

Screening Journey terms and conditions

Terms and conditions

1. These terms apply to the Screening Journey (the "Screening Journey"), which may include an independent clinical assessment and is designed to help determine the nutrition, lifestyle and other support options available under the HealthyWeight programme that may be appropriate for you. The Screening Journey is voluntary. You may choose whether to continue, and you may stop at any stage before activating the HealthyWeight programme.
2. The Screening Journey may be made available to members who have not yet activated the HealthyWeight programme, as well as members who have already activated the HealthyWeight programme. If you activate, or have already activated, the HealthyWeight programme, the HealthyWeight programme terms and conditions will also apply.
3. Taking part in the Screening Journey does not activate the HealthyWeight programme. Activation of the HealthyWeight programme is a separate action that you may do later.
4. Discovery Vitality may update these terms where needed to comply with legal, regulatory or operational requirements or changes to the Screening Journey. If there are material changes, Discovery Vitality will take reasonable steps to make the updated terms available.

Eligibility

To continue with the Screening Journey, you must meet the relevant eligibility requirements. These include the following:

5. You must be 18 or older.
6. You must be an active Vitality Health, Vitality Active or Vitality through Personal Health Pathways member.
7. You must complete a Vitality Health Check within the period required by Discovery Vitality for this Screening Journey.
8. You must not meet any exclusion criteria that would make the Screening Journey unsuitable or inappropriate for you.
9. Meeting the eligibility requirements only means that you may continue with the Screening Journey. It does not mean that medical treatment or weight-loss medicine is suitable for you. Only the consulting doctor will make that decision.
10. Discovery Vitality may decline, pause or end your participation in the Screening Journey if you do not meet the requirements, if information is incomplete or inaccurate, or if your participation is no longer appropriate.
11. By continuing with the Screening Journey after receiving an invitation from Discovery Vitality or its authorised service providers, you agree to these terms and conditions and consent to the processing and sharing of information needed for the Screening Journey.

12. You may be asked screening questions as part of the Screening Journey to help determine the HealthyWeight support options that may be appropriate for you and whether any further assessment may be appropriate.
13. Where applicable, the independent clinical assessment may include one or more of the following components:
 - 13.1. You may have an introductory call with a dietitian to learn more about the HealthyWeight programme, the screening process and your options. This call is not a medical consultation.
 - 13.2. You may be asked to complete a once-off baseline screening test. The doctor may consider the results of the screening test as part of their independent clinical assessment.
 - 13.3. You may attend a once-off virtual consultation with a doctor, who will use their independent clinical judgement to assess whether any medical treatment may be appropriate for you (which may include a referral to your treating doctor) or may prescribe medicine if clinically appropriate.
14. Certain once-off Screening Journey elements may be made available at no cost to you, as determined and communicated by Discovery Vitality.
15. The once-off screening elements currently made available through the Screening Journey at no cost may include an introductory dietitian call, a once-off baseline screening test and a once-off doctor's consultation, where applicable. No other consultations, tests, pathology services, medicines or ongoing healthcare services are included unless expressly stated otherwise by Discovery Vitality.
16. You will be responsible for the cost of any medicine or treatment recommended or prescribed as part of your care, unless funded through your medical scheme benefits or available medical savings, where applicable.
17. Unless we tell you otherwise in writing, you will need to pay for any additional doctor consultations, follow-up consultations, pathology tests, investigations, treatments, prescriptions, medicine, referrals or ongoing medical care.
18. The HealthyWeight programme covers lifestyle, nutrition and behavioural support only, and is subject to its own terms and conditions. It does not include medicine, ongoing doctor care, pathology tests or other medical care.

Consent

19. By choosing to continue with the Screening Journey, you consent to Discovery Vitality and its authorised service providers processing the information to administer and support the Screening Journey in accordance with these terms and conditions, the provisions of POPIA, the Vitality Main Rules and Discovery SA's Privacy Statement.
20. This may include personal information and special personal information where needed for the Screening Journey.

21. The information referred to in point 20 may include your name, surname, contact details, membership information, Vitality Health Check information (BMI, height, weight, waist circumference), screening answers, health information, medicine information, pathology information and information needed to arrange dietitian, pathology or doctor-related steps.
22. Your information may be shared with authorised parties involved in the Screening Journey, including communication service providers (only personal identifiers and contact information), the HealthyWeight programme administrator, dietitians, pathology service providers, doctors, technology service providers and other authorised parties who need the information to perform their role.
23. Your information will be processed in line with applicable privacy laws, the Vitality Main Rules and Discovery SA's Privacy Statement.
24. You may stop participating in the Screening Journey at any time.
25. If you stop participating, or if you do not provide information that is reasonably needed for the Screening Journey, the Screening Journey may not be able to continue and certain steps or services may no longer be available to you.
26. If you withdraw consent, certain Screening Journey steps may no longer be available. This does not affect your right to consult your own doctor or healthcare professional independently.
27. Withdrawal does not affect any lawful processing that took place before the withdrawal, or any processing that Discovery Vitality or its authorised service providers are required or permitted to retain for legal, regulatory, audit, complaint, dispute or governance purposes.

Medical assessment and clinical responsibility

28. The HealthyWeight programme and Discovery Vitality do not provide medical advice, diagnosis or treatment.
29. Any doctor involved in the Screening Journey acts independently and uses their own clinical judgement.
30. All clinical decisions remain the responsibility of the doctor or other treating healthcare professional.
31. Discovery Vitality does not decide whether medicine is clinically appropriate for you, does not prescribe medicine, does not determine dosage and does not manage your clinical treatment.
32. A dietitian may provide nutrition, lifestyle and programme support. The dietitian does not replace your doctor and does not make prescribing or treatment decisions.
33. If the dietitian identifies a concern that requires medical advice, the dietitian may recommend that you consult a doctor or your treating healthcare professional.

34. You should not treat anything in the Screening Journey as a substitute for advice from your own doctor or healthcare professional.

No guarantee

35. Participation in the Screening Journey does not guarantee:
- 35.1. any medicated support pathway available under the programme
 - 35.2. that any treatment or medicine will be suitable for you
 - 35.3. that you will receive a prescription
 - 35.4. funding for any treatment, medicine, additional consultation, investigation or ongoing medical care; and/or
 - 35.5. eligibility for any patient support programme, discount, reimbursement, medical scheme benefit or other third-party arrangement.

Additional terms and conditions

36. If there is a conflict between these terms and any marketing, promotional or operational material relating to the Screening Journey, these terms and the Vitality Main Rules will take precedence, unless otherwise required by law.
37. Discovery Vitality is not responsible for any error in promotional or communication material caused by an unintentional text, typing, formatting or omission error, to the extent permitted by law.
38. Discovery Vitality may revise, suspend or cancel the Screening Journey at any time, where reasonably required for legal, regulatory, clinical, operational, governance or business reasons.
39. If required by law or regulation, Discovery Vitality may cancel or change the Screening Journey immediately. Where reasonably possible, affected members will be informed in advance or as soon as reasonably possible afterwards.
40. You are responsible for providing complete, accurate and up-to-date information during the Screening Journey. Inaccurate or incomplete information may affect whether the Screening Journey can continue and may affect any clinical assessment by a doctor.
41. Unless otherwise stated in these terms, all standard terms, conditions and limits applicable to Vitality benefits remain in effect, including the Vitality Main Rules and Discovery's Privacy Statement.
42. By proceeding with the Screening Journey, you:
- 42.1. confirm this is your Discovery Vitality contact number;
 - 42.2. agree to be bound by these terms and conditions; and
 - 42.3. consent to the processing and sharing of your personal and special information as described above.