

Running from assignments won't burn your calories. **This will.**

UJ FUTURE FORWARD FUN RUN
WITH DISCOVERY VITALITY



UJ Future forward Fun Run with Discovery Vitality

Everything you need to know

🎉 The wait is over 🔥 the **Varsity Vitality Run Series** is here! 😍 We're lacing up, are you? Before you hit the road, here are a few things you need to know for a smooth and unforgettable experience. 🏆

Race info and route updates

🏃 All distances start and end at AW Muller Stadium, Auckland Park Bunting Road Campus

- **10 km**

🕒 Start time: 08:00

- **5 km**

🕒 Start time: 08:10

- **2.5 km**

🕒 Start time: 08:20

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Before the UJ Future Forward Fun Run kicks off, join us at 06:20 at the start arch for free coffee from vida e caffè. Plus, our DJs will be on deck blasting banger after banger, getting you hyped for the day.


vida e caffè Discovery Vitality

Coffee Rave before the run

6:20AM - 7:30AM | Find us at the starting line with

TeddyTumi

AW Muller Stadium, University of Johannesburg



FREE. GRATIS. MAHALA. SAY LESS.

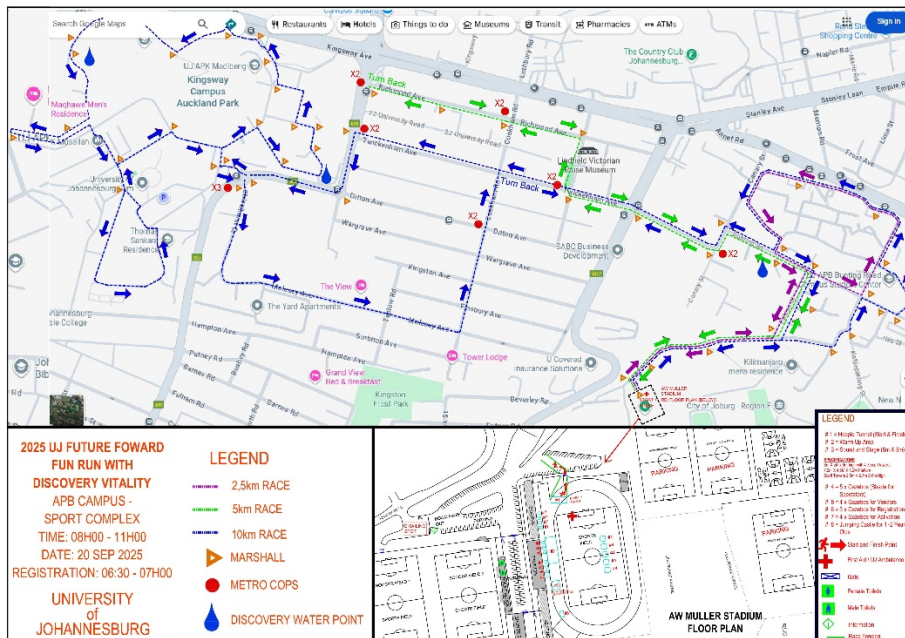
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Event activities: Jumping Castle & Kiddies area | Market Place | Food Vendors | Picnic – Don't forget your picnic blankets

Route Map:



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Race pack collection:

- **Venue:** AW Muller Stadium, APB Bunting Campus (Bunting Rd, Cottesloe)
- **Dates and times:**
 - Friday, 19 September 2025: 12:00 – 19:30
 - Saturday, 20 September 2025 06:00 -08:00

Getting to the race

Skip the stress — Uber your way to the start line

We've got you covered with a **dedicated Uber drop-off zone** to make your arrival smooth and stress-free. No traffic jams, no parking panic — just hop out, warm up and get ready to run.

 <https://maps.app.goo.gl/XnSP5EahXEGr2swJ8>

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Where to park

Please use the **UJ gate - Corner of Annet Road & Bunting Road (Opposite Egoli Gas)**. The Marshalls will guide you to the allocated parking area.

Parking will be available on the Bunting Road campus on the UJ Sport Social fields behind Kilimanjaro residence. Use 'Egoli Gate'. It is a short walk to the start (approx. 500m which includes some stairs).

Please give yourself 10 minutes to park and get to the registration table.

Parking area will close at 07h30 as it is affected by the start of the race.

PLEASE DO NOT PARK ON THE RACE ROUTE.

 Parking - <https://maps.app.goo.gl/duQFtHu7xCcTn4Dx6>



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Fast-track your VIP access using WhatsApp

Check your Team Vitality status on WhatsApp before race day by clicking this link:

Ask Discovery

This link will open Ask Discovery on WhatsApp. Follow the prompts to get your verified status.

📱 Show us that message (dated from when this All You Need to Know was sent) at the VIP Hospitality entrance.

We'll fast-track you in — no queues, just vibes, refreshments and your Team Vitality crew.

[Terms and conditions apply.](#)

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Vitality Give2Move: Be a force for good

Bring your pre-loved running shoes to the **Vitality Give2Move collection bins** at the Team Vitality VIP hospitality area.

Your old shoes could inspire new dreams.
No shoes to donate? You can still make a difference by contributing financially. A financial contribution from R20 will go a long way

*For more information visit:

<https://www.discovery.co.za/vitality/discoveryvitality-shoe-donations>

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Sealand joins the race with an exclusive offer!

We're thrilled to welcome Sealand as one of the prize sponsors at the UJ Future Forward Fun Run! To celebrate, they're offering a 15% off their premium gear from 1 September to 30 September. Simply use the code DiscoveryUJ15 at checkout online or in-store.

Even better? Sealand will be at race pack collection and on race day, so you can explore their sustainable gear in person and connect with their team.

How to redeem:

1. Shop online at www.sealandgear.com or visit any Sealand store.
2. Use the code DiscoveryUJ15 at checkout.
3. Enjoy 15% off your purchase!

T&Cs apply. Discount excludes delivery fees, gift cards, and sale items. One voucher per transaction. Full terms available [here](#).

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Let's paint the socials pink

Let's make the **UJ Future forward Fun Run for** the books! Share your snaps and special moments on social media – and remember to tag us on:

<FB> @discoveryvitality | <X> @Vitality_SA | <IG> @vitalitysa_

*Whether you're chasing a personal best or just showing up, we're cheering you on
#NoOneGetsLeftBehind*

See you on the road!

Your Vitality team