perindopril co Unicorn	4/1.25mg
						Prexum Plus	5/1.25mg
						Spec-Perindopril Plus	4/1.25mg
						Trexeva Plus	5/1.25mg
	Vectoryl Plus	4/1.25mg					
	R180	R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam	5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg (Not available on KeyCare plans)	
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril	25mg	
					Mylan Captopril	25mg; 50mg	
				Enalapril	Alapren	5mg; 10mg; 20mg	
					Enalapril Unicorn	5mg; 10mg; 20mg	
					Hypace	5mg	
				Lisinopril	Adco-Zetomax	5mg; 10mg; 20mg	
					Austell-Lisinopril	10mg; 20mg	
Liso					5mg; 10mg; 20mg		
Lizro					5mg; 10mg; 20mg		
Sinopren					5mg; 10mg; 20mg		
Perindopril				Ciplasyl	4mg (Not available on KeyCare plans)		
				Circator	4mg; 8mg (Not available on KeyCare plans)		
				Pearinda	4mg; 8mg (Not available on KeyCare plans)		
				Perindopril Unicorn	4mg; 8mg (Not available on KeyCare plans)		
				Prexum	10mg (Not available on KeyCare plans)		



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R65	R75	ACE inhibitors: Plain	Perindopril	Ran-Perindopril 4mg (Not available on KeyCare plans)
					Reprex 4mg; 8mg
					Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Rubitrend 12.5mg; 25mg
	R175	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg (Not available on KeyCare plans)
					Copalia * 5/160mg; 10/160mg (Only Executive and Comprehensive plans)
					Dafiro 5/160mg; 10/160mg (Not available on KeyCare plans)
					Valduo 5/160mg; 10/160mg (Not available on KeyCare plans)
					Valvasc 5/160mg; 10/160mg (Not available on KeyCare plans)
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)					
Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)					
Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)					
Valsartan and diuretics				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Hypertension	R190	R225	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Only Executive and Comprehensive plans)	
					R75	R110
			Austell Losartan 50mg; 100mg			
			Losartan Accord 50mg; 100mg (Not available on KeyCare plans)			
			Zaario 50mg; 100mg (Not available on KeyCare plans)			
			Zartan 50mg; 100mg (Only Executive and Comprehensive plans)			
			Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)		
				Regoval 80mg; 160mg (Only Executive and Comprehensive plans)		
				Valheft * 80mg; 160mg (Only Executive and Comprehensive plans)		
				Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)		
	R190	R190		Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
						Urodoxa 4mg
	R170	R170		Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
						Mylan Methyldopa 250mg
	R35	R35		Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100		Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
						Hyperphen 10mg; 50mg
	R85	R200		Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	R80		Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
						B-Block 50mg; 100mg
Tenopress 50mg; 100mg						
Bisoprolol					Adco-Bisocor 5mg; 10mg	
					Betacor * 5mg; 10mg	
Bilocor * 5mg; 10mg						



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Hypertension	R70	R80	Beta blocking agents: Selective	Bisoprolol	Bisbeta	5mg; 10mg
					Bislo *	5mg; 10mg
					Bisoprolol Unicorn *	5mg; 10mg
					Bisozyd *	5mg; 10mg
					Emcor	5mg; 10mg
					Presicard	5mg; 10mg
	R125	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam	1.5/5mg; 1.5/10mg
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic	40mg
					Diuresix	40mg
					Furobe	40mg
					Mylan Furosemide	40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide	25mg
					Ridaq	12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg
					Catexan	2.5mg
					Cipla-Indapamide	2.5mg
					Dapril *	2.5mg
					Mylan Indapamide *	2.5mg
	R120	R120	Potassium sparing agents	Spirolactone	Spiractin	25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR	600mg
					Ultipot	600mg
	R205	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
					Verapamil	Vasomil
				Verahexal SR		240mg
				Verapamil 40 Oethmaan		40mg
	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
					Amlodac	5mg; 10mg
					Amlodipine Unicorn	5mg; 10mg
Amtas					5mg; 10mg	
Aprate					5mg; 10mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Hypertension	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Austell-Amlodipine	5mg; 10mg
					Besyloc	5mg; 10mg
					Ciplavasc	5mg; 10mg
					Gulf Amlodipine *	5mg; 10mg
					Lomanor	5mg; 10mg
				Felodipine	Felodipine Kiara	5mg; 10mg (Only Executive and Comprehensive plans)
				Nifedipine	Cipalat Retard	20mg
					Cipalat XR	30mg, 60mg (Not available on KeyCare plans)
					Fedaloc SR	30mg, 60mg (Not available on KeyCare plans)
					Fidocare XL	30mg, 60mg (Not available on KeyCare plans)
Hypothyroidism	R35	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox	25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell	10mg
					Amitriptyline HCl Kiara	25mg
					Gulf Amitriptyline	25mg
					Trepiline	10mg
	R225	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin	5mg
					Oxyrest	5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml	30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml	22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml	22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml	44mcg/0.5ml
					Rebif 44 rebidose pre-filled pen 0.5ml	44mcg/0.5ml
					Interferon Beta-1B	Betaferon pre-filled syringe 1ml
	Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml	125mcg/0.5ml			
R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen	10mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH				
Multiple sclerosis	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg			
					Panafcort	5mg			
					Trolic	5mg			
Parkinson's disease	R295	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton	2mg			
	R570	R570	Dopamine agonists	Pramipexole	Oxpola	0.125mg; 0.25mg			
					Pexasp	0.125mg; 0.25mg; 1mg			
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin	100mg			
	R700	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect	1mg			
					Rasapar	1mg			
	R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop	25/100mg; 25/250mg			
					Teva Carbi-Levo	25/100mg; 25/250mg			
Rheumatoid arthritis	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac	50mg			
					A-Lennon Diclofenac	25mg; 50mg			
					Diclofenac Biotech	25mg			
					Mylan Diclofenac	25mg; 50mg			
					Panamor AT	50mg			
				Indomethacin	Betacin	25mg			
					Gulf Indomethacin	25mg			
					Methocaps	25mg			
				R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg
								Coxflam	7.5mg
	Flexocam	7.5mg							
	Medoxicam	7.5mg							
	Piroxicam	Pyrocaps	20mg						
	Roxifen	20mg							
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg			
Betaprofen FC					400mg				
Bren					400mg				
Ibucine					200mg; 400mg				
Ibunate					200mg				



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Rheumatoid arthritis	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Ibusor 200mg
				Naproxen	Napinflam 250mg
					Naproscript 250mg
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg
	R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
					Imuran (Only Executive and Comprehensive plans) 50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R775	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg
					Rheumalef 10mg; 20mg
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Schizophrenia	R110	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Recita 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Esetam 10mg; 20mg
					Espradep * 10mg
					Zyescito * 10mg; 20mg
				Fluoxetine	Deprozan 20mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Schizophrenia	R110	R140	Anti-depressants: SSRI's	Fluoxetine	Fluoxetine 20 Oethmaan	20mg
					Prolax	20mg
				Sertraline	Dyna Sertraline	50mg; 100mg
					Serlife	50mg; 100mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol	200mg
					Tegretol CR	200mg; 400mg
					Zeptol	200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex	150mg; 300mg
					Convulex syrup	250mg/5ml
					Epilim crushable	100mg
					Epilim sugar-free syrup	200mg/5ml
					Eprolep CR	200mg; 300mg; 500mg
					Navalpro CR	200mg; 300mg; 500mg
					Valeptic CR	300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine	25mg; 50mg; 100mg; 200mg
					Epitec	25mg; 50mg; 100mg; 200mg
					Girotec	50mg; 100mg; 200mg
					Serinem	25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan	5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine	25mg; 100mg
Clozapine Oethmaan					25mg; 100mg	
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit	250mg; 400mg	
R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz	5mg; 10mg	
				Olexar	5mg; 10mg	
				Zolanz	5mg; 10mg	
				Zylena	5mg; 10mg	
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil	25mg; 50mg; 100mg	
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet	25mg; 100mg; 200mg; 300mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Schizophrenia	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel	25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine	25mg; 100mg; 200mg; 300mg
					Psyquet	25mg; 100mg; 200mg; 300mg
					Truvalin	25mg; 100mg; 200mg; 300mg
					Zimbiquet	25mg; 100mg; 200mg; 300mg
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg
					Fluanxol depot 1ml	20mg
				Zuclophenthixol	Clopixol	2mg; 10mg
					Clopixol depot	200mg
	R235	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip	5mg; 10mg; 15mg
					Abipip ODT	10mg; 15mg
					Apripent	5mg; 10mg; 15mg
					Aprizon	5mg; 10mg; 15mg
					Aridus	10mg; 15mg
					Aripiprazole Mylan	5mg; 10mg; 15mg
					Aripiprazole Teva	5mg; 10mg; 15mg
					Arizofy	5mg; 10mg; 15mg
					Priptrin	10mg; 15mg
	R360	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg
					Rispacor	0.5mg; 1mg; 2mg; 3mg
Rispide					0.5mg; 1mg; 2mg	
Zoxadon					0.5mg; 1mg; 2mg; 3mg; 4mg	
Zoxadon ODT					0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac	50mg	
				A-Lennon Diclofenac	25mg; 50mg	
				Diclofenac Biotech	25mg	
				Mylan Diclofenac	25mg; 50mg	
				Panamor AT	50mg	
			Indomethacin	Betacin	25mg	
				Gulf Indomethacin	25mg	
				Methocaps	25mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg
					Coxflam	7.5mg
					Flexocam	7.5mg
					Medoxicam	7.5mg
				Piroxicam	Pyrocaps	20mg
					Roxifen	20mg
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg
					Betaprofen FC	400mg
					Bren	400mg
					Ibucine	200mg; 400mg
					Ibunate	200mg
					Ibusor	200mg
				Naproxen	Napinflam	250mg
					Naproscript	250mg
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin	5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
					Myoprin	100mg
	R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg	
				Folic acid	5mg	
R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
				Azathioprine PCH	50mg	
				Imuran (Only Executive and Comprehensive plans)	50mg	
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
				Panafcort	5mg	
				Trolic	5mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Systemic lupus erythematosus (SLE)	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
					Topivate cream 0.1%
					Vari-Betamethasone cream 0.1%
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Asacol suppository (Not available on KeyCare plans) 500mg
					Mezavant 1200mg
					Pentasa 500mg
					Pentasa suppository (Not available on KeyCare plans) 1000mg
					Sulfasalazine
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml (Only Executive and Comprehensive plans)
	R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
Imuran 50mg (Only Executive and Comprehensive plans)					
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	



The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) Enhanced medicine list for all plan types

The PMB CDL Enhanced medicine list applies to all Discovery Health Medical Scheme plans for the 2022 benefit year. The Chronic Drug Amount (CDA) **does not** apply to the KeyCare and Smart plans.

Medicine marked with an asterisk (*) will soon be removed from the medicine list (formulary)

CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Asthma	R260	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg (Not available on KeyCare plans)	
					Kulair 4mg; 5mg; 10mg (Not available on KeyCare plans)	
					Monteflo 4mg; 5mg; 10mg (Only Executive and Comprehensive plans)	
					Sintrine 4mg; 5mg; 10mg (Not available on KeyCare plans)	
					Topraz 4mg; 5mg; 10mg (Not available on KeyCare plans)	
	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
	R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
					Fluticasone	Flomist 120 dose * 50mcg (Not available on KeyCare plans)
					Fluticasone OTC Teva 120 dose 50mcg (Not available on KeyCare plans)	
	Cardiac failure	R415	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg (Not available on KeyCare plans)
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose	
	R410	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)	
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans)	
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg	
					Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans)	
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic obstructive pulmonary disease (COPD)	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
					Tiotor 10 (30 caps & inhaler)
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 (Not available on KeyCare plans)
					Foxair accuhaler 60 dose 50/500 (Only Executive and Comprehensive plans)
					Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyCare plans)
					Sereflo HFA 120 dose 25/50
Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans)					
Sereflo HFA synchrobreathe 120 dose 25/50					
Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans)					
R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Executive and Comprehensive plans)	
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvox b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg (Only Executive and Comprehensive plans)
					Clopidogrel Unicorn 75mg (Only Executive and Comprehensive plans)
					Clovexa 75mg
					Deplatt 75mg (Only Executive and Comprehensive plans)
					Pharma Dynamics Clopidogrel 75mg (Only Executive and Comprehensive plans)
					Plagrol 75mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R225	R285	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg (Not available on KeyCare plans)
	R710	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R160	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg (Not available on KeyCare plans)
	R415	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg (Not available on KeyCare plans)
Multiple sclerosis	R7 000	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R7 000	R7 000	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg
Rheumatoid arthritis	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn * 100mg; 200mg (Not available on KeyCare plans)
					Colcibra 100mg; 200mg (Not available on KeyCare plans)
					Coxleon 100mg; 200mg (Not available on KeyCare plans)
Systemic lupus erythematosus (SLE)	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn * 100mg; 200mg (Not available on KeyCare plans)
					Colcibra 100mg; 200mg (Not available on KeyCare plans)
					Coxleon 100mg; 200mg (Not available on KeyCare plans)



Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1. **Not available on KeyCare plans**

CHRONIC DISEASE LIST CONDITION	MONTHLY LIMIT AMOUNT	SURGICAL CLASS
Diabetes mellitus Type 1	R1 560	Continuous glucose monitoring sensors (Only Executive and Comprehensive plans)
	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors (Only Priority, Saver, Smart and Core plans)
	R780 (for members ≥ 18 years)	
	R1 552	Insulin pump reservoirs and infusion sets (Only Executive and Comprehensive plans)



Chronic Drug Amounts for the Executive and Comprehensive plans covered for Additional Disease List (ADL) conditions.

The Chronic Drug Amounts (CDAs) below apply to the Executive and Comprehensive plans, except the Classic Smart Comprehensive Plan, for ADL conditions.

ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Ankylosing spondylitis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicilyc acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R775	Selective immunosuppressive agents - Leflunomide
	R270	Systemic Corticosteroids - Betamethasone
Behcet's disease	R360	Alkylating agents - Nitrogen mustard analogues
	R775	Other immunosuppressive agents - Azathioprine
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Cystic fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R345	Anti-bacterial agents, Systemic
	R515	Anti-fungal agents, Systemic
	R7 296	Digestive enzymes
	R300	Drugs for constipation
	R245	Mucolytics
	R650	Nutritional supplements
	R110	Other plain vitamin preparations
	R110	Potassium supplements
	R100	Sodium Chloride for nebulisation



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Cystic fibrosis	R270	Systemic Corticosteroids - Betamethasone
	R365	Vitamin D and analogues
Delusional disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R455	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Dermatopolymyositis	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Generalised anxiety disorder	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R455	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Generalised anxiety disorder	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Huntington's disease	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R285	Anti-epileptics - Benzodiazepine derivatives
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R455	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	
R480	Other anti-depressants - Vortioxetine	
Isolated growth hormone deficiency in children under 18 years	R11 850	Anterior Pituitary hormones - Somatropin and somatropin agonists
Major depression	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Major depression	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R440	Anti-psychotics - Benzamides
	R345	Anti-psychotics - Lithium
	R650	Anti-psychotics - Thioxanthene derivatives
	R455	Other anti-depressants - Augmenters - Trazodone
	R270	Other anti-depressants - Melatonergic agents - Agomelatine
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Motor neurone disease	R95	Anti-depressants - Tricyclics
	R285	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R6 230	Other nervous system drugs
Muscular dystrophy and other inherited myopathies	R285	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Myasthenia gravis	R360	Alkylating agents - Nitrogen mustard analogues
	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R1 990	Parasympathomimetics - Anticholinesterases
	R110	Potassium supplements
	R2 460	Selective immunosuppressive agents - Mycophenolic acid
	R270	Systemic Corticosteroids - Betamethasone



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Obsessive compulsive disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R455	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
R480	Other anti-depressants - Vortioxetine	
Osteoporosis	R575	Anti-parathyroid agents - Calcitonin preparations
	R320	Drugs treating bone disorders - Bisphosphonates
	R320	Other drugs treating bone disorders
	R800	Selective estrogen receptor modulators
Paget's disease	R320	Drugs treating bone disorders - Bisphosphonates
Panic disorder	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R455	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Panic disorder	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Polyarteritis nodosa	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Post traumatic stress disorder	R750	Anti-depressants - MAOI's - Non-selective
	R140	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R455	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R380	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R390	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R210	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R270	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R480	Other anti-depressants - Vortioxetine
Psoriatic arthritis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Psoriatic arthritis	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Pulmonary interstitial fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R360	Alkylating agents - Nitrogen mustard analogues
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R260	Inhaled anticholinergics - Ipratropium bromide
	R190	Inhaled Glucocorticoids
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Sjogren's syndrome	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R110	Anti-rheumatic agents - Chloroquine
	R110	Other immunosuppressive agents - Methotrexate
	R100	Other urologicals
	R270	Systemic Corticosteroids - Betamethasone
Systemic sclerosis	R360	Alkylating agents - Nitrogen mustard analogues
	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Systemic sclerosis	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R2 185	Anti-metabolites - Purine analogues
	R110	Anti-rheumatic agents - Chloroquine
	R1 300	Anti-rheumatic agents - Penicillamine and similar agents
	R10	Folic acid and derivatives
	R775	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R190	Proton pump inhibitors
	R100	Selective calcium channel blockers with mainly vascular effects
R270	Systemic Corticosteroids - Betamethasone	



Contact us

Tel 0860 99 88 77 (members); 0860 44 55 66 (health partners)

Go to www.discovery.co.za to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

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Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

1 | Step 1 – To take your query further:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on our website at www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

2 | Step 2 – To contact the principal officer:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on our website at www.discovery.co.za or by emailing principalofficer@discovery.co.za.

3 | Step 3 – To lodge a dispute:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information on the Scheme's dispute process on the website.

4 | Step 4 – To contact the Council of Medical Schemes:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za 0861 123 267 | www.medicalschemes.co.za