

Dear Pharmacist

Chronic Disease List (CDL) formulary update 2023 and 2024

Discovery Health is committed to keeping pharmacists informed on the changes to the Discovery Health Medical Scheme Chronic Disease List (formulary) for 2024. The formulary has been enhanced with the addition of 109 new products.

If products were replaced by preferentially priced generic or therapeutic equivalents, those substitutions are listed below. Significant additions to the formulary are in the asthma, cardiovascular, chronic renal disease, diabetes, and psychiatric categories.

Key additions to the Chronic Disease List (formulary):

Additions to all health plans:

- Chronic renal disease
 - Evrenzo[®], Roxadustat (oral)

Additions to all health plans except KeyCare plans)

- Asthma
 - Sereflo dpi[®] 50/500, salmeterol-fluticasone accuhaler
- Cardiovascular
 - Coprin[®], an enteric coated aspirin
- Diabetes
 - Dagleif[®] and Sagalatin[®] 10 mg, SGLT-2 inhibitor, dapaglifozin generics
- Psychiatry
 - Zipsid[®], a first to market ziprasidone tablet generic

Formulary additions in 2023 and 2024:

CONDITION	ACTIVE INGREDIENT(S)	PRODUCT NAME	PLAN TYPES
Autoimmune conditions	Fingolimod	Filengia 0,5mg	All plans
	Teriflunomide	Auberif 14mg	
	Celecoxib	Anabrex; Celecoxib unicorn; Cyretib - 100mg, 200mg	All plans, except KeyCare
Chronic renal disease	Iron, Parenteral Preparations	Fortihem solution for injection 5ml ampoule 20mg/1mL	All plans

Discovery Health (Pty) Ltd. Registration number: 1997/013480/07. An authorised financial services provider and administrator of medical schemes.
1 Discovery Place, Sandton, 2196 | www.discovery.co.za

Directors: Dr A Ntsaluba (Chairperson), Dr R N Noach* (CEO), Dr J Broomberg, F Chothia*, R Farber, A Gore, F N Khanyile, N S Koopowitz, Dr T V Maphai, N Pitje*, S V Zilwa (*Executive).

	Roxadustat	Evrenzo 20mg, 50mg, 70mg, 100mg, 150mg	All plans
Cardiovascular	Indapamide	Mylan indapamide 2,5mg	All plans
	Spironolactone	Spironolactone 25 kiara (was sandoz spironolactone) 25mg	
	Bisoprolol	Biloblok; Bislo - 5mg, 10mg	
	Amlodipine	Amlodipine kiara; Vasloc - 5mg, 10mg	
	Enalapril	Enalapril arya 5mg, 10mg, 20mg; Natrapress; Tenezil - 10mg, 20mg;	
	Enalapril and Diuretics	Acenten 20/12.5	
	Losartan	Normoten 50mg, 100mg	All plans, except KeyCare
	Valsartan	Valheft 80mg, 160mg	Comprehensive and Executive plans only
	Telmisartan	Telpres 40mg, 80mg	All plans, except KeyCare
	Valsartan and Diuretics	Niosar co 80/12.5mg, 160/12.5 mg, 160/25mg; Regoval co 80/12.5mg, 160/12.5 mg	Comprehensive and Executive plans only
	Valsartan and Amlodipine	Zyvasc 5/ 160mg, 10/160mg	All plans, except KeyCare
	Simvastatin	Simcard 10mg, 20mg	All plans
	Atorvastatin	Lestavor 10mg, 20mg, 40mg	
	Warfarin	Segavin 5mg	
Acetylsalicylic Acid	Coprin 100mg		
Diabetes mellitus	Metformin	Bigdens; Carbuce; Mengen - 500mg, 850mg, 1000mg	All plans
	Gliclazide	Glyzid MR - 30mg, 60mg	All plans, except KeyCare
	Dapagliflozin	Daglif 10mg; Sagalatin 10mg	
	Glucose	Test strip blood glucose on call plus; Test strip blood glucose on call sure	All plans
Glaucoma	Brinzolamide, Combinations	Simbrinza 5ml	All plans
Hypothyroidism	Levothyroxine Sodium	Euthyrox 75mcg	All plans
Psychiatric / Neurological conditions	Lamotrigine	Lamitor; Lamotrigine Unichem - 25mg, 50mg, 100mg, 200mg	All plans
	Topiramate	Epitoz 25mg, 50mg, 100mg	
	Levetiracetam	Leveseize XR 500mg, 750mg, 1000mg, 1500mg	
	Rasagiline	Kinect 1mg	
	Ziprasidone	Zipsid 20mg, 40mg, 60mg, 80mg	All plans, except KeyCare
	Olanzapine	Alonza; Olandus - 5mg, 10mg	All plans
	Quetiapine	Torquit 25mg, 100mg, 200mg, 300mg	
	Aripiprazole	Alebon 5mg, 10mg, 15mg	
	Fluoxetine	Zydus fluoxetine 20mg	
	Sertraline	Tralidep 50mg, 100mg	
	Escitalopram	Zyescito 10mg, 20mg	

Respiratory	Salmeterol and Fluticasone	Airflusal forspiro 50/250 accuhaler; Sereflo dpi 50/500 accuhaler	All plans, except KeyCare
	Vilanterol and Fluticasone	Revinty elipta 92/22mcg, 184/22mcg	
	Tiotropium Bromide	Neumotropio; Tiores - 30 inh capsules with zephir inhaler	All plans
	Montelukast	Astelair; Monteflo - 4mg, 5mg, 10mg	All plans, except KeyCare
HIV	Lopinavir and ritonavir	Rilovia 200mg/50mg	All Plans

The following products will be deleted in 2024:

Formulary alternatives are provided for all the items that have been removed from the medicine list (formulary).

CONDITION	ACTIVE INGREDIENT(S)	REMOVED PRODUCTS	CURRENT PLAN TYPE	FORMULARY ALTERNATIVES FOR IMPACTED PLANS
Autoimmune conditions	Teriflunomide	Aubagio 14mg	All plans	Aubamide; Auberif; Teriflunomide 14 teva - 14mg
	Azathioprine	Imuran 50mg	Comprehensive and Executive only	Azamun; Azathioprine 50 pch - 50mg
Cardiovascular	Clopidogrel	Acticlop 75; Clopidogrel unicorn; Deplatt; Pharma dynamics clopidogrel - 75mg	Comprehensive and Executive only	Aviolix; Clovexa; Plagrol - 75mg
	Amlodipine	Amloc; Amlodipine unicorn; Amtas; Lomanor - 5mg, 10mg	All plans	Amlodac; Aprate; Austell-amlodipine; Besyloc; Ciplavasc; Vasloc - 5mg, 10mg
	Lisinopril	Austell-lisinopril 10mg, 20mg		Adco-zetomax; Lizro; Liso; Sinopren - 5mg, 10mg, 20mg
	Perindopril	Spec-perindopril 4mg	All plans, except KeyCare	Reporex; Ran-perindopril; Pearinda; Zyace - 4mg, 8mg; Prexum 10mg
	Enalapril and Diuretics	Enap co 20mg/12.5mg	All plans	Acenten 20/12.5
	Lisinopril and Diuretics	Lisinopril co unicorn; Lisoretic; Lisozide - 10mg/12.5mg, 20mg/12.5mg		Adco-zetomax co 110mg/12.5mg, 20mg/12.5mg
	Perindopril and Diuretics	Prexum 5 plus 5mg/1.25mg		Trexeva plus 5mg/1.25mg
	Irbesartan	Jubitan 150mg, 300mg	All plans, except KeyCare	Trobet 150mg, 300mg
	Valsartan and Amlodipine	Valduo 10mg/160mg		Arlozyb; Calsar; Dafiyo; Gemvalaz; Tensoforj; Valvasc; Zyvasc - 5mg/160mg, 10mg/160mg
	Potassium Chloride	Plenish-k sr 600mg	All plans	Ultipot 600mg
Hyperlipidaemia	Atorvastatin	Adco atorvastatin 10mg	All plans	Aspavor; Astor; Cholmin; Dezzolip; Dynator; Lestavor; Lipogen; Vasmak - 10mg, 20mg, 40mg
	Simvastatin	Simvotin 10mg		Adco-simvastatin; Austell-simvastatin; Choleste; Cipla-simvastatin; Simvacor - 10mg, 20mg, 40mg; Simcard 10mg, 20mg

CONDITION	ACTIVE INGREDIENT(S)	REMOVED PRODUCTS	CURRENT PLAN TYPE	FORMULARY ALTERNATIVES FOR IMPACTED PLANS
Haemophilia	Paracetamol	Cetapon 500mg	All plans	Adco-napamol; Adco-prolif - 500mg
Psychiatric / Neurological	Rasagiline	Azilect 1mg	All plans	Kinect; Rasapar - 1mg
	Clozapine	Aspen clozapine 25mg, 100mg		Clozapine oethmaan 25mg, 100mg
	Olanzapine	Zylena 10mg		Alonza; Nezolap; Olandus; Oleanz; Olexar; Zolanz - 5mg, 10mg
	Quetiapine	Psyquet; Truvalin - 25mg, 100mg, 200mg, 300mg		Aroquet; Dopaquel; Mylan quetiapine; Quesara; Torquit; Zimbiquet - 25mg, 100mg, 200mg, 300mg
Psychiatric / Neurological	Aripiprazole	Apripent 5mg, 10mg, 15mg; Abipip odt 10mg, 15mg	All plans	Abipip; Alebon; Aprizon; Aridus; Aripiprazole mylan; Aripiprazole teva; Arizofy; Priptrin; Radzil; Thyve
Glaucoma	Timolol, Combinations	Cosopt 5ml 0,5%	Comprehensive and Executive only	Glauaide-co; Glauopt co; Ocuador co - 5ml
Respiratory	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500	Comprehensive and Executive only	Airflusal forspiro; Sereflo dpi - 50/500 accuhaler
	Vilanterol and Fluticasone	Relvar ellipta 92/22ug 30 dose		Revinty ellipta 92/22ug 30 dose
	Budesonide	Pulmicort turbuhaler 200mcg	All plans	Budeflam hfa 200mcg
	Montelukast	Belair; Lumont; Sintrine - 4mg, 5mg, 10mg	All plans, except KeyCare	Astelair; Kulair; Maclutek; Monteflo; Topraz - 4mg, 5mg, 10mg
Multiple sclerosis	Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000u/1mL	All plans	Inteferon Beta-1A; Peginteferon Beta-1A
Respiratory	Ciclesonide	Ciclovent 60 dose - 80mcg,160mcg	Comprehensive and Executive only	Beclomethasone and budesonide inhalers available on formulary.
HIV	Emtricitabine, tenofovir disoproxil and efavirenz	Atenef; Rizene; Teerenz; Triemta	All plans	Hetripco; Trenvir; Triploco
	Dolutegravir, tenofovir disoproxil and lamivudine	Acryptega; Dotenal; Kovatraz; Lanograv; Odystra; Ranega; Telatri; Temiv; Viraten; Volutrip; Vulante		Luvigen; Nuvaco; Reydin
	Atazanavir and ritonavir	Tarito 300mg/100mg		Please refer to the 2024 HIV formulary for therapeutic alternatives
	Zidovudine	Zidomat 100mg tablets		Adco-zidovudine 50mg/5ml syrup
	Protease Inhibitors	Norvir 400mg/5ml syrup		Norvir 100mg tablets

The following products have plan type changes in 2024:

Formulary alternatives are available for all plan types.

CONDITION	ACTIVE INGREDIENT(S)	PRODUCTS	CURRENT 2023 PLAN TYPE	FORMULARY ALTERNATIVES FOR IMPACTED PLANS	2024 PLAN TYPE
Cardiovascular	Perindopril and Diuretics	Ciplasyl plus; Circator plus; Perindopril co unicorn; Pearinda plus; Spec-perindopril plus; Vectoryl plus 4mg/1.25mg; Pearinda plus 8mg/2.5mg	All plans	Trexeva plus 5mg/1.25mg	All plans, except KeyCare
	Perindopril and Amlodipine	Mixanval; Reaptan - 5/5mg, 5/10mg, 10/5mg, 10/10mg	All plans	Pearloc 4/5mg, 4/10mg, 8/5mg, 8/10mg	All plans, except KeyCare
	Acetylsalicylic Acid	Myoprin	All plans	Coprin 100mg	All plans, except KeyCare
Glaucoma	Timolol, Combinations	Combigan 2mg/5mg 5ml	All plans	Brimoct co 2mg/5mg	Comprehensive and Executive only
		Glauopt co 5ml	All plans, except KeyCare	Glaumide-co; Ocludor co	
Chronic renal disease	Iron, Parenteral Preparations	Rautevene solution for injection ampoule 5ml	All plans	Innofer; Fortihem - solution for injection 5ml ampoule	All plans, except KeyCare
Inflammatory bowel disease	Mesalazine	Mezavant	All plans	Pentasa tablets	Comprehensive and Executive only

For any additional information, please email healthpartnerinfo@discovery.co.za or visit the Health Professional Zone at www.discovery.co.za.

Regards



Suzanne van der Walt

**Contract and network strategy management
Strategic Risk Management
Discovery Health**